

DR. SR. TERESA CSST

FORMER SECRETARY GENERAL

XAVIER BOARD OF HIGHER EDUCATION IN INDIA,

BANGALORE & CSST GENERAL COUNCILLOR FOR EDUCATION

- **Dr. Sr. Teresa CSST** is a religious belonging to the Congregation of Carmelite Sisters of St. Teresa (CSST), Kerala Province. She is a retired **Principal of St. Teresa's College, (Autonomous) ,** Ernakulam, Kochi. . She continued her service in the field of higher education as the **Principal of Sacred Heart Arts and Science College, Pondicherry.** She was awarded a Ph.D. in 2001, from Mahatma Gandhi University, Kottayam, Kerala and has been appointed as the research guide in both M.G. University and Bharathiyar University in Coimbatore. She has specialized in Development Economics, Housing Economics, and Environment Economics. She continued her research further in the areas of HIV/AIDS in Kerala, and Municipal Solid Waste Treatment in Kerala and Women studies. Two major projects were approved and funded by University Grants Commission, Delhi for her post doctoral research work. She has TEN publications as books and many research articles in refereed / peer reviewed journals to her credit. She is also a member in many academic and professional bodies at the State and National level. She is the Peer Team Coordinator of National and Accreditation Council (NAAC Assessor), Bangalore. Sr. Teresa CSST is appointed as the Secretary General of Xavier Board of Higher Education in India , Bangalore on 15TH September 2021 and she completed the tenure of office as the Secretary General in 2024. Sr. Teresa was elected as the General Councillor for Education on 24th April 2024 by the 18th CSST General Assembly held at Bangalore. Presently she is holding the responsibility of coordinating the activities of the CSST Educational Institutions and residing at St. Teresa's Generalate, Bangalore.

The awards and achievements conferred on her over the years at the State, National and International level are as follows:

AWARDS AND ACHIEVEMENTS

- **Kerala State e-Governance Award 2011-13** under the Category of **e- Citizen's Service Delivery ,** October 27th 2014 from the Govt. of Kerala.
- **Chief Ministers Award for innovations in Public Policy 2013** under the Category of Public Service Delivery, October 27th 2014.

- VIT (Vellore Institute of Technology) Award for the Best Arts and Science College in South India was conferred on Dr. Sr. Teresa CSST, the Principal of St. Teresa's College, Kochi on April 4th 2013.
- Dr. Sr. Teresa CSST received the **Best Active Principal Award** by the Mother Teresa Children's Development Society, Aurangabad, Maharashtra 22nd August 2016.
- Dr.Sr. Teresa CSST received the **Best Active Principal Award** by the **Mother Teresa Children's Development Society, Aurangabad, Maharashtra on 17TH October, 2017.**

➤ **Research Experience**

- Awarded Ph.D on 31-05-2004 by Mahatma Gandhi University, Kottayam Kerala, India.

Topic: *"Institutional Finance for Housing in Kerala – A case study with reference HDFC and Kerala State Housing Board"*. Aailed FIP during the IX th Plan period

- Major Research Project (University Grants Commission) 2006

Title: *"Conscientising youth on the global Pandemic HIV/AIDS with Reference to Kerala"*

- Minor Research Project (University Grants Commission) 2004

Title: *"The Economics of Solid waste Management"*

Number of Research Scholars for Ph.D under Supervision – 4

- Topics under Supervision

1. Occupational mobility of Fishermen Community in Kerala with special reference to Goshree Islands.
2. Possibilities of Aqua Tourism in Kerala
3. A Study on Housing Finance in Kerala with Special reference to Co – operative Housing Societies in Ernakulam District.
- 4.The Dynamics of Return Migrants in Kerala

PUBLICATIONS

BOOKS

1. *A Treasure Within –Towards an eco-spirituality for a new millennium*, Pranatha Publications. 2008
ISBN

2. *Integrated Municipal Solid Waste treatment in Kerala – A development perspective*. Pranatha Publications. Intensifying Municipal Waste Treatment in Cochin Corporation collaborating with various agencies. 2006.ISBN
3. “*Housing Finance in Kerala- Issues, Options and Strategies*”, Vimala Publications. 2005 ISBN
4. ‘*Bhoomipadangal*’ translation of The *Treasure Within*. By Dr. Sr. Teresa and Dr. Soumya Baby, Department of Malayalam, St.Teresa’s College,Ernakulam,2011, ISBN
5. *HIV-AIDS –An Economic Development Perspective*, Vianny Publishers 2010, Media House, Delhi, ISSN
6. *ST.TERESA OF AVILA – A TREASURE IN CARMEL, 2015 October*, published by *Dyanavana Publications Mysore. ISBN, 2016*
7. *Aval , Aksharam, Aakaasham – A Historical Study of Women Empowerment through Education in India, Theo Publications, Kochi. 2017*
8. *Keralathinte Karmmaleetha Paithrukam - Bharathathil Karmmala Saakalyathinte 400 Varsham. Book Edited by Dr. Augustine Mullur OCD, Dr. Sr. Teresa CSST and Mr. Jacobi, Journalist, 2020 July, Pranatha Publications, ISBN . 9788194641520*
9. “*SUSTAINABLE DEVELOPMENT AND QUEST FOR MEANING - Exploring the Role of Spirituality in Economic Well-being “ (JONIT WORK OF DR. AUGUSTINE MULLOOR OCD AND DR. SR. TERESA CSST, ATC Publishers, Bengaluru ISBN 9788119664733,2023)*
10. *Implementing NEP 2020 in the Higher Educational Ecosystem: State-Specific Implications and Outcomes*, ATC Publishers, Bengaluru , 2023, ISBN ISBN: 978-81-19664-67-2

The following books are under publication:

11. **Historical and Contextual Foundations: *Exploring the time, place, and influences that shaped Mother Teresa of St. Rose of Lima.***
12. **Spirituality, Charism and Theological Vision: *Unfolding her inner life, virtues, and spiritual foundations.***
13. **Apostolate, Education, and Mission: *Her transforming presence in the world through service, empowerment, and education***
14. **Correspondence, Writings, and Communication: *Her letters and writings as windows into her faith, leadership, and pastoral care.***

15. Contemporary Relevance and Living Legacy: *Applying her spirituality and mission to today's context and the CSST vision*

ARTICLES

- World Environment Day – State Level Publication Jeevanadam- *Oru paristhithi chindha* pp1, 4, June 2012
- Publication by KLCA – Archdiocesan Publications: *Harithsambath vyavastha-Prakrithiye snehikam, samrakshikam*
- Prepared the Archdiocesan Environmental policy –*Haritham prakrithi, mahitham daivadanam.*
- Teresian Annual Publications poem *Srishti-* page 123
- Ecology – *Darshanaghal,padanghal,badalukal(Naaleyude paristhithi darshanghal)* – Article Published – Kerala SCM CSS books Art. 24 pp 185- 190
- *Integrity of creation* (under publication) (Jyothirdhara publications – International Religious journal
- Proceedings -a paper on “*Ethical Consumerism in a Green Economy- A philosophical perspective*” in the UGC Sponsored National seminar on “Towards Green Consumerism- Innovative Approaches and Practices” held on 9th and 10th august 2012, organised by Department of Homescience,St.Teresa’s College, Ernakulam
- Proceedings – a paper on “*Ageing and related issues*” UGC Sponsored National Seminar on Ageing and Society: A Multidisciplinary Approach on 4th and 5th October 2012.ISBN
- *Socio-economic impact of HIV/AIDS in Kerala*, Journal of Environment and Society, Vol 3 , Department of Economics, St. Teresa’s College, Ernakulam,2010
- *Conscientizing youth on the Global Pandemic AIDS*, Journal of Environment and Society, Vol 2 , Department of Economics, St. Teresa’s College, Ernakulam 2010
- Published an article on “*A Visionary Par excellence*”, Dr. Daniel Acharuparambil, Archbishop of Verapoly, published in Teresian religious Journal 2009
- Published an article on “*A Tribute to Dr. Daniel Acharuparambil*”, published by Teresian religious journal2009.
- Published an article on “*Problems and Prospects of religious life in the new millennium*”, published by Teresian religious journal 2009.
- Published an article in *Amari Teresian* 2013on *Water:The Elixir of Life*

- *Bycatch and discards of fisheries: A global concern, Sustainable Resource Management: Tools and Techniques .Proceedings of the UGC Sponsored National Seminar ISBN 2014.* St. Teresa’s college, Ernakulam.
- *Towards Education in the 21st Century...New media Leadership and Team work, International Teresian News Letter :May 2015*
- *“Contribution of Christian Missionaries towards Social Transformation through Education” JOMAH Publications, KRLCC, Carmelgiri Seminary Aluva Edited by Dr. Antony Pattaparambil, 2017*
- *Paper presented at“Synod of Diamper : A Prelude to Indian Renaissance “ - Resurgence of the Status of Women in India” National Seminar organized by KRLCBC, KLCHA, and JOMAH on 10th and 11th Nov. 2017 as Seminar proceedings under KRLCBC PUBLICATIONS .ATC Publishers, Bengaluru,www.atcbooks.in,ISBN ,pp.249-289*
- *Teresian News Letter. International Circulation on The Synod of Diamper – A REVISIT TO HISTORICAL TRUTH , December 2017*
- *“Factors influencing International mobility among fishermen. An Empirical study on the context of infrastructural development projects”,International Journal of Applied Social Sciences, vol.5, Feb. 2018, ISSN 2394-1405*
- *Kerala Sabhayude Mission Pravarthanangal – 19th Century Sanyasa Sabhakalude Nethruthwam Ayin Publications, Carmelgiri Aluva, October ,2020*
- *The Health issues and Problems faced by Returnees from Gulf Countries in Kerala, ISSN -1804 9796 , International Journal of Economic Sciences Vol. X, No. 1 / 2021*
- *Pennidam Udayamperoor Soonahadosil, Sthreedhanam,July ,2022,Ayin Publications , ISBN: 978-81-957364-0-9, pp.61-73*

Paper Presentation

- Presented a paper on *“Ethical Consumerism in a Green Economy- A philosophical perspective* in the UGC Sponsored National seminar on “Towards Green Consumerism- Innovative Approaches and Practices” held on 9th and 10th august 2012, organised by Department of Homescience, St.Teresa’s College, Ernakulam
- Presented a paper on *“Ageing and related issues”* in the UGC Sponsored National Seminar on Ageing and Society: A Multidisciplinary Approach on 4th and 5th October 2012.
- Presented a paper on *“Ethical Consumerism in a Green Economy- A philosophical perspective* in the UGC Sponsored National seminar on “Towards Green Consumerism- Innovative

Approaches and Practices” held on 9th and 10th August 2012, organised by Department of Homescience, St.Teresa’s College, Ernakulam

- Presented a paper on the topic: ***Demographic Transition in Kerala***, at Jawaharlal Nehru University, Delhi, on 17th Jan. 2005.
- Presentation of career oriented course on ***Equity Trading*** before the UGC Expert Committee at Ferozshah Road, New Delhi on 17/11/2008
- Presentation of the mid-term review of the major project on ***‘Conscientizing youth on the global pandemic HIV/AIDS in Kerala’*** at 10 a.m at UGC office at Bahadurshah Zafar Marg, New Delhi before an expert committee of University Grants Commission on 18/11/2008
- Synod of Diamper-“ A prelude to Indian Renaissance”- A National Seminar held at Ashirbhavan , Kochi, from 10th -11th November 2017
- Paper presented on **The Synod of Diamper - Resurgence of the Status of Women in India .: KRLCC, KLCHA, JOMAH 11TH NOV.2017**
- **Impact of Women Religious Leaders contribution towards Nation Building, National CRI, NewDelhi on 23rd August 2025 for the National Women Leaders**

Resource persons for various National and International Conferences and workshops

- Resource person for the workshop on Methodology of a study on ***unorganised workers*** organised by ***Kerala Labour Movement*** on 24th January 2009.
- ***Globalization & Major Ecological Concerns*** -Three Day State Level Seminar on Environmental Accounting 10th, 11th, 12th November 2008 organised by the Department of Economics ,St.Teresa’s College, Ernakulam.
- Delegate Speaker at ICF, Malappuram ,Valanchery, on Feb 31st 2013 **Topic: Yaspal Committee Report: Issues in regulations of Higher Education**
- Resource person for the preparation for NAAC visits **in colleges in Kerala:**
- **Morning Star College, Angamali, St. Xavier’s College for women , Aluva, St. Paul’s College, Kalamasery – NAAC Institutional Preparedness**
- Resource person for the one day workshop at Lourdes Hospital for the religious sisters working in the health Sector on the topic “ **Integrated Spirituality - A Healthy Religious Life Style** on 15th October 2016

- Resource Person at the Colloquium organized by the Kerala Malabar Bishop's Conference at Calicut Pastoral Centre Nav Jyotis on "NEP 2020 and the Methods of Implementation" March 9, 2023
- Resource Person for the International conference organized by St. Philomena's College (A), Mysuru in collaboration with XBHEI, Bangalore and inaugurated the Conference as the Chief Guest .February 9th 2023
- Resource Person for the Summer Youth Leadership Program in collaboration with XIME, Bangalore & XBHEI at XIME, Bangalore, May 8 – 13, 2023
- Resource person for the one day FDP collaborative Programme with XBHEI and Sacred Heart College, Chalakudy, Kerala, June 1, 2023
- Resource Person at the 5 days FDP collaborative Programme with XBHEI and Patna Women's College (A), Patna, July 3 – 7, 2023
- Resource Person for the One Day Seminar on "Empowering HEIs: Unraveling NEP 2020 in Kerala Context" in collaboration with St. Joseph's College of Teacher Training, Ernakulam, August 18, 2023
- Resource Person for the Peace Convention at NEISSR, Dimapur, Nagaland in collaboration with XBHEI & NEISSR, Dimapur for Manipur Students, Sept. 30 – Oct. 2, 2023
- Organised in the National Youth Environmental Stewardship- (YES) at Auxilium College Autonomous Vellore, Tamilnadu Region in Collaboration with Xavier Board of Higher Education in India, and was a resource person for a session Feb. 22, 2024
- Resource Person and also organised a 2-day National Youth-Centric Convention at Carmel College of Arts, Science and Commerce, Goa in Collaboration with XBHEI, Bangalore, Mar. 22 & 23,2024
- Impact of Women Religious Leaders contribution towards Nation Building, National CRI, NewDelhi on 23rd August 2025 for the National Women Leaders

Professional Experience and working in Professional Bodies pan India

- **Administrator and Principal of CSST Colleges for 6 years and Manager of Schools for 3 years and the General Coordinator of the CSST Educational Institutions for 6 years- Total 18 years of Administrative Experience in the Schools and Colleges including National Educational Bodies**
- **Guiding Research Scholars at P.G. and Ph. D Level for 22 years**
- **Resource person for academic programmes and non-academic programmes such as social and spiritual initiatives**

- **Faculty in AISAT (Albertian Institute of Science and Technology) 2014-2016**
- **Principal of St. Joseph's Public School , Senior Secondary from 2014-2017 and Manage of St. Antony's Educational Institutions in Ernakulam**
- **Handled the tasks of managing staff, students and all activities related to colleges and schools**
- **Member of recruitment panel for staff selection - Recruited suitable teachers for different subjects at the college level and School level**
- **Member of All India Association of Christian Higher Education (AIACHE)**
- **Member Coordinator of NAAC Peer Team Assessment 2013- 2019**
- **Organised and participated many national and international seminars in both religious/ spiritual and other Disciplines**
- **Appointed as the Secretary General ,Xavier Board of Higher Education in India, Bangalore in 2021 , Coordinating 420 Catholic Colleges in India through Xavier Board of Higher Education in India, 2021-2024 from the National office, Bangalore**
- **CSST General Councillor for Education 2024-2030 Coordinating the activities of 342 CSST Schools and 13 PU Colleges ,5 Multi-disciplinary Colleges and 3 Teacher Training Colleges**
- **Member of National Consultation for Catholic Education CBCI (Catholic Bishop's Conference of India from 2021- till date)**
- **Member of Xavier Board of Higher Education in India Executive Board(2021- till date)**
- **Member of National CRI (Conference of Religious of India)**
- **Chief Editor of CSST Writers Forum(2025- till date)**

