

ST. TERESA'S COLLEGE (AUTONOMOUS) ERNAKULAM

REPORT OF STUDENT'S UNION ACTIVITIES: 2021-22

1. BEATZ : JUNE 21,2021

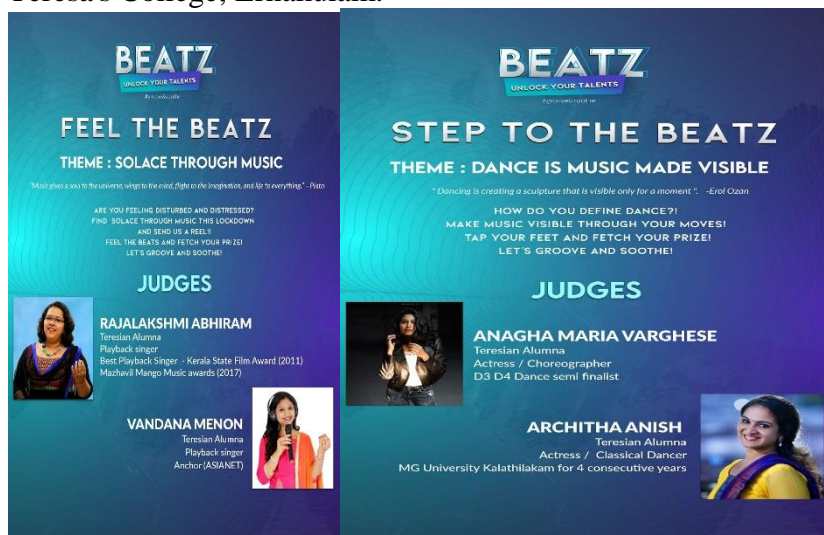
St. Teresa's College conducted a National level Intercollegiate Online Music and Dance competition named BeatZ - Unlock your talents in connection with World Music Day on June 21, 2021.

The theme of the Music Competition-Feel the Beatz was Solace through Music and there were 43 entries for music.

The theme of the Dance competition - Step to the Beatz was Dance is music made visible and there were 51 entries for the same.

Cash prizes of Rs. 1000 and Rs. 500 were declared for those who secured the first and second positions in both events respectively.

The winners of Music competition were Sreya Saseendran from Rajagiri College of Social Sciences, Kalamassery and Aiswarya H from Rajagiri College, Kakkanad and for Dance were Sarangi Shyam from Madras Christian College, Chennai and Meenakshi Dileep from St. Teresa's College, Ernakulam.



2.Rev.Sr. Emeline Welcome and Felicitation : JULY 24,2021

On 24th of July St Teresa's College gathered virtually to felicitate the newly appointed Director Rev. Sr. Emeline.

Welcome was given by the College Chairperson Ms.Niranjana R. The Presidential Address was delivered by the Provincial Superior and Manager Rev. Dr. Sr. Vinitha.

Rev. Sr. Emeline gave the Director's message wherein she persuaded the new generation to be the change towards the dowry system. She even advised students to attain financial independence and they must never be in a hurry to get married.

Principal's address was given by Dr. Lizzy Mathew.

The program concluded with cultural programs and the vote of thanks was delivered by Smt. Rosemary Francis, Dean of Student affairs 2021-22.



3. Radio Kochi 90FM Inauguration : 16 July 2021

Radio Kochi 90FM, Kochi's first community FM radio station, was inaugurated on 16 July 2021 at 4:30PM. It is licensed by the Ministry of Information and Broadcasting, Government of India. The radio station is headquartered at St. Teresa's College. Sri. Arif Mohammed Khan, Honourable governor of Kerala inaugurated the activities of the Radio and delivered Inaugural address. Dr. Latha Nair, Head and Dean of Research, Department of English and the deputy director of the Radio welcomed the gathering. Dr. Prof. Sabu Thomas, Vice chancellor of MG University Kerala and Rev. Dr. Sr. Vinitha CSST, director of the radio station offered felicitation. Shri. Hibi Eden, member of parliament delivered the Keynote address. The chief guest was Shri. Arif Mohammed Khan. Shri. Anilkumar, the worshipful mayor of Kochi corporation delivered the presidential address. The program concluded with the National anthem.



4. Azadi Ka Amrut Mahotsav : 04 August 2021

As per the instructions provided by University Grants Commission to celebrate Azadi Ka Amrut Mahotsav, the following activities were undertaken by St. Teresa's College, Ernakulam. The activities included recording of Rashtra Gaan and Cycle rally. Rashtra Gaan was recorded on 29 July 2021, at college campus. 11 students from various departments of the college took part in it. Students sang the Rashtra Gaan with patriotism.

Cycle rally was conducted on 04/08/2021, Wednesday at 6:30AM. College Union organized the rally with help of NCC students, NSS and Physical education department of the college. They also took part in it. College Principal, Dr. Lizzy Mathew flagged off the rally. The rally took place from the college to P.T Usha Road, Ernakulam and then back to college. The

cycles were provided by the partner of Kochi Metro, My Bik. They also helped in organizing the rally. The rally was conducted as per the covid guidelines and each participant abided by the rules. Photos of the rally are attached below.



5. GENDER AWARENESS PROGRAM-KANAL-11-12 August

Women and Child Development Department, Ernakulam invites you to


GENDER AWARENESS PROGRAM

KANAL

St. Teresa's College (Autonomous), Ernakulam
Students' Union 2021-'22

AUGUST - 11th & 12th | 09:30 AM | GOOGLE MEET


THEME:
GENDER RELATIONS



Dr. K. M. Sheeba
GUEST SPEAKER
HOD & Professor, Dept. Of History,
SSUS Kalady

August 11th, 2021
(9.30 AM)

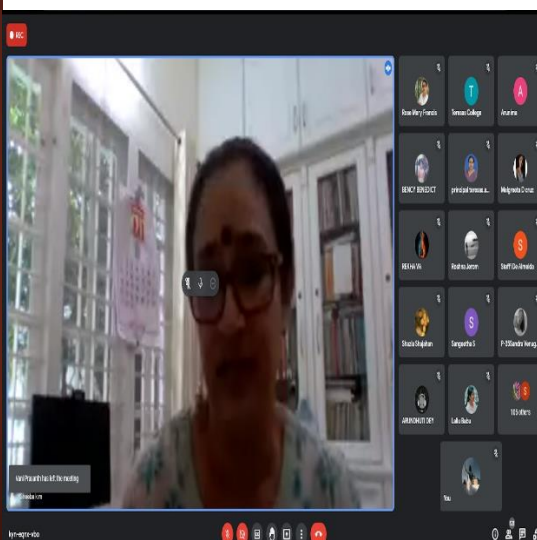
THEME:
GENDER & LEGISLATION



Adv. Mayakrishnan
GUEST SPEAKER
High Court of Kerala

August 12th, 2021
(9.30 AM)

MAHILA SHAKTI KENDRA, ERNAKULAM



6. Independence Day : 15 August 2021

Students' union organized the Independence day celebrations on 15 august 2021. College director Rev.Sr.Emiline hoisted the flag at 9:00am. Abhirahmi (PG Representative) delivered the welcome address. Rev.Sr.Emeline and Dr.Lizzy Mathew ,Principal delivered Independence day message. Anasooya Nair delivered the vote of thanks. Sweets were distributed at the end of the celebrations and the function concluded with the recital of our National anthem.



7. First Prize Secured for National level Patriotic group song competition : 11 August 2021

Students of the college won first prize for the national level patriotic song competition organized by IQAC in association with the music club of Christ nagar college, Trivandrum . Georgina George, University union councillor of the college union led the team. The video was recorded and sent. They received a cash prize of 3000/-.



8. Cyber Awareness webinar by Cyber cell Kochi : 26 August 2021

Principal Dr. Lizzy Mathew and Vice Chairperson Varsha Venugopal had attended a Cyber Awareness session on 26 august 2020 at 11 am organized by Cyber Cell Kochi. The meeting was attended by Principals and Student representatives of various colleges in Kochi. Various topics were dealt with in the session such as drugs, alcohol use, anti- ragging, cyber security and women's safety.

Consolidating the points discussed in the session here

1. Drugs and Alcohol Use :

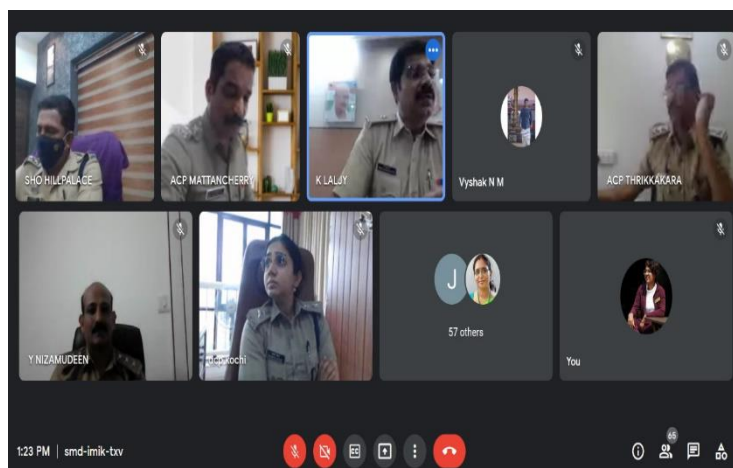
- * Peer pressure leads to the use of drugs and alcohol.
- * A student found guilty has to be rehabilitated instead of termination.

2. Cyber Security

- * Awareness raising is crucial.
- * Students are asked not to share their ATM, license, passport and other confidential documents on their social media platforms.
- * Don't receive video calls or voice calls from unknown numbers.
- * Pornography and downloading such images and videos is a crime and practitioners shall be punished.

3. Women's safety

- * Students should be aware of the helpline numbers to use them in need.
- * Self defense classes have to be arranged and police can be invited to sensitise students on the safety of women and children.



9. Onam Celebration -AARAVAM 2021 : 19 August 2021



Students' union conducted onam celebrations on 19 august 2021 at 1pm.50 students joined the celebration. The programme was streamed on youtube on the day of Onam .Dr.Sr.Vinitha delivered the presidential address and Rev.Sr.Emeline delivered the director's message.Cine artist and member of Rajya Sabha Shri.Suresh Gopi,MP inaugurated the function and delivered the onam message and addressed the students through live meet.He insisted on promoting entrepreneurship among women and emphasised on the importance of upgrading the skills of the students to build a strong nation.Principal, Dr.Lizzy Mathew delivered principal's message. The official function was followed by an array of cultural programmes . The cultural events were in harmony with the spirit of onam.

10. Poetry Writing Competition as part of 119th death anniversary of Mother foundress St.Rose of Lima

St. Teresa's College conducted a poetry writing competition in connection with commemorating the 119th Death Anniversary of our Foundress, Servant of God, Mother Teresa of St. Rose of Lima (1858-1902).

The theme of the English Poetry competition was “Mother Teresa of St. Rose of Lima- The Strength of Women” and there were 16 entries for the same.

The theme of the Malayalam Poetry competition was “തെരേസാസിൻ്റെ അമ്മ സ്ത്രീത്വത്തിൻ്റെ കരുത്ത്” and there were 11 entries for the same.

Certificate and Cash Prizes of Rs.1000,500,300 were declared for those who secured the first,second and third positions in both competitions separately.

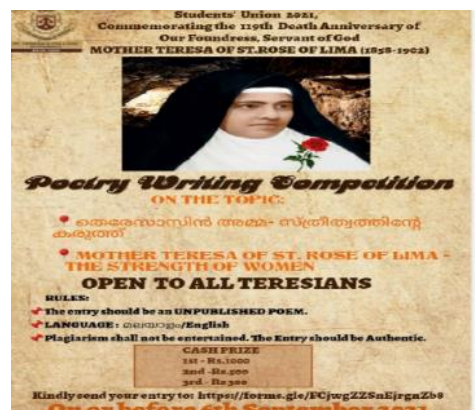
The winners of English Poetry writing competition were

1. Lily of the Valley- Sanghamithra M - II BA English Literature- I Prize
2. Saviour, said the wind- Nineesha Mohan Sankar-III B.SC Psychology- II Prize
3. The Girl of Vision- Suzanne B Mathew- II BA History-III Prize
4. Mother Teresa of St. Rose of Lima; Strength of women - Delilah- Kengjum Tapo-II B.Sc Home Science.

The winners of Malayalam Poetry writing competition were:

1. Raseena K N- II BA History -I Prize
2. Avril Carmel Libera- III English Literature-II Prize

Grace Maria Thomas - B.Voc Software Development - III Prize

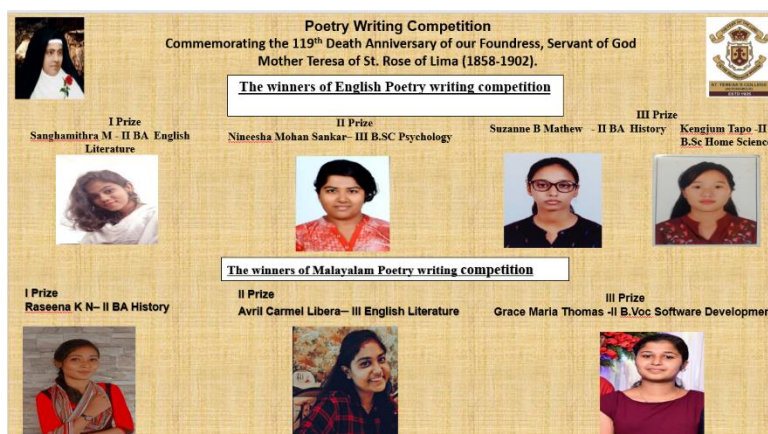


The poems were evaluated by Dr. Beena Job, (Assistant Professor, Department of English, St. Teresa's College (Autonomous), Ernakulam and Ms.Rabiya Beevi (Assistant Professor,Dept.of Malayalam and staff in charge of Poetry Club, St. Teresa's College (Autonomous), Ernakulam).

Please see Brochure,Photos of winners and list of participants attached below:

Photos:

The winners of English Poetry writing competition :



LIST OF PARTICIPANTS -POETRY COMPETITION 2021-22

English:

1. Mother Teresa of St. Rose of Lima- the Strength of Women - Ancina Hydie
2. Mother Teresa of St.Rose of Lima-Minna Miriya

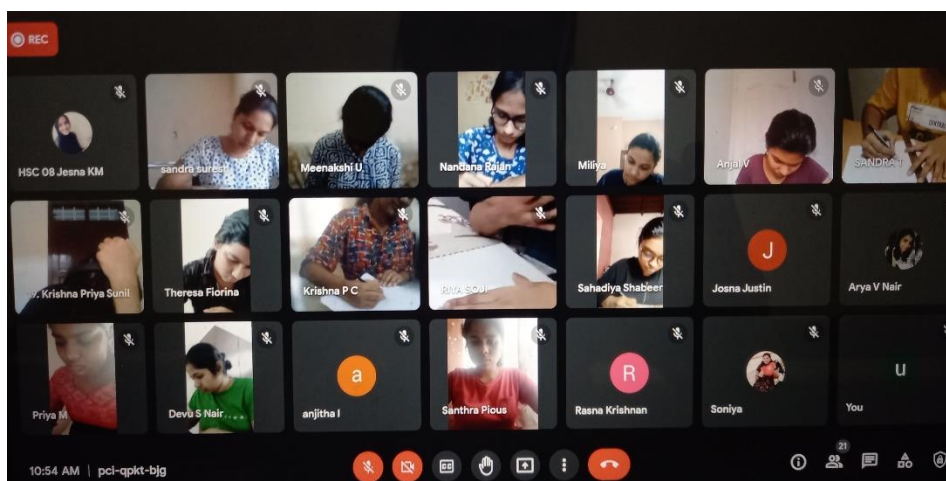
3. The Girl of Vision- Suzane B Mathew
4. Lilly of the Valley-Sangamithra
5. Teresa our Mother- Ann Maria Paul
6. Mother Teresa of St. Rose of Lima; Strength of women -DELILAH- Kenjum Thapo(2 entries)
7. Rain Drop-Dhanalakshmi
8. MOTHER TERESA OF ST.ROSE OF LIMA -THE STRENGTH OF WOMEN-Alka Johny
9. MOTHER TERESA ST- ROSE- OF- LIMA-Steffy Chacko
10. MOTHER TERESA OF ST.ROSE OF LIMA- The strength of women-Kavya Nair
11. MOTHER TERESA OF ST.ROSE OF LIMA- The strength of women-Sandra Deepak
12. Mother Teresa of St. Rose of Lima-The strength of women-Priyanka
13. Mother Teresa of St. Rose of Lima-Sneha Rose Sabu(2 entries)
14. Saviour, said the wind-Nineesha Sankar
15. Maze,Monster and Me-Akshara Edwin
16. Mother Teresa of St. Rose of Lima- The Strength of Women-Anula Menon

Malayalam

1. തെരേസാസിൻ അമ്മ സ്ത്രീത്വത്തിന്റെ കരുത്ത് - Lallu J
2. തെരേസാസിൻ അമ്മ സ്ത്രീത്വത്തിന്റെ കരുത്ത് .St.Theresa – Linda Thomas
3. തെരേസാസിൻ അമ്മ സ്ത്രീത്വത്തിന്റെ കരുത്ത്- Sona Pratheep
4. ലിമയിൽ നീനുദിച്ച സ്ത്രീ ശക്തി-Benitta Shaji
5. അമ്മ- Avril
6. തെരേസാസിൻ അമ്മ -കൊച്ചിയിലെ പൊൻതാരകം-Milisha Maria
7. തെരേസാസിൻ അമ്മ സ്ത്രീത്വത്തിന്റെ കരുത്ത്-Littisha Maria Babu
8. ജ്വലിക്കും നിൻ ഓർമകൾ- Grace Maria Thomas
9. വഴിക്കാട്ടി-Lavanya M
10. സ്ത്രീ ശക്തി-Jiya P Joju
11. തെരേസാസിൻ അമ്മ സ്ത്രീത്വത്തിന്റെ കരുത്ത്-Raseena K N.

11. 'NO TO DOWRY' POSTER COMPETITION

A poster designing competition was conducted on the topic 'NO TO DOWRY' as directed by Mahatma Gandhi University, Kottayam to sensitise the students to act against dowry death and domestic violence. Four entries have been chosen and sent to the University.



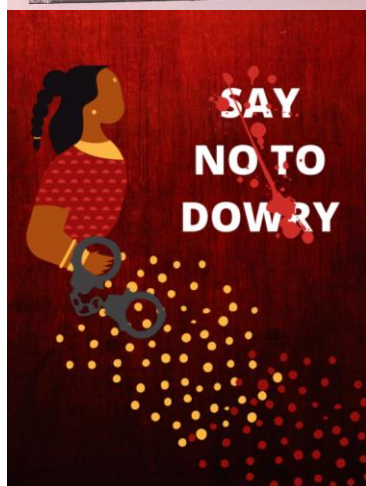
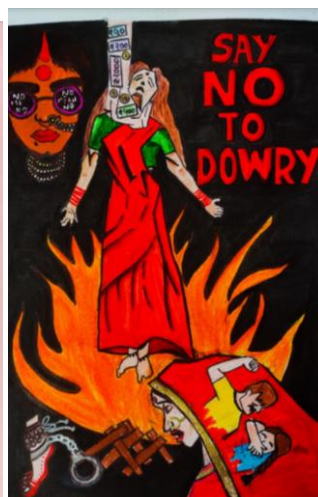
Selected students have been listed below:

I Prize: NIKITHA SUNIL-II BA FRENCH

II Prize: 1. ALWINA ROSE -III DC FOOD PROCESSING TECHNOLOGY

2. Rosmy Roy-III DC CHEMISTRY

III Prize:Gini Elizabeth K J - I MASTER OF COMMERCE AND MANAGEMENT



12. SPORTS DAY 2021 : 4th October 2021

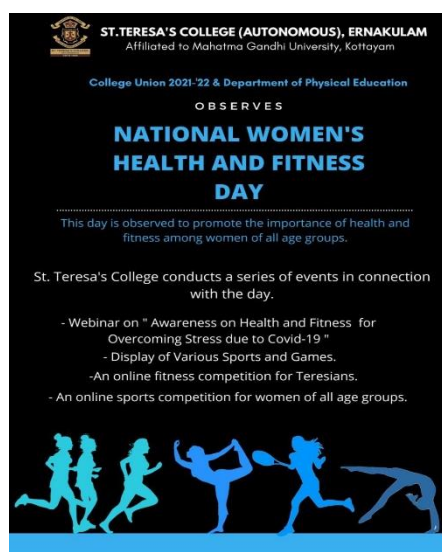
Students' union and Department of Physical Education jointly organized the Sports day celebrations in connection with National Women's Health and Fitness Day on 4 October 2021. Elizabeth Susan Koshy (National Games Winner and International Shooter) was the Chief guest. KJB Lizbeth (Magazine Editor) delivered the welcome address. Dr. Lizzy Mathew, Principal delivered a Sports day message. Ayisha Almass PA, Sports Secretary delivered the Vote of Thanks. Various Sports items were performed by the Sports Team Members of the College which included Yoga, Taekwondo, Skipping. Announcement of Results of Online Fitness Competition and Online Basketball Shooting Competition was done by the Chief guest. The program concluded with the recital of the National anthem.



13. Online Sports Webinar and Sports Competition in connection with National women's Health and Fitness day 2021 : 28 Sept -4 Oct 2021

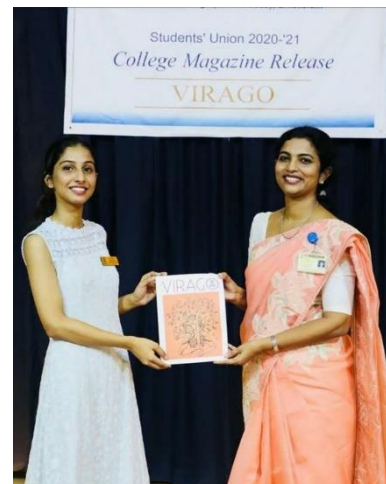
The students' union conducted a series of events - webinar on "Awareness on Health and Fitness for Overcoming the Stress due to Covid-19", Online Workout Competition and Online Basketball Shooting competition from Sept 28th to Oct 4th in connection with the National Women's Health and Fitness Day 2021. Webinar was conducted by Dr. Sajeew Jos, HOD & Assistant Professor, St. Alberts College, Ernakulam.

Online Workout Competition was also held with 3 separate workout Competitions (Full Squat, Knee Pushups, Sit-ups) and Cash Prize of Rs.500 was given for each of the competition winners. The winners of the Online Workout Competition were Madhumita A Mitchu, 1st year Zoology and Emy Maria, 1st year Chemistry. Online Basketball Shooting Competition was also held, Winners were Anjana Rose, 2nd Year Chemistry and Rebecca Martin, 2nd Year Physics.



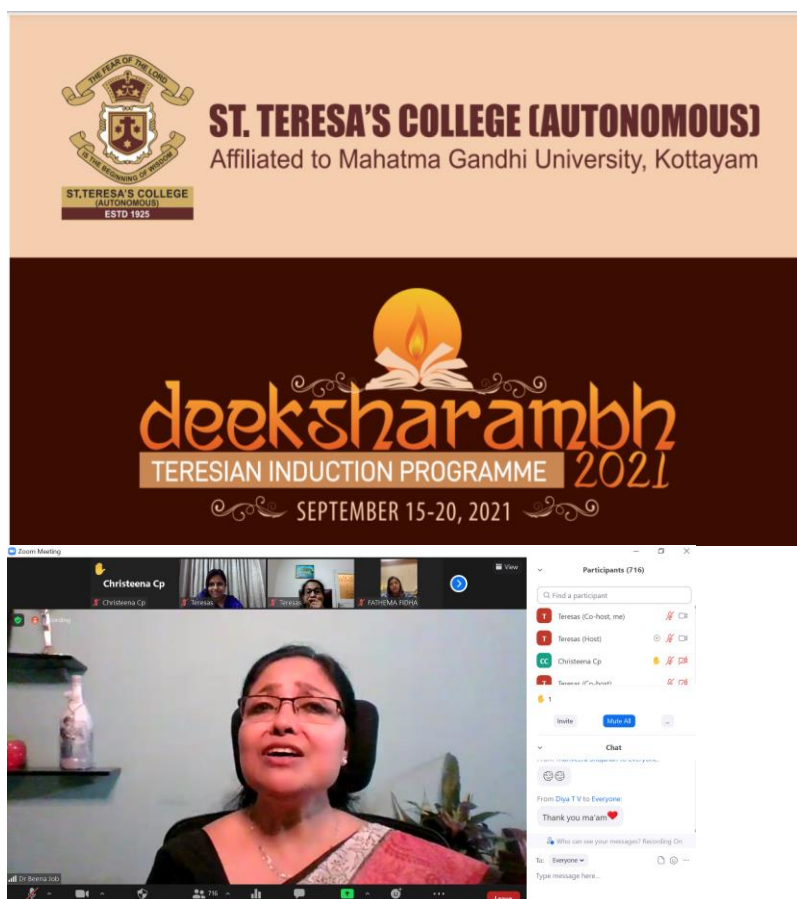
14.College Magazine Release : 20 October 2021

The College magazine named Virago was released on 20 October 2021 at 10:30am by Dr.B.Sandhya IPS, director general of police. The release was streamed live on youtube due to covid restrictions. Virago denotes a bold and powerful woman. Students, teachers and non-teaching staff had contributed numerous literary and artistic works to the magazine. On the day of the release, Dr. Ursula Paul (staff editor) delivered the welcome address, Dr. Sr. Vinitha CSST delivered the presidential address. Key note address was presented by the principal, followed by a note by the Magazine editor KJB Lizbeth about the magazine. Rev. Sr. Ashrita (retired Senior librarian) received the first copy of the magazine. The two Teresian writers who published their first work, Ms. Lekshmy Das and Ms. Adithya Mohan, were honoured during the release. The release got concluded with the vote of thanks by the University Union Councillor, Maxlin.M. Maxy.



15.Deeksharambh 2021 - The Teresian Induction programme for UG Students

The online Teresian induction programme, Deeksharambh 2021, was conducted for the first year UG students from 15-17 September 2021. The induction programme was organized to inculcate in our students the ethos, core values and culture of this illustrious institution, to familiarize the students with Teresian learning and to enable every student to experience a paradigm shift, through prayer, as envisioned by our foundress.



16.Deeksharambh 2021 - The Teresian Induction programme for PG Students

The online Teresian induction programme ,Deeksharambh 2021 was conducted for the first year PG students on 20 October 2021 . The induction programme was organized to inculcate in our students the ethos,core values and culture of this illustrious institution ,to familiarize the students with Teresian learning and to enable every student to experience a paradigm shift ,through prayer ,as envisioned by our foundress.

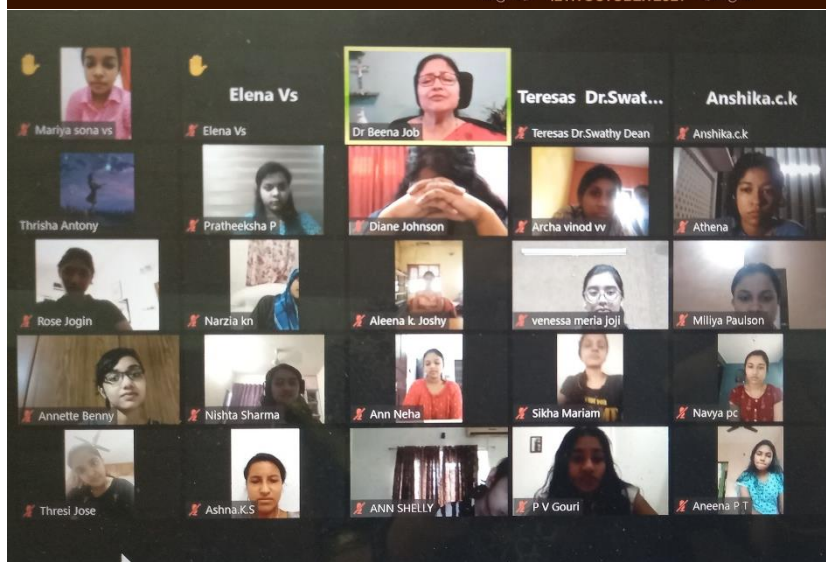


ST. TERESA'S COLLEGE (AUTONOMOUS)

Affiliated to Mahatma Gandhi University, Kottayam

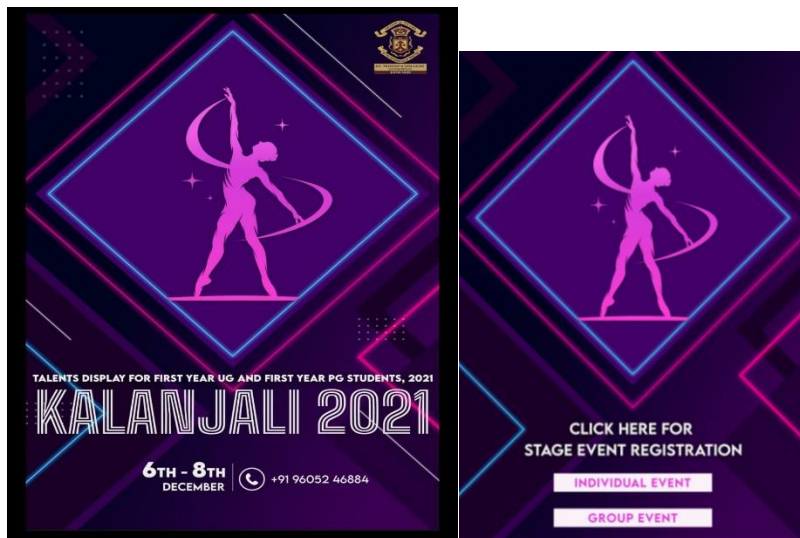


deeksharambh
TERESIAN INDUCTION PROGRAMME 2021
12TH OCTOBER 2021



17. KALANJALI 2021: Talents Display for UG Semester I Students, 2021-6-8 December

The Annual Talents display programme was conducted on the 6th, 7th and 8th of December at the Platinum Jubilee Hall for the first year students to showcase their creativity, skills and talents. The event was conducted over 3 days with students of the Science, Arts and Central Block Departments performing on the 1st, 2nd and 3rd day respectively. The students actively participated in literary, music, dance, drama, public speaking and fine arts events.



18. Victim's Rights Oath on 9th December 2021

As per direction of Kerala High Court Legal Services Committee(KHCLSC) new project- Victim Rights Centre (for vulnerable group in the society)UG and PG students express our solidarity to the theme initiated by UN to change the world by putting end to violence against women.





19.COLLEGE UNION ELECTION REPORT 2021-22

In compliance with the Rules for the Conduct of Elections to College Unions contained in the Constitution for College Unions, an election will be held to elect the following office bearers and members of the executive committee of the College Union, 2021-22.

Sl. No.	Name of Post	No. of Seats
1.	1The Chairperson	1
2.	The Vice-Chairperson	1
3.	The General Secretary	1
4.	The Councillors to the University Union	2
5.	The Editor of the College Magazine	1
6.	The Arts Club Secretary	1
7.	Representatives	1 each for each year

The office bearers are to be elected by and from the entire student community of the college.

Representatives (Sl.No.7) are to be elected by and from among the students of each year of the Degree and Post-Graduate Courses.The following is the

schedule for the election:

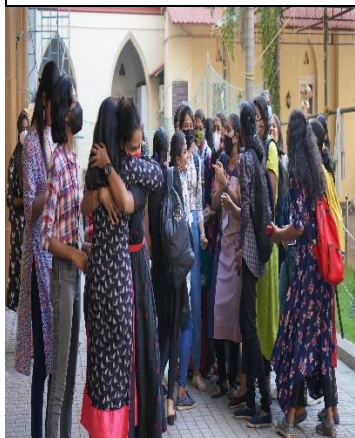
PRESIDENTIAL MODE

Sl. No.	Programme	Date
1	Date of Notification	29 th November, 2021
2	Date of Publication of Electoral Roll	30 th November, 2021; 10 am
3	Last date and hour for filing complaints regarding the Electoral Roll	30 th November, 2021; 4 pm
4	Publication of the Final Electoral Roll	01 st December, 2021; 10 am
5	Last Date and Hour for receipt of Nomination	02 nd December, 2021; 11 am
6	Scrutiny of Nomination	02 nd December, 2021; 3 pm
7	Publication of the list of valid Nominations	02 nd December, 2021; 4 pm
8	Last date and time for withdrawal of candidature	03 rd December, 2021; 11 am
9	Publication of the final list of candidates	03 rd December, 2021; 2 pm
10	Polling	10 th December, 2021; 9.30 am to 12.30 pm
11	Scrutiny & Counting of Votes	10 th December, 2021; 4 pm

RESULTS

POST	NAME OF THE CANDIDATE	CLASS
CHAIRPERSON	VARSHA VENUGOPAL	III BA ENGLISH LANGUAGE AND LITERATURE
VICE-CHAIRPERSON	MAXLIN M. MAXY	III BA ENGLISH LANGUAGE AND LITERATURE
GENERAL SECRETARY	KJB LIZBETH	III BA COMMUNICATIVE ENGLISH
ARTS CLUB SECRETARY	TEJA SUNIL	II BSC ZOOLOGY
UNIVERSITY UNION COUNCILLORS	ARUNIMA S. RAJ	III BA SOCIOLOGY
	SREELAKSHMI JAYAPRAKASH PILLAI	II B.COM CAPITAL MARKET SF
MAGAZINE EDITOR	JOVITTA CS	II BA ENGLISH LANGUAGE AND LITERATURE
NOMINATED MEMBER	NIKHITHA SUSAN NELSON	II BA ECONOMICS
SPORTS SECRETARY	KRITHI JIGNESH SHAH	II B.COM CAPITAL MARKET (SF)

I DC REPRESENTATIVE	FATHIMA NEZRIN K.N.	I BSC PSYCHOLOGY
II DC REPRESENTATIVE	MEENAKSHI DILEEP	II B.COM TAXATION SF
III DC REPRESENTATIVE	REBECCA GIGI	III BA ECONOMICS
PG REPRESENTATIVE	BERSHEBA ELSA BENNY	II M.SC PHYSICS



20. THE CAKE CHALLENGE - DECEMBER 21, 2021

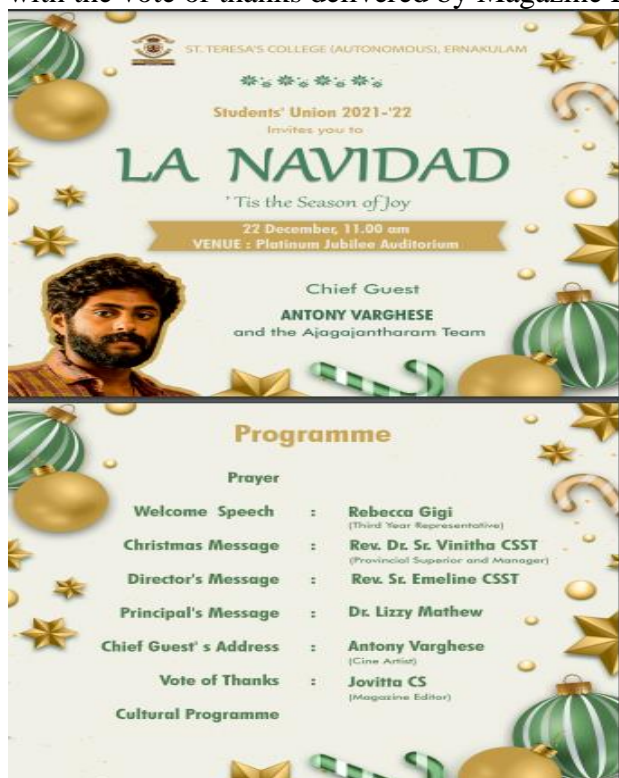
THE CAKE CHALLENGE or the CAKE CART is an initiative by the Perumbadappu Fathima Hospital to help support their Free-Dialysis program. St. Teresa's College provided ground for the flagging off of this novel project on the 21st of December. The KSRTC bus or 'Aanavandi' was flagged off by Kochi Mayor, Sri. M Anilkumar and K. J. Maxi MLA in the presence of Principal Dr. Lizzy Mathew, Fr. Anthony Thaveetil, Sri. K. S. Sabu and Mr. Sherrin Varghese. Director of the Hospital and the project's lead, Fr. Siju Joseph Paliyathara spoke on how one would be helping to provide free treatment to patients in need by purchasing the cakes being sold with the message of 'My Christmas present for dialysis patients.'



21. LA NAVIDAD- 'Tis the Season of Joy – 22nd DECEMBER, 2021

The Christmas celebration: LA NAVIDAD- 'Tis the Season of Joy was conducted on the 22nd of December 2021. Cine artist, Mr. Antony Varghese and the crew of the film 'Ajagajandharam' took on the roles of the Chief Guests for the function. Ms. Rebecca Gigi, 3rd Year Representative welcomed the gathering, following which Provincial Superior and Manager, Rev. Dr. Sr. Vinitha CSST delivered the Christmas Message. Dr. Lizzy Mathew delivered the Principal's Address and subsequently followed an interactive session with the guests hosted by Vice-Chairperson, Ms. Maxlin M Maxy and General Secretary, Ms. KJB Lizbeth. Students joined the guests on stage to drop a few moves before the official poster

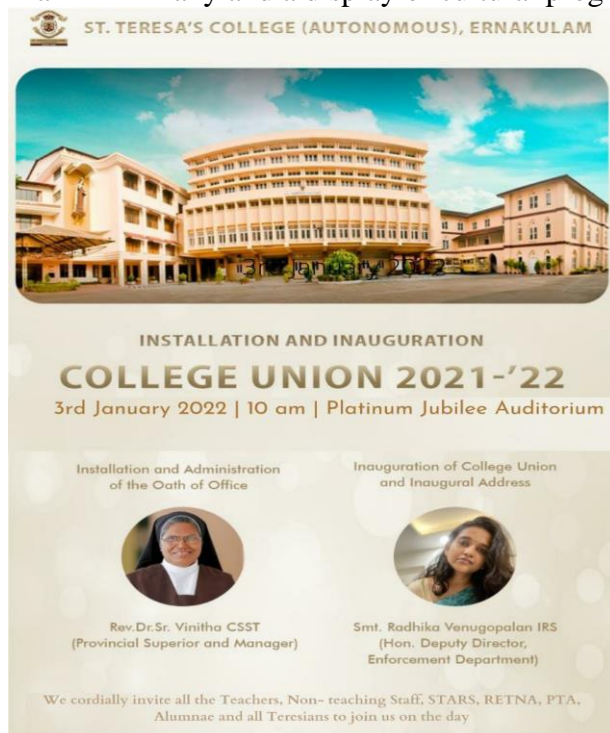
launch of the movie took place. The music, dance and fashion clubs performed the Christmas Carols, a power-packed dance performance and a Fashion Runway. The program concluded with the vote of thanks delivered by Magazine Editor, Ms. Jovitta C S.



22.UNION INSTALLATION AND INAUGURATION – 3rd JANUARY, 2022

The College Union Election was successfully conducted through the online mode wherein 27 worthy candidates had come forward to take up the 13 office-bearer posts. With much delight, the results were announced on the 10th of December.

The Installation and Inauguration of the College Union 2020-'21 was held on 3rd January 2021 at the Silver Jubilee Auditorium with Hon. Deputy Director of the Enforcement Department, Smt. Radhika Venugopalan IRS as the chief guest. Dr. Lizzy Mathew, Principal, welcomed the gathering following which Rev. Dr. Sr. Vinitha, Provincial Superior and Manager installed the College Union and unveiled the motto: "Oneness in Difference". The previous year Union Report was presented by General Secretary, Ms. KJB Lizbeth and Dr. Beena Job, Dean of Self-Financed programs, felicitated the outgoing office bearers. Arts' Club Secretary of the year 202-'21, Ms. Anna Susan Roy also spoke a few words in retrospect of having been a Union Member. Ms. Varsha Venugopal, Chairperson, delivered the acceptance speech and led the pledge. The ceremony was concluded with a note of gratitude by Vice-Chairperson, Ms. Maxlin M Maxy and a display of cultural programmes.







23. REPUBLIC DAY – 26th JANUARY , 2022

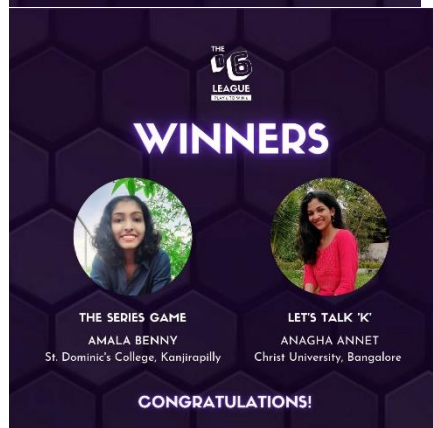
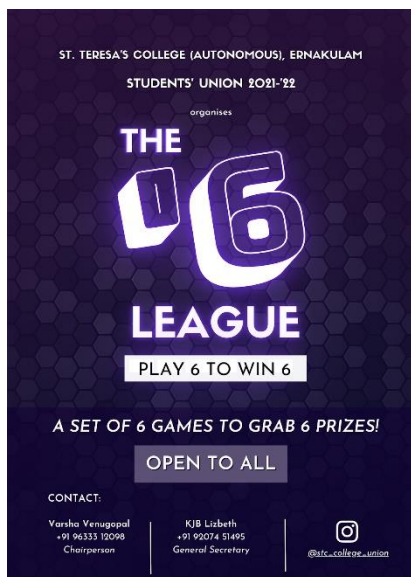
The college celebrated the 72nd Republic Day on 26th January 2022. The National flag was unfurled by the Provincial Superior and Manager, Rev. Dr .Sr. Vinitha CSST and Dr. Thomas K. M Head, Dept of Physical Education, in the presence of a representative section of teachers, non-teaching staff, students and NCC cadets.

3rd year representative, Ms. Rebecca Gigi welcomed the gathering. Rev. Dr. Sr. Vinitha, through her Republic Day message, reminded students of the importance of remembering our roots and acknowledging the sacrifices of all those who contributed to the freedom that is experienced by us today. The student choir sang a medley of patriotic songs and the program concluded with the vote of thanks delivered by UUC, Ms. Sreelakshmi Jayaprakash following which sweets were distributed to all.



24.THE '6 LEAGUE – Play 6 to Win 6 - JANUARY 26 TO FEBRUARY 14, 2022

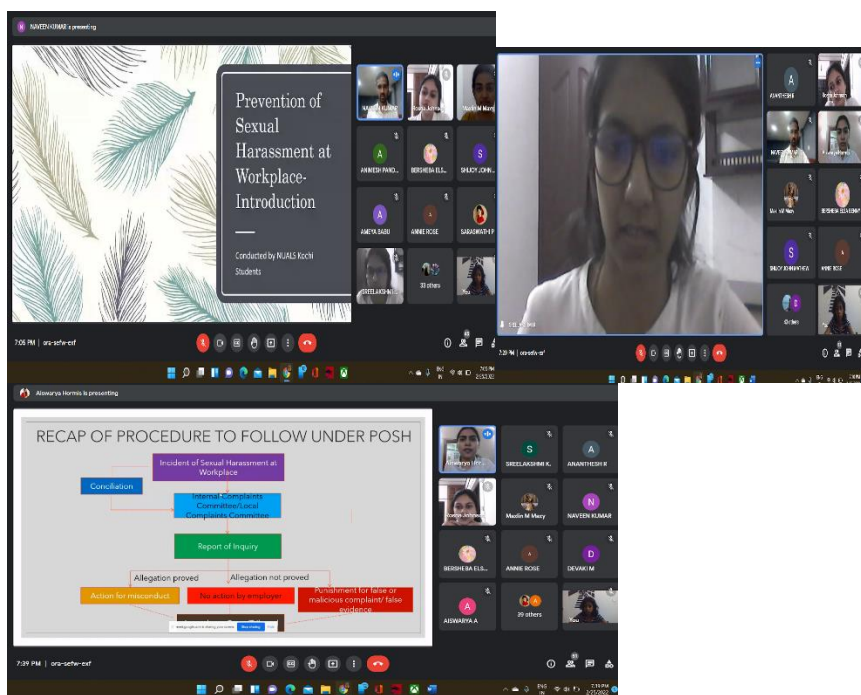
THE '6 LEAGUE- An online competition consisting of 6 events was launched by the Students' Union from 26th January till 14th February 2022. The competition consisted of music, dance, art, quiz and fashion events- My Tunes For You, Move Around Like Me, Valart, The Series Game, Let's Talk K and Style it Right. A combined number of above 100 entries were received. Results were announced on the 14th of February and the winners were:



25. PoSH Workshop: Legal Awareness - FEBRUARY 25, 2022

The Students' Union organized an online session on 'Legal awareness regarding prevention of sexual harassment at the workplace' led by final year students of The National University of Advanced Legal Studies, Kochi. The session commenced at 7 PM with Ms. Rosna Johnson welcoming the participants. The 6 speakers- Naveen Kumar, Anathesh R, Sreelakshmi K M, Aiswarya Hormis, Animesh Pandey and Shaun S George, covered various topics which come under PoSH Act.

They explained the diverse forms of sexual harassment, provisions and procedures to be followed under the Act and used case study examples to help identify instances of the same. The session was educational in equipping oneself with legal knowledge to deal with such a prevailing issue. The workshop was concluded by Vice Chairperson, Ms. Maxlin M Maxy who delivered the vote of thanks.



26.ARTS CLUB INAUGURATION - MARCH 2, 2022

The Arts Club Inauguration for the year 2021-22 was held on 2nd March 2022 at the Platinum Jubilee Auditorium. Cine Artist Mr. Vineeth Radhakrishnan was the Chief Guest. Chairperson Ms. Varsha Venugopal welcomed the gathering, followed by the presidential address by Rev. Dr. Sr. Vineetha CSST, Provincial Superior and Manager. The Arts Club Report was presented by Arts Club Secretary, Ms. Teja Sunil. Sri. Vineeth Delivered the Inaugural Address and Dr. Lizzy Mathew rendered the Principal's Address. The formal Function concluded with the vote of thank by Nominated Member, Ms. Nikitha Susan Nelson.

The theme selected for the year's function was Navarasa and an array of cultural programs were performed accordingly. The performances also paid focus to bringing socially relevant topics such as discrimination against gender minorities and stigmatization of mental health issues to the limelight and were attributed a different color theme according to the bhava portrayed. Performances included dances of various styles, musical stages, a monoact and a runway.

ST. TERESA'S COLLEGE (AUTONOMOUS), ERNAKULAM

ARTS CLUB INAUGURATION 2021-'22

2nd March 2022 | 11.00 am | Platinum Jubilee Auditorium

CHIEF GUEST



Sri. VINEETH RADHAKRISHNAN

We wholeheartedly invite all the Teachers, Non-teaching Staff, STARS, RETNA, PTA, Alumnae and Teresians to join us on the day.

PROGRAMME

PRAYER

WELCOME ADDRESS : MS. VARSHA VENUGOPAL
(CHAIRPERSON)

PRESIDENTIAL ADDRESS : REV. DR. SR. VINITHA CSST
(PROVINCIAL SUPERIOR AND MANAGER)

PRINCIPAL'S ADDRESS : DR. LIZZY MATHEW

ARTS CLUB REPORT : MS. TEJA SUNIL
(ARTS CLUB SECRETARY)

ARTS CLUB INAUGURATION & INAUGURAL ADDRESS : SRI. VINEETH RADHAKRISHNAN

VOTE OF THANKS : MS. NIKHITHA SUSAN NELSON
(NOMINATED MEMBER)

CULTURAL PROGRAMMES

NATIONAL ANTHEM

Our beloved director Rev. Sr. Emeline CSST shall grace the occasion.





27. WOMEN'S DAY CELEBRATIONS - MARCH 8, 2022 -BreakTheBias Contest

The Students' Union joined hands with Jain University Online and Radio Mirchi to celebrate International Women's Day by participating in the #BreakTheBias contests. The competitions were organized on 8th March 2022 from 8:45 to 9:30 AM at the campus grounds. Events included: Thank a woman/man where the participants will have to thank a man or woman in their life with a 1 minute long-speech, a flash mob and Picture with Slogan where participants had to take a photo with slogans celebrating women empowerment. Students actively participated in all 3 events.



28. 'ANGANA' INAUGURATION- MARCH 8, 2022

'Angana' is an initiative by the Vaidyaratnam Group which brings in the goodness of Ayurveda for ensuring emotional and health care support to adolescent girls along with encouraging their empowerment. The Ernakulam District Level Inauguration was conducted at the Sr. D'Lima Seminar Hall of St. Teresa's College on the 8th of March 2022. Vice-chairperson, Ms. Maxlin M Maxy hosted the function which commenced at 2:30 PM. Shri. Sreejith Unni, Senior Sales Manager, Vaidyaratnam Aushadhashala welcomed the gathering. Principal, Dr. Lizzy Mathew presided and Councilor Mr. Manu Jacob offered felicitations. A health awareness seminar led by Vaidyaratnam Senior Physician Dr. G Vishnu followed next. The function came to a close with the vote of thanks delivered by Ms. Rosemary Francis, Dean of Student Affairs.

29. TGIT - Thank God It's Thursday! - MARCH 10, 2022

The Students' Union organized a recreational event for the students on the 10th of March 2022 named TGIT- Thank God It's Thursday. The event featured performances by DJ Savyo, Barrechord. The highlight of the event was the stage by rappers MC Couper and Fejo along with the appearance of cine artist Tovino Thomas, as a part of the film crew of 'Naradan'.



30.FELICITAS - Farewell to the Retiring Teachers - MARCH 22, 2022

The Students' Union bid adieu to the retiring faculty of the college by organizing FELICITAS - the Farewell function for the retiring teachers, Principal Dr. Lizzy Mathew and Prof. Dr. Latha Nair R, Head of the Department of English Literature on the 22nd of March 2022 at the Platinum Jubilee Hall. Ms. Meenakshi Dileep, II DC Representative, delivered the welcome address. Provincial Superior and Manager, Rev. Dr. Sr. Vinitha CSST presided over the function after which a felicity prayer was recited by the student members of the Teresian Jesus Youth. Dr. Sajimol Augustine, Senior Administrator, offered felicitations. Dr. Liza Jacob, Dr. Priya k Nair, Ms. Jennath Shrin and Ms. Shaeen Nasser - student and faculty members of the departments of Botany and English Literature spoke of their memories with the dear retiring staff, conveying well wishes. The teachers were presented with pencil portraits and a Budhha statue as a token of love and gratitude for their dedicated service and as a symbol of wishing them peace and happiness for their retired life.

Retrospectively speaking, Chief Guests of the day, Dr. Lizzy and Dr. Latha recollected the decades that they spent at this institution. Ms. Krithi Jignesh Shah, Sports Secretary, delivered the vote of thanks followed by cultural programs incorporated with the retiring teachers' favorites.



31.KAIROS - Hail the Horizon - MARCH 31, 2022

The Students' Union organized KAIROS - the farewell function for the graduating batch of UG and PG students on the 31st of March 2022 at the Platinum Jubilee Auditorium. The program began at 11:30 AM with the welcome address delivered by III DC Representative, Ms. Rebecca Gigi. Rev. Dr. Sr. Vinitha CSST and Principal Dr. Lizzy Mathew delivered the Presidential Address and Principal's Address. Dr. Beena Job, Dean of Self Financed Programs offered a prayer service for the students. The JNB scholarships as well as the amount collected as part of the **10 Rupee challenge** to help a fellow student in need of financial aid was presented next.

The program was concluded with the vote of thanks by Ms. KJB Lizbeth, General Secretary.



32. MGU YOUTH FESTIVAL - APRIL 1 to APRIL 5, 2022

The Mahatma Gandhi University Youth Festival took place from the 1st to 5th of April 2022 at Pathanamthitta. The college participated in 36 individual events and won 6 prizes and A grades for over 10 events, securing the 9th position in the overall college-wise ranking. The results are as follows:

1st Place

1. Teja Sunil- Bharatanatyam
2. Teja Sunil- Keralanadanam
3. Niza Kaladharan- Collage
4. Amrutha Varsha K- Kadhaprasangam

2nd Place

1. Niza Kaladharan- Poster Designing

3rd Place

1. Sneha P- Mono Act

A Grade

1. Amrutha Varsha K- Kathakali
2. Anna Merin Easo- Kavithaparaayanam
3. Samanwitha Prashanth- Light Music Solo (Female)
4. Nelofar TA- Poetry Recitation(English)
5. Kirti Yadav- Poetry Recitation (Hindi)
6. Esha Ann Paul- Western Vocal
7. Gowri Murali- English Elocution
8. Meghna Murali- Malayalam Elocution
9. Merrine Mercy- Stringed Instrument (Western)
10. Pavithra Padmakumar Menon- Classical Music (Female)

