



# ST. TERESA'S COLLEGE (AUTONOMOUS), ERNAKULAM

Affiliated to Mahatma Gandhi University, Kottayam  
Re-Accredited by NAAC with A++ Grade in Fourth Cycle  
NIRF Ranking 60 (2025) | KIRF Ranking 2 (2025) | [www.teresas.ac.in](http://www.teresas.ac.in)

## FIRST AID MANAGEMENT

### AIMS & OBJECTIVES:

- To provide students with essential first aid knowledge and emergency response skills.
- To train participants to act confidently and responsibly during medical emergencies on campus.
- To develop the ability to provide immediate care and support to injured or ill persons until professional medical assistance arrives.
- To create awareness about safety, accident prevention, and basic life-saving techniques.
- To prepare learners to perform the role of a trained "First Aider" effectively in emergency situations.

### COURSE OUTCOMES

At the end of the course, the participants will be able to:

- Identify and respond appropriately to different emergency situations.
- Provide basic first aid to injured or seriously ill individuals.
- Manage casualties safely and effectively until qualified medical help arrives.
- Apply essential life-saving techniques with confidence.
- Demonstrate practical skills in handling campus and workplace emergencies.

**Duration**  
**36 Hours**

**Certificate issued by St. Teresa's College**