



ST. TERESA'S COLLEGE (AUTONOMOUS) ERNAKULAM

STUDENT UNION

REPORT OF ACTIVITIES: 2020-21

Teacher In-charge

Dr. Usha Nair

Dr. Alphonsa Vijaya Joseph

Student In-charge

Rachel Varghese

ACTIVITIES

INDEPENDENCE DAY CELEBRATION: AUGUST 15TH, 2020

On 15th August, 2020, the Director, Principal, Deans, faculty members, the student union and the NCC cadets assembled in the college as per the Government regulations pertaining to COVID conditions. The National Flag was hoisted at 9 am by the Director, Rev. Dr. Sr. Vinitha. The NCC Cadets performed the honors. The Director and the Principal, Dr. Lizzy Mathew delivered Independence Day messages and the program was live streamed through the Google Meet platform.



ONAM CELEBRATIONS: SEPTEMBER 6TH, 2020

St. Teresa's College celebrated Onam virtually with the program E-Onam on 6th September 2020. The celebration was uploaded on the College YouTube channel. The chief guest, popular Malayalam actor Indrajith Sukumaran delivered an Onam message that was filled with positivity and gave everyone a renewed sense of hope during these difficult times. The programs included a beautiful Onam song by singer Siddharth Menon, a mesmerizing Onam Group song performance by Tessa Chavara and team. As part of the celebrations, online competitions were conducted as well to keep the Teresian spirits high and rising. The competitions included Malayali Manka, Ezhuthonam (writing competition) and LoL Onam (meme making competition).



DEEKSHARAMBH, 2020: THE TERESIAN INDUCTION PROGRAMME FOR UG AND PG STUDENTS I YEAR STUDENTS

The online Teresian Induction programme, Deeksharambh 2020 was conducted for the First year UG students from September, 14th to September 17th, and for the I year PG students on October 20, 2020, on the Cisco Webex Online platform.

The induction programme was organized to inculcate in our students, the ethos, core values and culture of this illustrious institution, to familiarize the students with the Teresian Learning and to enable every student to experience a paradigm shift, through prayer, as envisioned by our foundress.

ST. TERESA'S COLLEGE (AUTONOMOUS)
 Affiliated to Mahatma Gandhi University, Kottayam



deeksharambh
 TERESIAN INDUCTION PROGRAMME 2020
 14-17 سبتمبر 2020

The Director, Principal, Staff and students heartily welcome the new members of our Teresian family - the UG students of 2020-2022 batch. We invite the students and parents to join at for the Teresian Induction Programme- DEEKSHARAMBH 2020.

Objectives of the programme

- To introduce to our students the ethos, core values and culture of the Teresian Institution with its rich and glorious traditions of service since 1922.
- To familiarize the students with the Teresian Learning Environment so that it will help both the teachers and students to set the pace of their teaching learning experience.
- To enable every student to experience a sunrise of life, through prayer, to be set free from the knowledge and problems of the past, to accept the reality of their present lives so that they move ahead towards the future with hope and confidence.

While we will miss seeing you in person, we have created an online programme that includes all the information you would have received in person and so much more!



ST. TERESA'S BRIDGE
 AUTONOMOUS COLLEGE, KOTTAYAM
 14th Avenue, Marthoma Cross, Kottayam
 Ph: 0484 2534373

KALANJALI 2020: Talents Display for UG Semester I students, 2020

The Annual Talents display programme was conducted on the virtual platform for the first year new students to showcase their creativity, skills and talents. The students actively participated in literary, music, dance, drama, public speaking and fine arts events.



Talents Display
 for UG Semester I students, 2020



St. Teresa's College has always been blessed with an exceedingly talented bunch of students. The Annual Talents display programme is a platform we offer each year to our new students to share their creativity, skills and talents. The Teresian family is delighted to welcome and encourage our new artists who are ready to grace the stage, this time on virtual platform. The major categories that students have to choose from include the following:

Last date for registration:
 October 9, 2020

ECSTA 2020- Season of Ecstasy to encounter the Adversity – January 1st, 2021

‘ECSTA 2020 - Season of Ecstasy to encounter the Adversity’, a Virtual Christmas Celebration was organized on the 1st of January 2021 with Dr. Divya S Iyer IAS was the chief guest for the function. The competitions conducted were Christmas Bash (a group video competition on Christmas themes) and Yummy Snap (food photography competition).



UNION INSTALLATION AND INAUGURATION – JANUARY 19th, 2021



It was with a great sense of accomplishment that St. Teresa's College announced the successful conduct of the College Union Elections, 2020 completely on online mode. 55 worthy candidates willing to take up leadership positions gave their nominations for the 13 posts in the college union. The faculty of the Department of Computer Applications under the leadership of the Head of the Department, Ms, Raji S. Pillai deserve the credit for initiating and establishing this system of voting in our campus.

The Installation and Inauguration of the College Union 2020-'21 was held on 19th January 2020 at the Silver Jubilee Auditorium with PADMABUSHAM DR. KAMAL HASSAN as the chief guest on the virtual platform. The welcome address Dr. Lizzy Mathew, Principal, welcomed the gathering and the Installation of College Union & unveiling of Motto was performed by Rev. Dr. Sr. Vinitha, Provincial Superior and Manager. Cultural programs were also conducted.



REPUBLIC DAY - January 26th, 2021



The college celebrated the 72nd Republic Day on 26th January 2020. The National flag was hoisted by the Provincial Superior and Manager, Rev. Dr .Sr. Vinitha, and Principal, Dr. Lizzy Mathew, in the presence of a representative section of teachers, non-teaching staff, students and NCC cadets. Rev. Dr. Sr. Vinitha reminded the students that the Nation is in our hands and it is time to articulate our



KOCHI ONE CARD – KOCHI METRO RAIL LIMITED - FEBRUARY 4th, 2021



KOCHI ONE CARD –An Initiative of KMRL was launched on the 4th of February at St. Teresa’s College, Ernakulam. It is an offer introduced for the women in Kerala, who are 18 years and above. The Key note address was delivered by Mr. Alkesh Kumar Sharma IAS, Managing Director, KMRL. The offer was launched officially by handing over the card by MD of KMRL to the Principal of the college. Ms. Niranjana Anoop, actress addressed the gathering and distributed the cards to the students .

NAVAKERALAM YUVAKERALAM - 8th February, 2021



'Navakeralam - Yuvakeralam' conducted on 8th February 2021 at the MG University Campus, Kottayam is an initiative of the Government of Kerala to involve young minds in State Development, especially in the field of education. Students were invited to suggest ideas related to the same with possible solutions which the government can implement.

Two union members, Niranjana R, Chairperson and Maxlin. M. Maxy, UUC of St. Teresa’s College suggested effective ideas that were put forth by the students of the college to the Honourable Chief Minister of Kerala. All other Union members, teachers and students joined online through platforms such as Facebook and YouTube.

INTERACTIVE SESSION WITH DR.SHASHI THAROOR - 15th February, 2021



‘In conversation with Dr. Shashi Tharoor’ was held on 15th February at St. Teresa's College. Shri Hibi Eden, MP was also present for the event. Shri. Hibi Eden urged the youth of Kerala to put forward their suggestions that could be implemented in the country for overall development. Dr. Shashi Tharoor answered the queries and suggestions put forth by th



the students. The areas of discussion varied from the central to the local government, covering various sectors like Education, Environment, Transport, Finance, IT, Agriculture, Tribal community development, Gender issues and Women Empowerment.

NIRMANA



A series of workshops to enhance skills under the guidance of eminent Teresian Trainers was held as three editions.

The inaugural workshop was held on 13th of February on the topic “Improving your English accent and Pronunciation” by Dr. Beena Job, Associate Professor and Head of the Department of English.

On the 6th of March, a Freestyle Choreo workshop was conducted by The Siren Squad under the guidance of Ms. Aswini and Ms. Priya, students of the College.

On the 7th of March, a Bollywood Choreography workshop was conducted by Ms. Anagha Maria, in the forenoon session and a Self defense class by Ms. Renshi Suma A S of Hind Shito Ryu Karate Team, Kakkanad in collaboration with Commonwealth and National Karate participants.

The Third session of Nirmana was conducted on the 12th of March as an online workshop for women on the topic “Eat, Move and Be Healthy” and it was exclusively for the teachers of St. Teresa's College. The resource person was Ms.Shiny Surendran, a renowned Dietician and Nutritionist.

ARTS CLUB INAUGURATION – March 22nd, 2021



The Arts Club Inauguration of the year 2020-21 was held in the college on March 22nd, 2021 in the Platinum Jubilee Auditorium. The activities of the Arts club was inaugurated by the Chief Guest Padma Bhushan Sri. Mohanlal and Music club was inaugurated by Padma Bhushan Smt. K.S Chithra through the virtual platform. The cultural programmes conducted were a fusion of both Indian arts forms and the Western forms and was well appreciated by the audience.

INTERACTIVE SESSION WITH RAHUL GANDHI – March 22nd, 2021



Prominent leader and MP Mr. Rahul Gandhi visited St. Teresa's College for an interactive session with students on 22nd march 2021. The session was conducted in the Platinum Jubilee Auditorium. An interactive session with Mr. Rahul Gandhi and the students was conducted. Shri Rahul Gandhi commented upon the cause that our institution stands for, which is women empowerment and said that it is one of the changes that he envisages in our country. He said that women are stronger than men and it is very important for women to realize their inner strength. An Aikido principle was also demonstrated upon the request of a student by him which was definitely a unique experience to the students. The session ended with a reflection on the importance on positioning ourselves properly in the society.

GODSPEED- THE RETIREMENT FUNCTION, MARCH 30, 2021

The Retirement function for the eight retiring faculty of the year 2020-21 was held on March 30th 2021 in the Platinum Jubilee Auditorium. The eight retiring faculty were Dr. Tessy Anthony C, Dr. Beena Job, Ms. Arthassery Magdalene, Dr. Geetha Andrews, Dr. Romilly Margaret Mendez, Dr. Thara Sebastian, Dr. Nirmala Padmanabhan and Rev. Sr. Ashritha.

