



ST. TERESA'S COLLEGE (AUTONOMOUS) ERNAKULAM

NCC

REPORT OF ACTIVITIES: 2019-20

Teacher In-charge

Capt. Dr. Seleena K.V

Student In-charge

Haritha Harish

ACTIVITIES

Yoga Day

- NCC unit of St Teresa's college observed International Yoga Day on 21st June, 2019.
- A combined yoga class was organized at Maharajas College Auditorium.
- Cadets also presented a demonstration session on various asanas at the college.



Rank issuing ceremony

- Conducted on 26th June, 2019.
- Cadets were issued new ranks for the year 2019-20.
- Haritha Harish was ranked as the Senior Under Officer



Anti-Narcotics day

- Was observed on 26th June, 2019.
- Cadets made posters and a rally was conducted to create awareness.



Selection of first years

- 58 cadets were selected to join the college NCC unit based on their drill and cultural talents.
- The selection was conducted by the PI staffs and the ANO Cap.Dr. Seleena K.V

College Union Inauguration

- As part of the college union inauguration on 29th July, 2019 the NCC cadets undertook the discipline duty.
- The cadets also provided piloting for the Chief Guest Sri.S.Suhas IAS.

Independence Day Celebration

- 73rd Independence Day of India was celebrated by the NCC unit of St. Teresa's college on 15th August, 2019.
- The National Flag was hoisted and cadets performed cultural programmes.
- 10 cadets attended the ID parade at Kakkannad and their platoon bagged the first prize for the best platoon.



NAAC Visit

- The National Assessment and Accreditation Council (NAAC) visited St Teresa's College on 5th and 6th of August 2019.
- NCC cadets provided the Guard of Honour for the NAAC peer team.
- Cadets also helped to maintain discipline among the students, provided piloting for the peer team and engaged in cleaning activities.
- The NCC unit of the college is proud to be a part of the efforts behind the A++ Grade secured.



NCC Day

- Fourth Sunday of November is celebrated as NCC day every year.
- This year on 24th of November the college NCC unit celebrated the day with various competitions like poster designing, group discussion, quiz and NCC song competition, all pertaining to the role of NCC.



World Aids Day

- World Aids day was observed on 5-12-2019 by upholding the theme “Communities make the difference”.
- The cadets made posters, presented drama and discussed about the role played by the society on the mental health of people affected with aids.



Plogging

- A plogging drive was organized by 21 <K> BN NCC on 7-12-2019.
- The cadets of St Teresa’s college unit collected plastic waste materials from roadsides at Broadway, Ernakulam.



Personal Hygiene Day

- Personal Hygiene Day was observed on 7-12-2019
- The cadets were aware of the necessity of personal hygiene and ways to ensure it.
- All cadets pledged to maintain hygiene and hence become a role model to others.



Discussion on clean city

- A discussion was conducted on the topic what can I do to keep my city clean.
- ANO Cap.Dr. Seleena K.V addressed the cadets and shared her suggestions
- Cadets also put forward their views on the topic.



Army Day

- Army Day was celebrated on 15th January, 2020
- Cadets conducted a collection drive and collected more than Rs.7000/- which was contributed towards

Farewell

- The farewell function for the passing out batch of 2017-20 was conducted on 26th February, 2020 Wednesday.
- For the senior cadets, it was a day to recollect the memories of 3 yearlong NCC journey.
- All of them shared their experiences regarding what the organization of NCC meant to them and how much it has helped them grow stronger physically, mentally and emotionally.



ACHIEVEMENTS

INTERNATIONAL LEVEL

- SUO Haritha Harish was the only cadet from Kerala to take part in the most prestigious Youth Exchange Programme 2019, organized by NCC at Russia



NATIONAL LEVEL

- Sgt. Bhavana S Pai was one among the three cadets selected from 21<K> BN NCC to take part in the glorious Republic Day parade 2020 at New Delhi. She was also selected as All India

Best Cadet 2020 (Gold medalist). She is the first ever SW cadet from Kerala and Lakshadweep Directorate to conquer this huge achievement.



• JUO Evita Emmanuel and CQMS Kezhia Koshy took part in the Ek Bharath Shresht Bharath (EBSB) camp that was held at Rajasthan. It was an opportunity for cultural exchange and harmony.



· Sgt. Nayana M.B attended the National Integration Camp (NIC) at Thrissur, Kerala.

