



SOCIOLOGY SNIPPETS

**ANNUAL NEWSLETTER
2024-2025**

ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM
DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

OUR FACULTY



Dr. Leela PU
Head Of The
Department,
Assistant Professor
Dept. Of Sociology
And Centre For
Research



**Smt. Georgia Ann
Benny**
Faculty In-charge
Sociology Association,
Assistant Professor
Dept. Of Sociology And
Centre For Research



**Dr. Lebia Gladis N. P
(Sr. Suchita CSST)**
Vice Principal
St Teresas College,
Assistant Professor



**Smt. Elizabeth
Abraham, Assistant
Professor**



Dr. Dora Dominic,
Assistant Professor



Dr. Linda Therese Luiz,
Assistant Professor



Dr. Sajitha J Kurup,
Assistant Professor



Ms. Sithara Mohanchandran
Assistant Professor

THE NEWSLETTER TEAM

Student Editors' Note

Greetings Everyone!

Sociology Snippets is the Annual Newsletter from the Sociology department showcasing the activities, achievements, and academic excellence of the past year. This edition was made possible through the collaborative efforts of all the students in the department, as each one contributes to our shared success. We genuinely hope this Newsletter edition proves to be an engaging read.



Sarah Saju
III BA Sociology



Meghana Ramesh
III BA Sociology



Angel Mary Tom
II BA Sociology
Sub-Editor of the
Newsletter Team



Daya S Thomas
II BA Sociology
Sub-Editor of the
Newsletter Team

The Department of Sociology organized an array of events, comprising 3 international, 1 national, 4 state-level, and 12 college-based events. These activities encompassed workshops, seminars, group discussions, exhibitions, competitions, and tours.

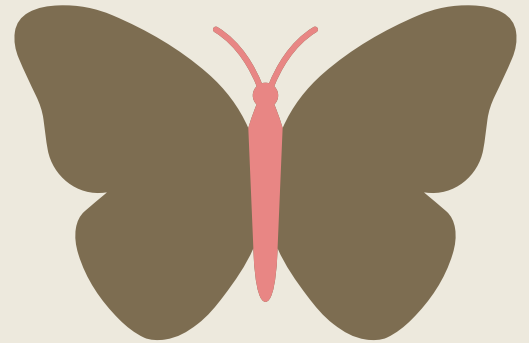
Throughout the year, our department hosted a total of 4 celebratory events. Additionally, various activities were conducted under the TROP (Teresian Rural Outreach Programme) initiative and numerous group discussions were held as part of the Research Colloquium.

BEST DEPARTMENT AWARD

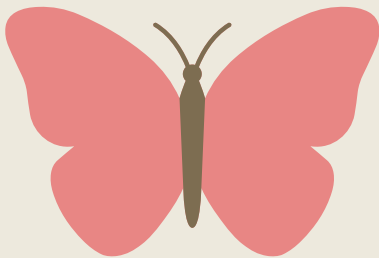
Our department was honoured with the PKB Nair Award for the "Best Sociology Department with Centre for Research" by the KSS (Kerala Sociological Society) for the year 2024-25, recognizing our commitment to excellence in research, academic and extension activities.

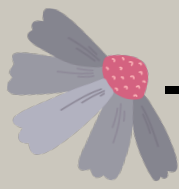


Students from the department receiving the PKB Nair award at the 51st Annual National Conference of the Kerala Sociological Society (April 4,5 &6, 2025)
Farook College, Kozhikode



EVENTS





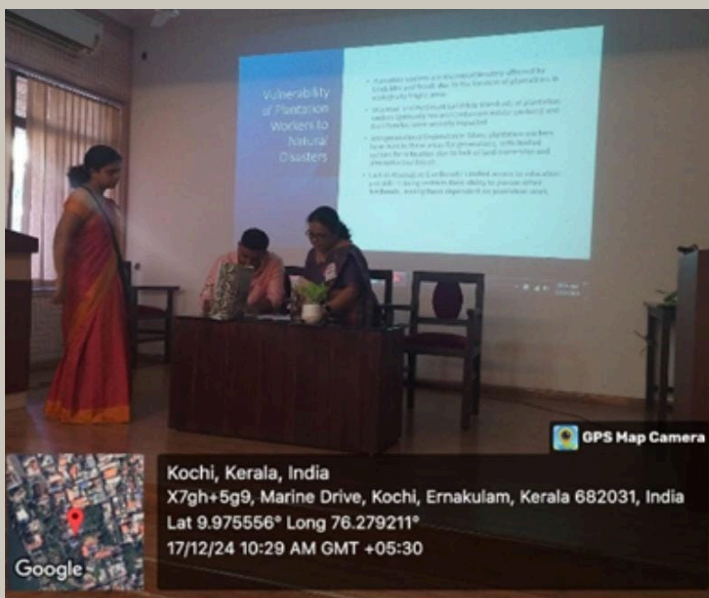
International events



Health Practices and Mental Well Being among Women

August 7th 2024

The Department, in collaboration with Aster Medcity conducted a Cross-Cultural Comparison International Seminar titled "Health Practices and Mental Well-Being among woman". Guest Speaker Dr. Jerin Juby – Chair, Department of Cardiovascular and Pulmonary Sciences, College of Health Professions, Thomas Jefferson University, USA – had presented his view points on the concept of health including mental and physical health, cost of healthcare and medical treatments, WHO recognition of health and social aspects . Second Guest Speaker, Dr. Sidharth J Unnithan - Consultant of Sports Medicine MBBS, MD (Sports Medicine), Aster Medcity stated the importance of women and exercise, sports and medicine, menstrual health, athlete lifestyles and significance of diet and negative effects of neglecting it. Towards the end of the seminar, there was a Q&A Session where all doubts were cleared.



Teresian Centenary International Multidisciplinary Conclave (TCIMC-2024)

December 16th - 18th 2024.

In celebration for the Centenary Year, St Teresas College, Ernakulam had organized a Teresian Centenary International Multidisciplinary Conclave (TCIMC). Students from the Sociology Department, collaboratively with other departments, actively participated in the conclave. They attended seminars on 'The history of Wayanad plantation' by Dr. Najeeb V. R and 'AI tools for Research' by Mr. Jasimudheen S. Both the sessions concluded with an interactive Q&A, making them informative and impactful.

International events

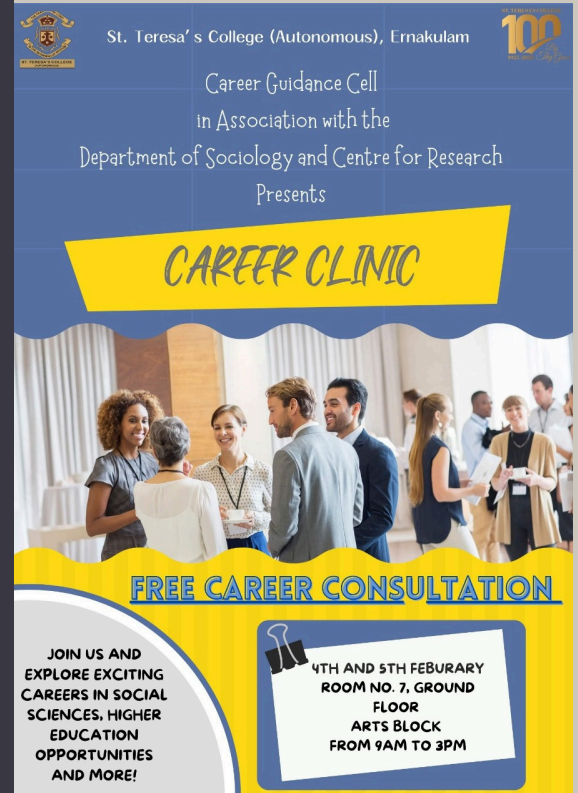
Social Science Career Clinic :

Global Expo

February 4th -5th 2025

The department actively participated in the **Teresian Global Expo 2025**, showcased a captivating Sociology Exhibition and hosted a Social Science Career Clinic, attracting a diverse crowd of students, parents, teachers, Navy officers, and other expo attendees from various schools and colleges.


For the two days, the Career Clinic featured a range of informative charts, models, and visual displays, illustrating the multifaceted applications of sociology in today's world. The exhibit emphasized key sociological concepts, research findings, and real-world case studies, helping attendees understand the subject's relevance in addressing social issues, policy-making, and community development , career guidance was provided to students keen on pursuing social science streams.



St. Teresa's College (Autonomous), Ernakulam

Career Guidance Cell
in Association with the
Department of Sociology and Centre for Research
Presents

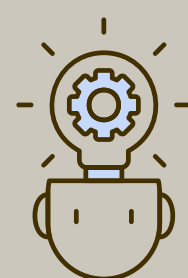
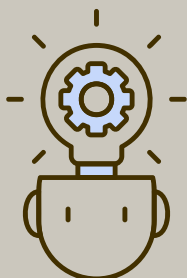
CAREER CLINIC



FREE CAREER CONSULTATION

JOIN US AND
EXPLORE EXCITING
CAREERS IN SOCIAL
SCIENCES, HIGHER
EDUCATION
OPPORTUNITIES
AND MORE!

4TH AND 5TH FEBRUARY
ROOM NO. 7, GROUND
FLOOR
ARTS BLOCK
FROM 9AM TO 3PM



National events

Five day study trip in Karnataka

October 26, 2024

3rd-year BA Sociology students and teachers went on a 5-day study trip to Hassan, Chikmagalur, Belur, Coorg, and Udupi. The trip featured scenic treks, historic temple visits, water sports, and cultural experiences. It ended with a visit to St. Mary's Island and Malpe Beach, creating unforgettable memories of adventure and friendship



National Seminar on Science for Society: Society for Science? The science question in Arts and Humanities

February 17 2025

The Sociology and Chemistry departments of St. Teresa's College, in collaboration with the Sociology department of Patna Women's College, organized a national seminar titled "Science for Society: Society for Science?" The hybrid event featured Professor Raghava Reddy Chandri from the University of Hyderabad, exploring the intersection of science and society. The seminar fostered interdisciplinary collaboration between science and humanities through an engaging interactive session.



State/Regional events



'YouKAN HEAL Kochi' River Periyar Seminar

06th June 2024

As part of Environment Week, 'YouKAN HEAL Kochi' organized a seminar on the protection of River Periyar at Town Hall, Kacheripady. Attended by students and graced by eminent speakers, the seminar focused on environmental sustainability and the urgent need to safeguard River Periyar, a crucial water body in Kerala. The seminar also marked the significance of World Environment Day highlighting the role of community participation in protecting natural ecosystems.



Kochi,KL,India

Kalabhawan Road, Kacheripady, Kochi, 682018,

KL, India

Lat 9.988054, Long 76.286523

06/06/2024 11:24 AM GMT+05:30

Note : Captured by GPS Map Camera



Field Trip to Cavalry Mount

August 23, 2024

3rd year UG students from the Department embarked on a field trip to Calvary Mount, Idukki District. The scenic trek and visit to Kulamavu Dam offered insights into environmental studies and engineering, while fostering camaraderie and personal growth among the students.



State/Regional events



KSS Regional Seminar on "Sociology Curriculum: Prospects in Career and Higher Education"

January 25, 2025

The Kerala Sociological Society hosted a webinar on "Sociology Curriculum: Prospects in Career and Higher Education." Dr. Jyothi S. Nair discussed higher education opportunities, career prospects, and the importance of practical learning, internships, and skill development in sociology. The session concluded with an interactive discussion on the evolving role of sociology in professional fields

KERALA SOCIOLOGICAL SOCIETY (KSS)
Organises
REGIONAL WEBINAR
Sociology Curriculum: Prospects in Career and Higher Education

In Collaboration with

St. Teresa's College, (Autonomous) Ernakulam
Sacred Heart College, (Autonomous) Thevara
BCM College, Kottayam

Date : 25/01/2025
Time : 2:30pm to 3:30pm

Organising Secretary
Ms Alphonsa Kurian
HoD, Dept. of Sociology
BCM College

Dr. Bushra Beegom RK
President of KSS
Convener

RESOURCE PERSON

DR. JYOTHI S NAIR
Secretary cum Treasurer of KSS
Asso. Professor & HoD
KNM Arts & Science College, TVM

Google Meet Link -
<https://meet.google.com/rz-rmwv-csq>

Kerala Sociological Society KSS (Presenting)

The indicative broad areas and sub-areas of skill-based courses/microcredentials that higher educational institutions in India could offer to enhance employability
Humanities and Social Sciences

- Cultural Studies and Media
 - Digital Media Literacy
 - Culturalisation and Cultural Identity
 - Media Ethics and Law
- International Relations and Global Studies
 - Comparative and Global Governance
 - International Security Studies
 - Human Rights and Global Justice
- Sociology and Anthropology
 - Urban Sociology and Smart Cities
 - Social Inequality and Justice
 - Cultural Heritage and Preservation
- Political Science and Public Policy
 - Public Administration and Governance
 - Policy Analysis and Evaluation
- Economics
 - Comparative Politics and International Organizations
 - Behavioral Economics
 - Development Economics
 - Environmental Economics and Sustainability
- Philosophy and Ethics
 - Ethics of Technology and AI
 - Environmental Ethics
 - Philosophy of Science and Technology
- Psychology
 - Organizational Psychology and HRM
 - Positive Psychology and Well-being
 - Social Psychology and Group Dynamics
 - Gender and Women's Studies
 - Gender and Development
 - Feminist Theory and Practice
 - Gender in Media and Culture
- Education and Pedagogy
 - Educational Technology and e-Learning
 - Curriculum Development and Instructional Design
 - Inclusive Education and Special Needs
 - Law and Legal Studies
 - Cyber Law and Data Protection
 - Environmental Law and Policy
 - Human Rights Law and International Law(UCC 2004/67)



The I BA Sociology(60 students) visited the Muthuvan tribes in Idukki district as part of their practicum module.

31st January 2025.

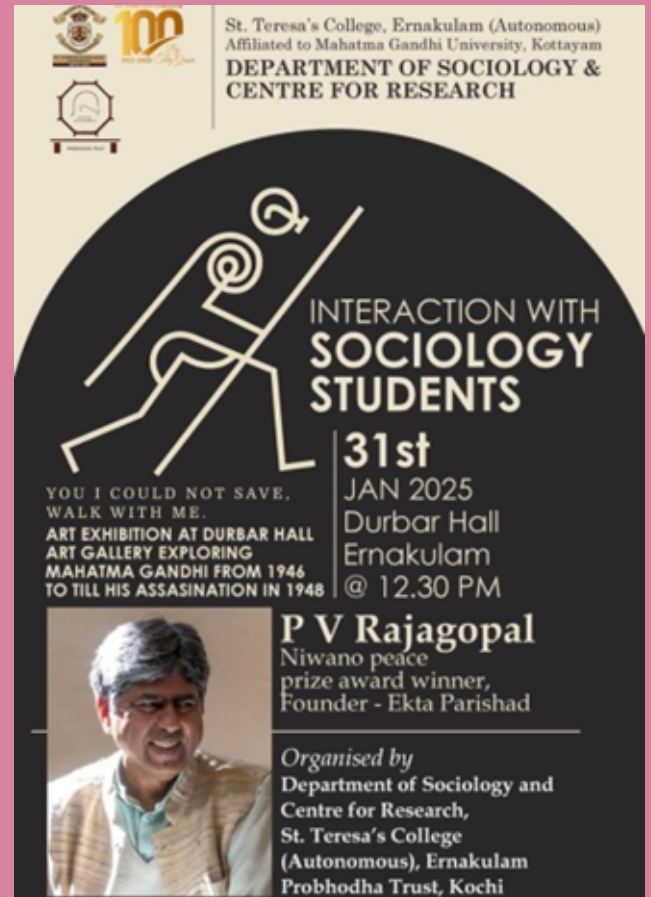
State/Regional events



Interaction with Sociology Students by PV Rajagopal

January 31, 2025

A seminar on Mahatma Gandhi's life and philosophy was held at Durbar Hall, led by peace activist P.V. Rajagopal. The event focused on Gandhi's commitment to non-violence and its relevance in today's world, highlighting issues like the normalization of violence among youth and the commodification of aggression in media and consumer culture. Sociology students were encouraged to promote peace, compassion, and social change.



St. Teresa's College, Ernakulam (Autonomous)
Affiliated to Mahatma Gandhi University, Kottayam
DEPARTMENT OF SOCIOLOGY &
CENTRE FOR RESEARCH

INTERACTION WITH
**SOCIOLOGY
STUDENTS**

31st
JAN 2025
Durbar Hall
Ernakulam
@ 12.30 PM

YOU I COULD NOT SAVE,
WALK WITH ME.
ART EXHIBITION AT DURBAR HALL
ART GALLERY EXPLORING
MAHATMA GANDHI FROM 1944
TO TILL HIS ASSASINATION IN 1948

P V Rajagopal
Niwano peace
prize award winner,
Founder - Ekta Parishad

Organised by
Department of Sociology and
Centre for Research,
St. Teresa's College
(Autonomous), Ernakulam
Probhodha Trust, Kochi



Visit to Chellaanam Panchayat -
Minor B(Basics of Sociology.)
students as part of their
practicum module

28th February 2025



College-Based Events



Anti-Narcotics Pledge and Walkathon

June 26, 2024

The Department of Sociology, Physical Education, and History, along with NSS Unit 41, organized an awareness session and walkathon against drug abuse. The event featured a session by Ernakulam Excise Division Civil Excise Officer Mr. Freddy Fernandez, who highlighted the dangers of substance abuse. Students took an oath against drug abuse and participated in a walkathon.



Swachhta Pakhwada

22 August 2024

The Department, along with NSS Unit 41, organized a Swachhta Pakhwada event, to promote cleanliness and environmental sustainability. The event featured the distribution of fruit tree saplings, a flashmob performance, and speeches by esteemed guests emphasizing the importance of waste segregation, cleanliness, and environmental responsibility. The event also included the announcement of new NSS leaders.



College-Based Events



BLS training

22 August 2024

BeFirst 2nd Anniversary Celebration and BLS Training Aster Medcity and St. Teresa's College jointly celebrated the 2nd anniversary of BeFirst and the 400th session of BLS was held. The event featured addresses from dignitaries, including Mr. VD Satheesan and Dr. Johnson Varghese, highlighting the importance of life-saving initiatives and medical technology advancements. The ceremony concluded with a vote of thanks and a group photo, making it an inspiring and encouraging seminar.



First Aid Seminar

August 29, 2024

The Department , in collaboration with Community College, organized a First Aid training seminar. Lt. Col. Lalitha BK delivered a session on Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR), covering topics such as cardiac arrest, SCA, and emergency response procedures. Students received practical training on CPR techniques and participated in hands-on exercises using a resuscitation doll. The seminar aimed to equip students with essential first aid skills and knowledge.





College-Based Events



Workshop: Resume Building, Interview Preparation, and Group Discussion

October 1, 2024

The Career Guidance Cell organized a workshop on resume building, interview preparation, and group discussion, attended by 79 students from various departments. Resource person Mr. Sanjith G K provided personalized guidance and insights on employability skills.



Sweet Repeats

December 9-10, 2024

The Department of Sociology and NSS Unit 41 organized a charity sale event, "Sweet Repeats," to support the 'Snehavedu' project. The event collected and sold gently used items, raising an estimated ₹46,743



Gender Sensitisation Seminar

December 10, 2024

The Department of Sociology organized a seminar on gender sensitization, featuring Dr. Zenetta Rosaline as the resource person. The seminar discussed concepts like gender roles, stereotyping, and equity, emphasizing the importance of promoting gender equality





College-Based Events



Be the Change: Spreading the Gift of Life

December 11, 2024

The Department of Sociology and NSS Unit 41 organized an orientation session on organ donation, featuring Dr. Dinesh Balakrishnan as the keynote speaker. The session covered the importance of organ donation, the process involved, and how it can transform lives. Organ donation is a selfless act that can give someone a second chance at life. KNOS (Kidney News Online Services) highlights the significance of organ donation in saving thousands of lives



Speech Competition

December 17, 2024

The Department organized a speech competition on the topic "Life of Our Foundress - Servant of God, Mother Teresa, St Rose of Lima." Sarah Saju from III BA Sociology won the first prize and Shabnoor from II BA Sociology came second.

Master Class on Interview Preparation

January 3, 2025

The Department organized a master class on interview preparation, featuring Mr. Saravana Perumal as the guest speaker. The session covered topics like resume building, effective communication, and strategic thinking.

SARAVANA PERUMAL R
CAREER COUNSELOR

MUHAMMED SHABIR
BDE

Master Class
On Interview Preparation

03 January 2025 11am to 1pm

Date: 03/1/2025 Venue: III BA Sociology

HEAD OF THE DEPARTMENT: Dr. Leela. PU
ASSOCIATION-IN-CHARGE: Smt. Georgia. Ann. Benny
ASSOCIATION SECRETARY: Nayana Roshan

edure
LEARN WHAT EARNS



College-Based Events



Career Guidance Session

January 23, 2025

The Department organized a career guidance session by Mr. Sreejith of Arena Animations, Kottayam. The session provided valuable insights into career opportunities in creative fields.



Interactive Session on Civil Service Interview Preparation

January 28, 2025

Mr. Nazeem from Lead IAS conducted an interactive session on civil service interview preparation, providing students with valuable insights and tips for effective responses.

Seminar on Financial Freedom

January 28, 2025

Malayalam Manorama in association the Women's Cell of St. Teresa's College organized a seminar on financial freedom, featuring Mr. C. R Venkitachalam as the speaker. The second year students of the Sociology Department actively attended the seminar. The seminar emphasized the importance of financial literacy and independence for women.

CANARA ROBECO
Mutual Fund

MUTUAL FUNDS
Sanku Nilam

Seminar On
"MY FIRST STEP TOWARDS FINANCIAL FREEDOM"
Powered by
Malayalam Manorama
In Association with
Women's Cell,
St. Teresa's College (Autonomous)

On 28th January 2025, 12:00 PM to 2:00 PM
at Arts Block Auditorium, St. Teresa's College (Autonomous),
Ernakulam

Inauguration by
Dr. Alphonsa Vijaya Joseph
Principal
St. Teresa's College (Autonomous), Ernakulam

Speaker
Mr. C.R Venkitachalam
Zonal Head, Kerala
Canara Robeco Mutual Funds

Women's Cell Coordinators
Dr. Anu Joseph
Dr. Chandini.VK
Dr. Lilly, CO
Dr. Shabarban
Ms. Jesna



College-Based Events



Life Skills Mock Interview Training Session

February 14, 2025

A Mock Interview Session was conducted in the 3rd BA Sociology Classroom as part of the Life Skills syllabus. The session, led by Dr. Linda, aimed to educate students on the Do's and Don'ts of Interview Preparation, equipping them with essential skills for professional success. The mock interview focused on the topic: "A Capable Applicant for Event Management at St. Teresa's College."



LIFOK Ātmathālam (ആത്മതാളം) – "Live Life Beyond"

January 28, 2025

The Departments of Sociology and Chemistry in collaboration with the NSS Unit 41 and in association with the Liver Foundation of Kerala (LIFOK), organized the Grand Conclusion Ceremony titled Ātmathālam (ആത്മതാളം) – Live Life Beyond to promote organ donation awareness. The event was conducted in partnership with Be the Change: Spreading the Gift of Life and was supported by the Rotary Club of Kochi. Students from various departments attended the event. The event featured a theme song, testimonials from parents of organ donors, and a tribute dance performance.

St. Teresa's College (Autonomous), Ernakulam
(Affiliated to M.G University, Kottayam)
Re-accredited by NAAC with an A++ Grade in the Fourth Cycle
NIRK Ranking 46(2024) KIRF Ranking 3 (2024)

N.S.S Unit 41
and
Department of Sociology and Department of Chemistry

In Association with
LIVER FOUNDATION OF KERALA
Charitable Trust Reg No.: 63/IV/2022

Cordially invite you to the Grand Conclusion Ceremony

LIFOK
ആത്മതാളം
Live Life Beyond

BE THE CHANGE: SPREADING
The Gift of Life
A journey of
awareness, hope & transformation

Rotary

SUPPORTED BY

Friday 28th Feb 2025
10.30 am

St. Teresa's College,
Platinum Jubilee Auditorium



College-Based Events



Seminar On Feminism

March 14, 2025.

St. Teresa's College and Maharaja's College collaborated on a feminism seminar . Dr. Sumi Joy Oliapuram discussed contemporary feminist theories, challenges, and their societal impact, covering liberal, radical, socialist, and intersectional feminism. The session explored feminism's influence on legislation, education, and cultural narratives, and included an interactive discussion on gender dynamics and social transformation

ST. TERESA'S COLLEGE (AUTONOMOUS) ERNAKULAM
Affiliated to Mahatma Gandhi University, Kottayam

Department of Sociology and Centre for Research
in collaboration with
Maharaja's College, Ernakulam

presents
A Seminar on Feminism
by **Dr. Sumi Joy Oliapuram**
Head of the Department of Malayalam
Maharaja's College, Ernakulam

14/03/2025 10 am

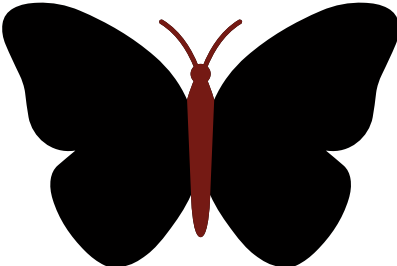
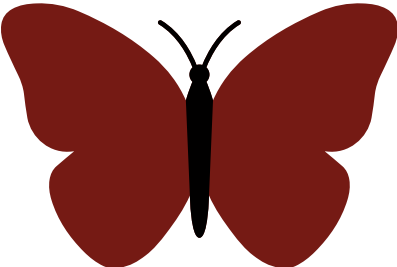
Feminism, as a movement and ideology, has shaped discourses on gender equality and social justice. This seminar, led by Dr. Sumi, will explore contemporary feminist theories, challenges, and their impact on society. It will be an engaging session for students, researchers, and anyone interested in understanding gender dynamics and social transformation.



Sanu Mash's Birthday Bash

October 29, 2024

The prabodha Trust and Sociology department celebrated Prof. M.K. Sanu Master's birthday. At his residence, "sandhya", in Karikkamuri, Ernakulam. Members of Prabodha Trust and professors from maharajas college went to honour his literary legacy



Revisiting Renaissance in Kerala

12th August 2024

Research forum of the department hosted the seventh session of the Monthly Research Meet Colloquium, focusing on "Revisiting the Renaissance in Kerala: The Contributions of Saint Kuriakose Elias Chavara and Mahatma Ayyankali." Mr. Sanjose A. Thomas, Assistant Professor at Sacred Heart College, explored Saint Chavara's transformative initiatives like the "Pidi Ari" system, village schools, and the first midday meal program, which significantly impacted education and social policy. Mr. Dinu Veyil, Research Scholar and human rights advocate, highlighted Mahatma Ayyankali's contributions to social and political reforms. The session fostered engaging discussions, underscoring the enduring relevance of these historical figures in shaping Kerala's socio-cultural progress.

ST.TERESA'S COLLEGE (AUTONOMOUS)
ERNAKULAM
RE ACCREDITED BY NAAC WITH B++ GRADE & COPE 5 BY 14TH CYCLE RANDED VISIT IN MAY 2023

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

TERESIAN SOCIOLOGY RESEARCH FORUM
SEVENTH COLLOQUIUM

REVISITING RENAISSANCE IN KERALA
THE CONTRIBUTIONS OF SAINT KURIAKOSE ELIAS OF CHAVARA AND MAHATMA AYYANKALI

Exploring the profound impact of Saint Kuriakose Elias of Chavara and Mahatma Ayyankali on Kerala's socio-cultural landscape and their instrumental Legacy in shaping modern Kerala

Speaker : Asst. Prof Sanjose A Thomas (SM College, Thevaral) (Research Scholar, Sociology St. Teresa's College)

Speaker: Dinu Veyil (Research Scholar, Sociology St. Teresa's College)

DATE: AUGUST 12, 2024
TIME - 01:30 PM-03:00 PM

VENUE: ROOM NO 3, NEAR MIRROR ROOM
ARTS BLOCK
ST. TERESA'S COLLEGE

ALL ARE WELCOME



ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

Group Discussion on Union Budget

27th August, 2024

A Round Table discussion was held by the Speakers forum and debate club in collaboration with the Teresian Sociology Research Forum. The topic for the Conference was 'Union Budget 2024'. In the Conference, discussions on Union budget such as the projective venue and government spending in the fiscal year of 2024-25. The students together conducted a discourse analysis during the session. There were critical as well as complimentary reviews on the union budget. Discussions on various sources of information regarding the union budget were stated and critically analysed. All students participated actively by contributing to the discussion. Overall it was interactive and knowledgeable session.



ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

Discussion of Pierre Bourdieu "Sports and Social Class"

30th September 2024

The ninth session of the Teresian Sociological Research Forum colloquium series focused on Pierre Bourdieu's article Sports and Social Class, exploring sports as a social phenomenon intertwined with class dynamics, power, and history. Attended by four participants, the discussion covered key themes: the evolution of sports from traditional rituals to modern institutions, the role of sports as a distinct social field, and the reinforcement of class distinctions through physical competencies. Participants also examined the political use of sports for social control, its commodification, and its dual role in perpetuating inequalities while offering limited upward mobility. The session highlighted Bourdieu's relevance in understanding sports within sociological research.



ST.TERESA'S COLLEGE (AUTONOMOUS)
ERNAKULAM
WE ACCREDITED BY NAAC WITH 'A++' GRADE & COPE & COPE 5 & 6 (15TH CYCLE) GRANTED 'CUT IN MARKS' 2022

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

TERESIAN SOCIOLOGY RESEARCH FORUM
9TH COLOQUIUM

DISCUSSION ON
PIERRE BOURDIEU'S "SPORT AND SOCIAL CLASS"



Pierre Bourdieu's "Sport and Social Class", An exploration on how sporting practices reflect and reinforce social class distinctions and how sport is integral in shaping lifestyles, through economic, cultural, and social capital. An analysis of the complex interplay between class-based tastes, body aesthetics, and the broader sociocultural meaning of physical activities.

DATE: SEPTEMBER 30, 2024
TIME- 01:30 PM-03:00 PM

VENUE: AV ROOM 2, LIBRARY, ARTS BLOCK
ST. TERESA'S COLLEGE

ALL ARE WELCOME





CELEBRATIONS

Association Inauguration and Fresher's Day Celebration

22nd July 2024



The programme commenced with a formal inauguration ceremony, featuring the introduction of the sociology association's new executive members by the student secretary and a presidential address by our vice principal, Dr. Sr. Lebia Gladis. Dr. Lekha NB, Assistant Professor at Sree Narayana College, Chempazhancherry, graced the occasion by lighting the lamp and gave a motivational address. After the inauguration freshers party was conducted which filled with lots of fun, dance and games.

Onam celebration

September 11th, 2024

The Department had organized an Onam Celebration. The students had all come in the traditional Onam attire. The Executive members had visited each classroom including the UG and PG Classrooms in the Sociology Department for celebrating the Festival. Jenifer Viju of III BA Sociology sang an Onam Song and the Executive members had distributed the festive 'Upperi' (Banana chips) and 'Sharkara Varatti' to each and every student in class. The teachers had also visited the classrooms to celebrate the joyous event.



Christmas cake cutting

December 19 2024



The Sociology Department celebrated Christmas , with cake distribution, melodious carol singing, and participation from other departments. The event, organized by the Sociology Association, fostered unity and festive spirit, bringing students and faculty together in a joyful and harmonious celebration.

Sociology Department Alumni Meet "NOSTALGIA 2025"

8 march 2025

The Department hosted the NOSTALGIA 2025 Alumnae Meet , coinciding with International Women's Day. The event brought together alumnae, faculty, and students for a heartfelt reunion, featuring cultural performances, career insights, and celebrations. It concluded with a group photo session, lunch, and networking, fostering nostalgia, appreciation, and camaraderie among participants.



Valedictory Programme

27 March 2025



The Sociology Association's Valedictory Function was held on March 27th, featuring a prayer song, welcome speech, annual report, and presidential address. The event included the launch of a textbook and manuscript magazine, certificate distribution to contributing students, and concluded with a vote of thanks, making it a meaningful and well-organized function.

Farewell Event – Rukhsat

27 March 2025

The farewell event "Rukhsat" bid adieu to outgoing 3rd-year undergraduate and 2nd-year postgraduate students with photo sessions, captivating performances, recognition of achievements, a heartfelt video tribute, and a lively jamming session, making it a memorable and joyous celebration.



Teresian Rural Outreach Programme (TROP)

ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

Activity 1: Social Survey – Cheranalloor Panchayat **(10th- 15th September 2024)**

The Sociology department conducted a survey among 65 elderly residents of Cheranalloor Panchayat to assess health conditions, mental well-being, and digital literacy. Students and faculty also created awareness about government health schemes and digital services. The study highlighted issues such as post-COVID challenges and lack of digital familiarity. The data will be shared with local authorities to guide welfare interventions, making it a significant step in addressing elderly needs at the community level.

Activity 2: Presentation of Survey Analysis – Cheranalloor Panchayat **(24th January 2025)**

Students presented the survey findings to the Panchayat President and members, focusing on the health, social, and digital challenges faced by the elderly. Initiatives such as Basic Life Support sessions, digital literacy training, and mental health support were proposed. The Panchayat welcomed these ideas and assured collaboration. This activity ensured the survey was not only research-oriented but also translated into concrete community programs for elderly welfare and support.



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Activity 3: Visit to Elderly Homes – Kumbalangi (28th,February 2025)

Students visited an elderly home in Kumbalangi, engaging with 28 residents who often experience loneliness and isolation. Through conversations, story-sharing, and recreational activities, students provided companionship and emotional support. The visit created a joyful environment for the elderly while fostering empathy and social responsibility among students. It was a meaningful experience that bridged generations and highlighted the importance of compassion and community engagement in elderly care.



Activity 4: Home Tutorials for Orphanage Students – Kumbalangi (3rd, March 2025)

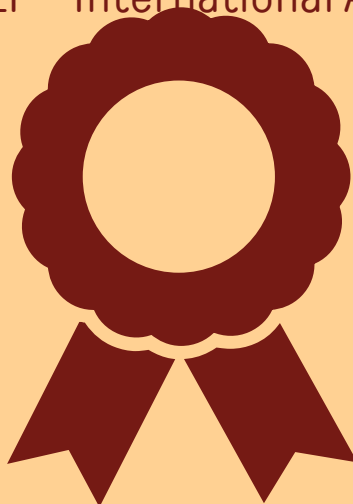
To support children facing academic challenges, students organized home tuition sessions at an orphanage in Kumbalangi. Ten children received guidance in subjects like Mathematics, Science, and Language. The personalized support improved their confidence, study habits, and performance. Beyond academics, the sessions created an encouraging and interactive environment for the children. This initiative reflected the department's commitment to promoting education and reducing inequalities among underprivileged groups.





**ACHIEVEMENTS/ACCOLADES/
PUBLICATIONS/PATENTS**

- Certificate Course in SHRM, Amity University – Georgia Ann Benny.
- Georgia Ann Benny presented a paper on “Kerala Society” for the students of Sophia University, Japan.
- Dr Linda Luiz and Dr Dora Dominic, part of consultation in the 2-day mobiliseHER city workshop–Kochi organised by C-Hed and CPPR under the aegis of UEMI, WRI India, CRDF and PRIA – co-funded by the European Union at Abad Plaza.
- Dinu Veyil, Research Scholar, Panelist – Discussion on “Marginalization and History making: Reflections of the shaping of history and its exclusionary tendencies”– 2-day International Seminar – Women’s Development Cell, Christ College, Irinjalakuda.
- Life of Poykayil Appachan– Main Speaker– Dinu Veyil, August 2024
- Seminar on Remembrance of Swami Anandatheerthan. Speaker– Dinu Veyil , Research Scholar
- Christina Daji, Aishwarya Jijikumar , Reneeta Joyce I MA Sociology presented a paper at WLF – International Academic Conference, December 26th to 29th.





Dinu Veyil, Research Scholar- Member of Counseling, Legal and Policy sub-committee , as part of the Kerala State Government's move to incorporate SOGIESC.

**In December 2024 ,
Dr.Sajitha J Kurup won the
Best Paper Award in RC
25- Sociology of Sports at
the 49th All India
Sociological Conference ,
BML Munjal University ,
Haryana**



"Research Excellence Spotlight"
An IQAC & TRACC initiative
Congratulations
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Library Progress International



Mr. Sanjose A. Thomas
Research Scholar
Department of Sociology and Centre for Research



Dr. Sajitha J Kurup
Assistant Professor
Department of Sociology and Centre for Research

Publisher- BPAS Publications
Scopus indexed

Library Progress International Vol.44 No. 3, Jul-Dec 2024: P. 16243-16251	Print version ISSN 0970 1052 Online version ISSN 2320 317X
Original Article	Available online at www.bpasjournals.com
Social Entrepreneurship and the Circular Economy: A Path to Sustainable Development	
¹ Dr. Sathish Kumar S, ² Prof (Dr) Ashish Mishra, ³ Dr. Sajitha J Kurup, ⁴ Sanjose A Thomas, ⁵ Dr. Salma Begum	

Mr. Sanjose A. Thomas and Dr Sajitha J Kurup wrote "Social Entrepreneurship and the Circular Economy: A Path to Sustainable Development"

**System and Method for Analyzing Social Media Sentiment in Community Development. (Patented) December 2024
By Sanjose A Thomas, Research Scholar**



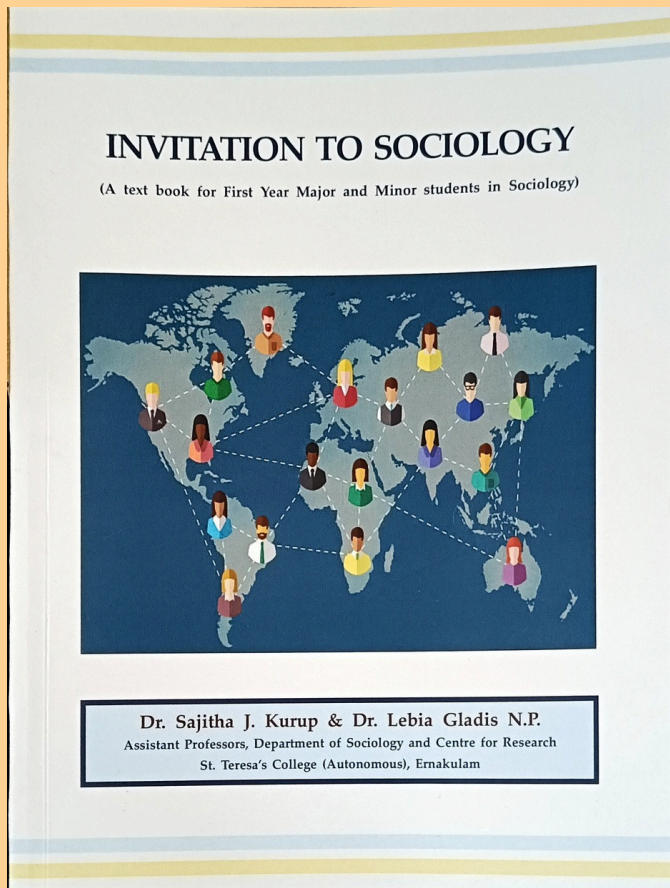


Ms. Georgia Ann Benny was the Resource person for Youth and Family Retreat at Wales, UK. October 2024

Sr. Dr. Lebia Gladis N.P presented " Bridging Social gap: The role of technology in enhancing social relationships among elderly in Kerala" at the Global Conference on Ageing & Gerontology, Berlin, Germany, March 2025

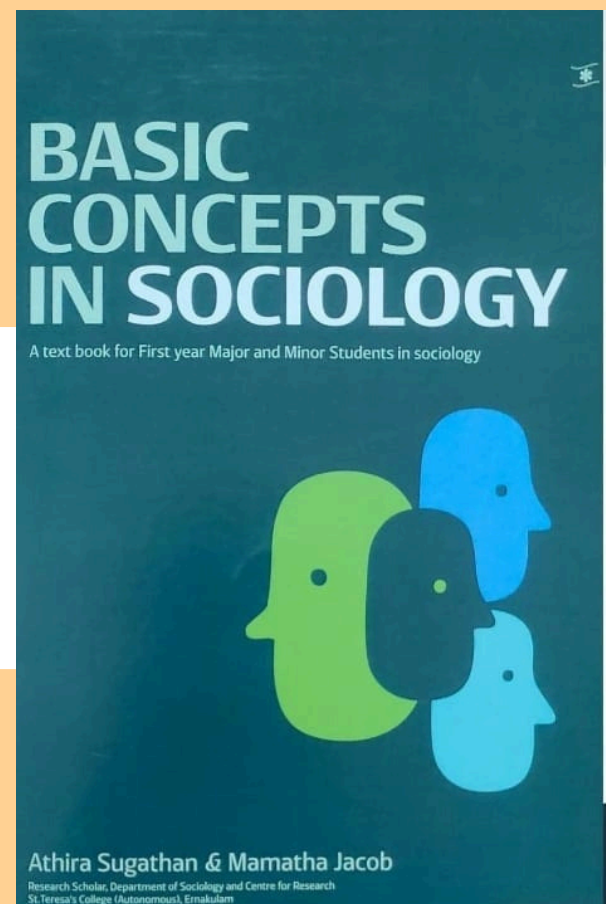


Two new Textbooks for first year FYUGP were published !!!



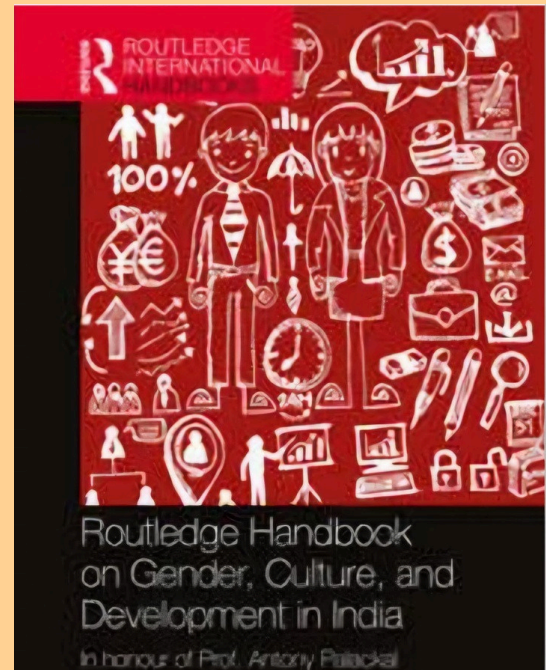
**“Invitation to Sociology” by
Dr.Sajitha J. Kurup and
Dr.Lebia Gladis NP**

**“Basic Concepts in Sociology” by
Athira Sugathan and Mamatha Jacob
(Research Scholars)**



Publications

- Article on “Sixty Years of Professional Sociology in Kerala: An Institutional Genealogy” , Kerala Sociologist Journal (Latest edition) by **Dr.Linda Luiz**
- **Dr.Linda Luiz** wrote a chapter on “Women and the Institutional cultures of sociology in Kerala” in The Routledge Handbook of Gender, Culture and Development in India.
- “Beyond the transplant” –The Social and Economic Realities of Organ Transplantation in Kerala” , in Eastern Journal of Dialogue and Culture by **Smt. Elizabeth Abraham.**
- "Menopause and Gendered Habitus Kerala in A Socio-cultural Analysis" in the International Journal of Social Sciences. By **Dr. Dora Dominic**



The following papers were published in “Proceedings Arts - volume I - TCIMC- 2024:

- "Against the Tide": Climate Resilience and Adaptation Strategies through a gendered lens by Mamatha Jacob (research scholar) and Dr. Lebia Gladis. (324-331)
- Holding on to what remains: Identity and Community Bonds in the aftermath of loss by Athira Sugathan (Research Scholar) pp:332 to 337
- Digital devices, work–life balance and unsustainable work practices: A need for legal reform in India by Dr Linda Luiz & Mohamed Shareef PP (pp 338-344)
- Religion and Sustainable development: Case study of Sacred groves in Kerala by Aswathi A. (research scholar) & Reeja PS (research guide) (pp 345-351)
- Green HRM Practices: A pathway to sustainable Business Development by Dr. Sajitha J Kurup (pp-352-360)





Sivapriya KS , from 3rd year BA Sociology, received First Prize in the group dance competition "Dance Mayhem" conducted as a part of RenVnzA 2k24 in July.

Lakshmi Prakash from I MA Sociology and Ameesha MA from II BA Sociology, won 2nd prize in Nadakolsavam, MG University Youth Festival, February 2025





**Edith Stain TE secured
2nd prize in Collage making and
“A Grade” in Clay Modelling in
the MG University Kalolsavam
‘25**

**Gouri Subhash secured 2nd
prize in Photography in
the MG University
Kalolsavam ‘25**



**Deepthi M secured 1st prize in
Vanchipattam in the MG University
Kalolsavam ‘25**

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Sreelekha VM secured the first position at the Ball Badminton Championship held at Catholicate College, Pathanamthitta, on 4th March '24, as well as at the Junior Ball Badminton Championship held at GVHSS Chottanikara, Ernakulam, from 10th -12th November '24. Additionally, she achieved an impressive fourth position at the All India Inter-University Ball Badminton Championship held at PSNA Engineering College, Dindigul, Tamil Nadu, from 19th -24th March '24.

Ashna poduthoor of I BA Sociology had accomplished remarkable achievements in martial arts. Earning a National Participation Certificate in Qazaq Kures, She had won the silver and bronze medals at the district level in judo, and proudly secured the state Gold medal in Qazaq Kures.

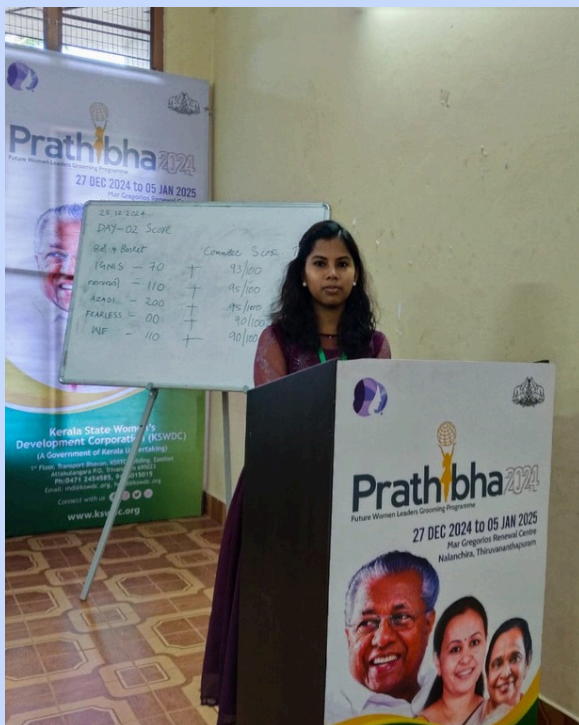
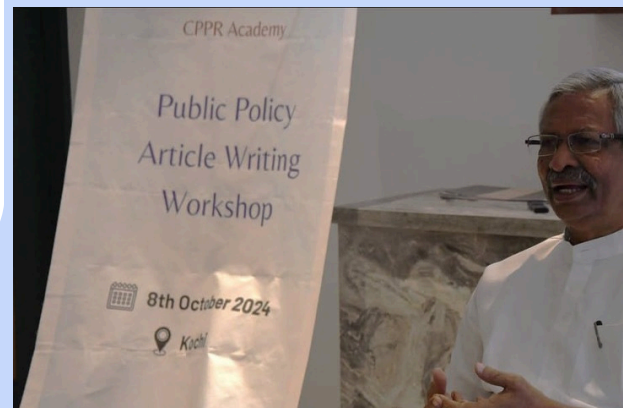


Sensei Christina Daji (I MA Sociology student) was the Indian Team Coach for the 2nd Okinawa Karate World Junior Tournament 2024 held between August 8 to August 12 at Okinawa, Japan.

Volunteerism and Participation

ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM
DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

On 8th October 2024 ,
Sarah Saju of 3rd BA
Sociology participated in
the Public Policy Article
Writing Workshop
organized by CPPR (Centre
for Public Policy Research),
in collaboration with
FNFSouthAsia.



Hanna Cissy Shaji from III BA
Sociology participated in the The 10-
day "Prathibha Poshan 2024 – Future
Women Leaders Grooming
Programme" held from December 27,
2024, to January 5, 2025 of Kerala
State Women's Development
Corporation in Mar Gregorios Renewal
Centre, Thiruvananthapuram which
aimed at empowering woman and
improving interpersonal skills.
Recieved a certificate of recognition
from KSWDC

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Sangeetha NS and S Devika Ajith of 3rd BA Sociology participated in the seminar on 'Familiarising the activities of NSO and MoSPI' held at Kendriya Bhavan, Kakkanad on 30th December 2024, organised by Field Operations Division, National Statistics Office, Regional Office, Thiruvananthapuram.



On 17th January, 4 students- Nayana Roshan , Sarah Saju , Meghana Ramesh and Elsa Chakkalakkal from 3rd BA Sociology had volunteered at the Kochi Dialogue 2025, a Track 15 diplomacy Conclave organised by CPPR (center for public policy research), Kochi in collaboration with the Ministry of External Affairs, government of India. Discussions included the 'look west policy' and GCC trade aspects where indian and global stakeholders had attended.



ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM
DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH

Research Scholar ,
Ms. Aswathi A ,
gave a lecture to
the sociology
students in BCM
college

 **BISHOP CHULAPARAMBIL MEMORIAL COLLEGE**
DEPARTMENT OF SOCIOLOGY
Organises

A SPECIAL TALK ON
**Sacred Groves and Indigenous Wisdom:
Exploring Socio-Cultural Significance**

As part of academic engagements on the
INDIAN KNOWLEDGE SYSTEM (IKS) and its interdisciplinary
Significance

Date: 27.02.2025
Time: 1:30pm to 3:30pm
Venue: Room no. 217


Ms. Aswathi A
Research Scholar
Department of Sociology
and Centre for Research
St. Teresa's College
Ernakulam



Georgia Ann Benny, Faculty in charge , AstA UAE
Chapter attended the Annual General Body
Meeting in Dubai, November 23 2024



THE DEPARTMENT OF SOCIOLOGY



The Department of Sociology (Postgraduate) was founded in 1966 under the dynamic leadership of Sr. Marie Cecile CSST, who later became the College's Principal. It was the pioneering department to offer Sociology exclusively at the postgraduate level for women. In 1971, the B.A. Sociology course was introduced five years later. A significant milestone occurred in 1985 when the department was elevated to a research center status.

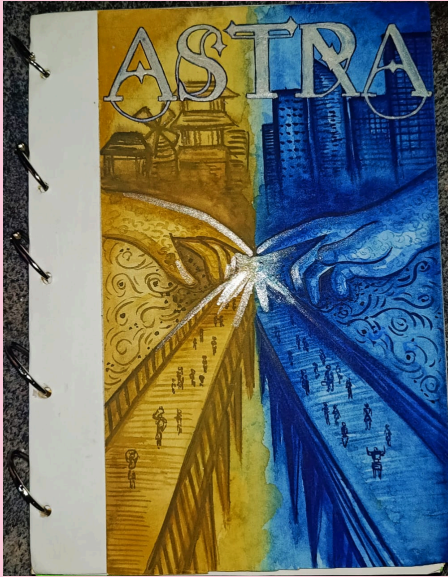
The Department of Sociology is committed to discovering and sharing new knowledge as the core of its mission. By emphasizing teaching, research, outreach, and engagement, the department generates, imparts, and applies knowledge to promote personal growth, advance community development, encourage social responsibility, and enhance the quality of life.

- 1.Secretary: Nayana Roshan (III BA)
- 2.Joint Secretary: Zeba Manesh (III BA)
- 3.Treasurer: Anamika Lami (III BA)
- 4.III BA Representatives: Aaliya H, Daya Thresia Jyothi, Devika Ajith
- 5.II BA Representatives: Aleesha K J , Diya Rose
- 6.I BA Representative: Uthara pradeep , Greeshma S Satheesan
- 7.I PG Representatives: Reneeta Joyce Isaaks
- 8.II PG Representatives: Aiswarya Sreekutty
- 9.Magazine Editors: Ann Andria Figuerado, Sivya Grace (III BA)
- 10.News Letter Editors: Sarah Saju , Meghana Ramesh (III BA)
- 11.Sub-editors: Angel Mary Tom and Daya S Thomas (II BA)
- 12.Arts secretary: Mansi Pillai and Sangeetha NS (III BA)
- 13.Art Representatives: Aneegha Ajith ,Gouri Subash ,Edith Stein (II BA)
- 14.Media and Publicity head: Isha Nagaraj (III BA)
- 15.Media representatives: Mary Filsha and Lenu Sebastian (II BA)
- 16.Technical Head: S. Devika Ajith (III BA)
17. Centenary Coordinator: Shibla C (II BA)

**Members of the Sociology
Association(Students)**

ST.TERESA'S COLLEGE (AUTONOMOUS) , ERNAKULAM

DEPARTMENT OF SOCIOLOGY AND CENTRE FOR RESEARCH



ASTRA

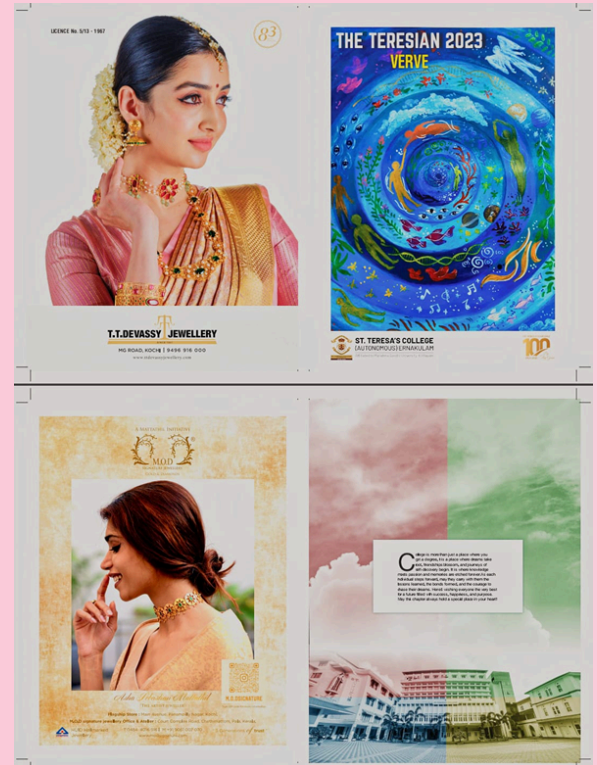
The magazine team compiled all the artwork and writings from our department into a stunning collective Manuscript named "ASTRA". It was unveiled on 27th March 2025.

The Teresian - Verve

Dr. Linda Therese Luiz (Asst. Professor in the Dept of Sociology) is the staff editor of the college magazine 'The Teresian - Verve' released in March 2025.

Edith Stein from II BA Sociology designed the cover page.

There were contributions by students of the department including Chris Maria Anil , Santhini , Vismaya Jeevan , Sarah Saju , Meghana Ramesh and by faculty including Dr. Sajitha J. Kurup and Dr. Linda Luiz.



"May today there be peace within.
May you trust God that you are exactly where you are meant to be.
May you not forget the infinite possibilities that are born of faith.
May you use those gifts that you have received, and pass on the love that has been given to you.
May you be content knowing that you are a child of God.
Let this presence settle into our bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and everyone of you."

St. Teresa of Avila



SOCIOLOGY SNIPPETS

**ANNUAL NEWSLETTER
2024-2025**



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