







HANDBOOK AND CALENDAR

2020-2021

ST. TERESA'S COLLEGE

(AUTONOMOUS)

Park Avenue Road, Ernakulam, Kochi-682 011

College with Potential for Excellence - UGC
Re-Accredited by NAAC with A++ GRADE (Cycle 4)

DST FIST supported DBT Star College

47th Rank in NIRF Ranking 2020



Affiliated to Mahatma Gandhi University, Kottayam

ST. TERESA'S COLLEGE

(AUTONOMOUS)

Park Avenue Road, Ernakulam, Kochi-682 011.

**(College with Potential for Excellence - UGC
Re-Accredited by NAAC with A++ Grade CGPA 3.57 (Cycle 4))**

Affiliated to Mahatma Gandhi University, Kottayam.

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PERSONAL RECORD

Name :
Programme of Study :
Register Number :
Father's Name :
Occupation :
Office Address :

Mobile No. :
Mother's Name :
Occupation :
Office Address :

Mobile No. :

Residential Address :
Phone Number :
E-mail :
Temporary Address :

Hostel/ Paying Guest :
If yes, address of the same &
Phone No.

Guardian's Name with Address &
Phone No. :
Blood Group :
Contact Telephone Numbers :

PREAMBLE (Constitution of India)

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure to all its citizens:

JUSTICE, social, economic and political;

LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity; and to promote among them all FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this 26th day of November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.



COLLEGE EMBLEM

The Crown in the College Emblem represents Our Lady, Mother and Queen of Carmel. The cross at the centre represents Mount Carmel, which is the symbol of prayer and contemplation. The open ends of the cross indicate that Carmelites embrace the whole world with prayer and works of penance. The three stars represent the three epochs in the history of the order. The first star placed in the grotto of the mountain signifies the prophetic era, the second and the third stars rising above the mountain signify the Greek and Latin eras. The verse in the college emblem **“The Fear of the Lord is the Beginning of Wisdom”** is from the Book of Proverbs 9:10. The verse is a reminder to teachers and students that true wisdom comes from God and is given to those who have reverential love for God.



ST. TERESA'S COLLEGE
(Autonomous), Ernakulam

COLLEGE PRAYER

God our loving Father we worship You
In this temple of learning

You are the source of light
Fill us with your spirit of wisdom
To think, to learn and to grow in knowledge
To reach the inner mystery of all sciences
That gives true purpose to our lives.

Guide our growing maturity
Teach us to apply knowledge and skill
In the larger interest of our country

Touch our hearts with your gentle love
And change our selfishness into self giving
So that we love and serve you all our days
In our brothers and sisters.

Asathoma Sat Gamaya
Thamasoma Jyothir Gamaya
Mrithyorrna Amritam Gamaya.



TERESIAN ANTHEM

We are the voice of truth and light
We are the ones who make tomorrow come alive
Teresians rise

We have the power to change the world
And on the wings of truth we'll rise up to the skies
Teresians rise

Step by step, day by day
We're moving on against all odds Free from fear, free of chains
We're marching on to the light

We are the stars, we're shining bright
We take victory and success in our stride
We are the stars, we're shining bright
We reflect the glory of our God on high

Teresians rise...

Around the world, across the lands
We'll make a difference through the way we live our lives
Teresians rise

We move ahead in love and peace
And raise the banner of integrity and faith
Teresians rise



PRAYER TO ST. TERESA, OUR PATRON

1. Thy watch word e'er hath been
Let nothing trouble thee,
Teach us what things may seem
In the light of eternity.

Chorus : Victim of Charity,
Our souls with love inspire.
May we with thee e'er yearn
To suffer or to die.

2. Blessed messenger of peace,
Soothing the troubled heart
Bidding all fears to cease
For all things pass away (Ch)
3. When wild temptation rage,
And trouble the soul,
Thou bid'st lift our gaze
To our eternal goal. (Ch)
4. Let naught affrighten thee
Rings out in accents dear,
His will in all things see,
His love fails not in fear (Ch)
5. Dear Saint when life shall fail,
Lead thou thy Clients home.
When earth's false radiance pales
Take us with thee above (Ch)

PATRONESS OF THE COLLEGE



The College is named after St. Teresa of Avila. Though a saint of the 16th Century, St. Teresa is a model for the youth of ages and time. Her teachings form the basis of Catholic Spirituality. She lived the life of a contemplative nun and was ennobled with the title “Doctor of the Church”. Allison Peers, who has translated her autobiography remarks, “Her purely human qualities and gifts, the saintliness of her life, the naturalness and candor of her manner and style, are some of the reasons why her name is not only graven upon the enduring marble of history but taken on the lips of generation after generation with reverence and love.”



ST. TERESA'S COLLEGE
(Autonomous), Ernakulam

OUR FOUNDRRESS, SERVANT OF GOD Mother Teresa of St. Rose of Lima



1858-1902

A Visionary and an Educationist

Founded our Congregation on 24-04-1887

Mother Teresa of St. Rose of Lima was born as Mary Grace D'Lima on 29th January 1858, in Chennai. Her humble beginning was by no means a prelude of what was to come. An extraordinary human being, she felt that the path to women empowerment was through education. Indeed, it is this vision of hers that helped shape and mould the lives of many generations of women.

Mary Grace realized that her life's mission was to provide education to women. Her zeal and dedication was extraordinary and resulted in her being given charge of St. Joseph's School for girls in Alappuzha at the tender age of 21. It was while working with the Carmelite Missionaries,



that she received her calling. She went on to become a Carmelite Tertiary, taking the name of Sr. Teresa of St. Rose of Lima. By the age of 29 she was given the directive to form a convent and an English medium school for girls in Ernakulam. Her social conscience never wavered and the next 15 years were ground breaking. She founded a community of Carmelite Religious, started three schools, including an industrial school for orphaned children, launched programmes for destitute women and children besides starting a home for the aged and a dispensary.

Mother Teresa rose to every challenge and test that God put before her and saw in each difficulty an opportunity to serve her fellowmen better. She gave help in whatever manner she could when natural calamities struck. In an effort to aid the Government, she initiated the Famine Relief Programme in Ernakulam in 1897, and instigated the practice of offering Holy Mass in the Sub-Jail.

Though Mother Teresa passed away in a tragic and untimely accident in 1902, her Legacy continues through each one of us!



ST. TERESA'S COLLEGE
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VISION

St. Teresa's College envisions a life oriented education that empowers students to respond proactively to social concerns and work for the integrity of creation, thereby building a civilization of love and advancing the Kingdom of God as envisaged by the foundress, Mother Teresa of St. Rose of Lima.

MISSION

1. To promote a College/Community/Society/Nation where spiritual, moral, and genuine human values are lived and witnessed.
2. To contribute to the transformation of society through an openness to reality and living the challenges of being socially conscious and socially responsible.
3. To synergize women and those prevented from exercising their right to be human, through enlightening them regarding their basic human rights and helping them to achieve the same.
4. To promote inter-cultural and inter-religious harmony and communion through promoting genuine dialogue, whereby we work together for the common good of the human family.
5. To facilitate leadership among the students enabling them to be genuinely others centered, proactively enthusiastic, and spiritually and socially motivated towards individuals, groups and social liberation.
6. To provide quality, integral education which is life, vocation and career oriented.
7. To work towards the integrity of creation by being conscious of and alert to the state of devastation and destruction of creation and the serious perils that humankind is plunged into. We promote programmes/movements that foster inter-connectedness, kinship and eco-justice.
8. To recognize the advantage of using modern tools and technological innovations for teaching-learning and governance and its visible impact in empowering students.



GOAL

St.Teresa's, a premier Catholic Institution of higher education for women, provides university education in a Christian atmosphere. The College aims at the integral formation of **“Intellectually creative, Emotionally mature, Morally responsible, Spiritually enlightened, Socially committed and Truly liberated”** young women who will reposition themselves as self-reliant and responsible individuals, who would transform society. The mutual trust and cordial relationship of the college community contributes to the effective realization of our goal - an “empowered woman” who would fearlessly chart the journey of her life.



ST. TERESA'S COLLEGE
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ST. TERESA'S COLLEGE (AUTONOMOUS), ERNAKULAM

A BRIEF ACCOUNT

St.Teresa's College Ernakulam is a Catholic institution of higher learning for women. It was established in 1925 by the Carmelite Sisters of St. Teresa under the leadership of Mother Teresa of St. Rose of Lima, the foundress of the congregation. Mother Foundress envisioned an educational institution that would be a home, inspiration and guiding force to mould, enlighten and empower generations of women. The college is proud of and faithful to the vision of its initiator and is committed to women empowerment through excellence in teaching, learning and research. The college is a minority institution, but, it has an all-India and all-denomination membership; and has students and teachers from various communities, different parts of India and even abroad. The "Fear of the Lord is the Beginning of Wisdom" is the motto of the college.

St.Teresa's College is the first women's college in Cochin and the second in the state of Kerala. It holds the honour of being the first aided college for women in the state. St. Teresa's was first affiliated to Madras University, and later to Kerala University. With the establishment of Mahatma Gandhi University in 1983, it became one of its affiliated colleges. It was started in 1925 and the first Principal was Rev.Sr. Beatrice.

Mother Digna, the illustrious Principal of the college for 27 years, between 1944 and 1976 was instrumental in transforming the College into a reputed academic institution and into a much sought after destination for higher education for women. The dazzling vision and prudence coupled with unswerving devotion and dedication of all the Principals and Managers, who took the mantle of the college after Mother Digna, further expanded the horizon of the college. Under them the college grew in size and stature. Presently, Rev. Sr. Chris, CSST, the Superior General of the CSST Congregation is the President of the Governing Body of the College, Rev. Sr. Rose Margaret CSST, the Provincial Superior is the Manager, Rev. Dr. Sr. Celine E. (Dr. Sr. Vinitha) CSST is the Director and Dr. Lizzy Mathew is the Principal of the College.

With state of the art facilities, dedicated faculty and with a unique blend of intellectual rigour and ethical trust, St. Teresa's college has been recognized many a time for its adherence to high standards of quality and excellence. It was accredited by the NAAC at 'five star' level in 1999 and re-accredited in the 2nd cycle at 'A' level in 2006 and in the 3rd cycle with CGPA 3.40 in 2012. In the



year 2010, the University Grants Commission recognized St. Teresa's as 'College with Potential for Excellence'. In the year 2014, the UGC conferred Autonomy to the college. The College got reaccredited by NAAC with A++ Grade and CGPA of 3.57 in fourth cycle in August 2019. The College has taken a giant leap from the 64th position in 2019 to secure the 47th position among Colleges in NIRF ranking 2020.

The high standards maintained by the college in terms of research have ensured regular funding from various agencies. In 2012 five science departments of the college were recognized by DST-FIST. In 2017 five departments of the college were awarded financial support under the DBT Star College Scheme.

With three campuses in the heart of Cochin city: the Arts Block in the main campus on Park Avenue Road, the Science Block on T.D. Road and Central Block on Market Road, St. Teresa's College, offers 24 undergraduate programmes which include two vocational courses and 21 post graduate programmes. It also offers 1 UG Diploma programme under the Community college and 3 PG Diploma programmes. 7 Post Graduate departments are M.G. University Research Centres offering 7 Ph.D programmes. Participation of students in extra-curricular activities is expected and encouraged to ensure that education at St. Teresa's is a total learning experience. The college also has the following bodies functioning under it, which adds to its strength: Women's Study Centre, Teresian Institute of Computer studies, Continuing Education Centre of Govt. of Kerala, and IGNOU Study Centre.

St. Teresa's college has the distinction of securing awards and honors for its outstanding performance consistently. All through the years, it has been securing the highest number of ranks, distinctions, first classes and pass percentage at the Mahatma Gandhi University Examinations. It was the first recipient of the prestigious and highly coveted R. Shankar award given to the Best College in Kerala for all round excellence. The College was privileged to be conferred with the same award in 1996-97, 1998-99 and 2001-02. The college received the Rajiv Gandhi Award for the Best College in Kerala in 1999. The college also received the Fr. Joseph Thannippara Educational Trust Award for the Best Women's College in the State of Kerala in 2001 and 2002 consecutively. The College received the Best College Award from the Xavier Board of Christian Higher Education in 2007-2008 and the Mother Teresa Award for Educational Excellence and the Rajiv Gandhi Campus Cultural Forum Award for Best College in 2009. In 2013, the college was awarded the VIT Award for the best arts and science college in South India. In the year 2014 the college also received the National award on e-governance for the e-Jalakam project of the Economics department. The college was honoured



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with the Paristhithimithra Award instituted by CEERD, St. Stephen's College, Uzhavoor and Suchitwa Haritha Award instituted by Mithradam and Rajagiri outreach in 2015-16. In 2016-17, the Lioness Board of the Lions Club International selected St. Teresa's College as the 'Best College Supporting Women's Education in Kerala.'

The College bagged Kerala State Energy Conservation Award 2018 and Kerala State Renewable Energy Award 2018 Commendation Certificate instituted by Government of Kerala for the initiatives towards popularisation of renewable energy. It also won National Energy Conservation Award 2019 instituted by Ministry of Power, Govt. of India for all the energy conservation initiatives under I CONNECT.

It was also identified as a mentor institution for UGC's PARAMARSH Scheme to mentor seven non-accredited institutions by 2022. St Teresa's college is a RUSA beneficiary institute under the Rashtriya Uchchatar Shiksha Abhiyan (RUSA). It is a Centrally Sponsored Scheme (CSS), launched in 2013 which aims at providing strategic funding to eligible state higher educational institutions. Our college has been allocated Rs 2 crore under this plan by RUSA for the future development needs in terms of the Master Plan of the College.

The green activities of the Bhoomitra Sena Club (BMC) of the college, including its green protocol serve as models for other institutions and have won accolades from various agencies over the years the latest ones being best Club award amongst colleges in central Kerala 2016-17 from the Department of Environment and Climate Change, Government of Kerala and the best environment project award by World Malayalee Council in 2019. In 2018, our initiative STEP received a citation from the Govt. of Kerala for plastic reduction activities.

St. Teresa's College has reigned as champions in the M. G. University Youth Festival for 7 consecutive years. The college has bagged the Trophy 23 out of the 28 times it was conducted.

Today the college is home to nearly 3625 students, 201 faculty members and 83 Non-teaching Staff.



OUR PRINCIPALS

Rev. Sr. Beatrice	:	1925 - 1937
Rev. Sr. Antoinette	:	1937 - 1944
Rev. Sr. Digna	:	1944 - 1969
		1973 - 1973
Rev. Sr. Concepta	:	1969 - 1973
Rev. Sr. Seraphia	:	1976 - 1982
Rev. Sr. Marie Cecile	:	1982 - 1986
Rev. Sr. Emeline	:	1986 - 1998
Rev. Sr. Tessa	:	1998 - 2005
Rev. Sr. Christabelle	:	2005 - 2011
Rev. Sr. Dr. Helan A.P	:	2011 - 2014
Rev. Sr. Dr. Celine E.	:	2014 - 2015
Dr. Sajimol Augustine M.	:	2015 -2020
Dr. Lizzy Mathew	:	2020 -

GOVERNING COUNCIL

Rev. Sr. Rose Margaret , CSST		Chairperson Manager, St. Teresa's College Director, St. Teresa's College
Rev. Sr. Dr. Celine E. (Sr. Vinitha, CSST)	Management Nominee	
Rev. Sr. Dr. Lebia Gladis N.P. (Sr. Suchita, CSST)	Management Nominee	Assistant Professor Dept. of Sociology, St. Teresa's College
Dr. Godfrey Louis	Management Nominee	Professor and Dean, Faculty of Science, Dept. of Physics Cochin University of Science & Technology
Dr. Rose P. Ignatius	Management Nominee	Associate Professor & Research Guide (Retd.) Dept. of Physics St. Teresa's College
Dr. Latha R. Nair	Nominated by the Principal	Associate Professor & Research Guide, Dept. of English St. Teresa's College
Ms. Teresa Kuncheria	Nominated by the Principal	Associate Professor, Dept. of Home Science St. Teresa's College



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Sri. V. George Antony	Nominated by the Management	Non-executive Director Unimoni, Kochi.
Dr. Meenakshi Gopinath	UGC Nominee	Former member UGC & Former Principal Lady Shri. Ram College, New Delhi
Dr. Joy Job Kulavelil	State Govt. Nominee	Member, Kerala State Higher Education Council
Dr. P.S. Sukumaran	University Nominee	Professor Behavioural Science, M.G. University, Kottayam
Dr. Lizzy Mathew	Ex-officio	Principal of the college

ACADEMIC COUNCIL

Rev. Sr. Dr. Celine E. (Sr. Vinitha, CSST), Director, St. Teresa's College, Ernakulam

Chairperson

Dr. Lizzy Mathew., Principal, St. Teresa's College, Ernakulam

University Nominees

Prof. Sasidharan M. B, Principal,	Al-Ameen College, Edathala
Dr. Biju Jacob Thomas, Associate Professor & Head, Department of Commerce	Mar Thoma College for Women, Perumbavoor
Dr. Tomy Joseph, Associate Professor, Department of Economics	St. Xavier's College, Vaikom

Experts from outside the College nominated by the Governing Body

Dr. Sunil K. Narayanankutty, Controller of Examinations & Dean, Faculty of Technology, Dept. of Polymer Science and Rubber Tech.	Cochin University of Science & Technology (Science)
Sri. Thomas George Muthoot	Muthoot Fin Corp. (Industry)
Dr. K. P. Satheesan, LLB, Ph.D. (Law, Commerce)	
Dr. Anil Joseph, M.E, Managing Director	Geostructurals, Pvt.Ltd. (Engineering)

Member Secretary

Dr. Thara Sebastian

Members of the Academic Council nominated by the Principal

Dr. Tessy Anthony C.
Dr. Reema Kuriakose
Dr. Nirmala Padmanabhan
Dr. Anu Joseph

Controller of Examinations

Dr. Romilly Margaret Mendez

Heads of the Departments

Mr. Suresh Kumar C.K.	HOD	Bharatanatyam
Dr. Alphonsa Vijaya Joseph	HOD	Botany
Dr. Jaya T Varkey	HOD	Chemistry
Ms. Ani Thomas Thottan	HOD	Clinical Nutrition and Dietetics
Ms. Ann Thomas Kiriyanthan	HOD	Commerce
Ms. Kochurani N.V.	HOD	Commerce (SF)
Ms. Saumya John	HOD	Communicative English
Ms. Dinu Simon	HOD	Community College
Ms. Raji S. Pillai	HOD	Computer Applications
Dr. Mary Liya C.A.	HOD	Economics
Ms. Arthasery Magdalene	HOD	English
Ms. Vinitha Paulose	HOD	Fashion Designing
Ms. Sabeena Bhaskar	HOD	French
Dr Usha Nair	HOD	Hindi
Dr. Vinitha T Tharakan	HOD	History
Dr. Thara Sebastian	HOD	Home Science
Capt. Dr. Seleena K.V.	HOD	Malayalam
Dr. Daly Paulose Meppurath	HOD	Management Studies
Dr. Susan Mathew Panakkal	HOD	Mathematics
Dr. Thomas K.M.	HOD	Physical Education
Dr. Kala M.S.	HOD	Physics
Ms. Bindu John	HOD	Psychology
Ms. Elizabeth Abraham	HOD	Sociology
Ms. Shanty. B.P	HOD	Statistics
Ms. Bhavya. E.P	HOD	Vocational Studies
Dr. Meera Jan Abraham	HOD	Zoology

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(Autonomous), Ernakulam

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Dr. Maria Theresa Chakkunny, M.A., M.Phil., Ph.D.	9447760346
Dr. Tania Mary Vivera, M.A., M.Phil., Ph.D.	9605711853
Dr. Jisha John, M.A., Ph.D.	9847404519
Dr. Jeena Ann Joseph, M.A., M.Phil., Ph.D.	9895084228



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Ms. Jennifer Sandy James, MTTM, DTTC	9645506718
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Ms. Steffi Felix, M.A.	9074658451
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Brigit Soumya	7025685524

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ACADEMIC PROGRAMMES COURSES OFFERED

Choice Based Credit and Semester System is followed for all the UG Programmes

REGULAR UNDER GRADUATE PROGRAMMES

CORE	Complementary	Eligibility
B.A. Economics	Logic, Sociology/ Mathematics	Pass in +2 exam (Any Stream) Logic, (Any Stream)
B.A. English Lang. & Lit.	History of English Language, Writing for Media	Pass in +2 exam (Any Stream)
B.A. History	Economics, Sociology	Pass in +2 exam (Any Stream)
B.A. Sociology	History, Logic, Statistics	Pass in +2 exam (Any Stream)
B.Com	Taxation (Elective)	Pass in +2 exam (Any Stream)
B.Sc. Botany	Chemistry, Zoology	Pass in +2 exam with Biology as an optional subject
B.Sc. Chemistry	Mathematics, Physics	Pass in +2 exam with Chemistry as an optional subject
B.Sc. Home Science	Chemistry, Zoology	Pass in +2 exam (Any Stream)
B.Sc. Mathematics	Physics, Statistics	Pass in +2 exam with Mathematics as an optional subject
B.Sc. Physics	Mathematics, Statistics	Pass in +2 exam with Physics as an optional subject
B.Sc. Zoology	Chemistry, Botany	Pass in +2 exam with Biology as an optional subject



SELF FINANCING UNDER GRADUATE PROGRAMMES

CORE	Complementary	Eligibility
B.A. Bharatanatyam	Mohiniyattam, Abhinaya Sangeetham (No Second Language)	Pass in +2 exam (Any Stream)
B.A. English Lit. & Communication Studies (Communica- tive English)	Sociology, British History, Basics of Graphic Designing (No Second Language)	Pass in +2 exam (Any Stream)
B.A. French Lang. & Lit.	Communicative English, Travel & Tourism	Pass in +2 exam (Any Stream)
B.Com	Finance & Taxation (Elective)	Pass in +2 exam (Any Stream)
B.Com	Capital Market (Elective)	Pass in +2 exam (Any Stream)
B.Sc. Apparel & Fashion Design	Concept in Apparels, Apparel Business	Pass in +2 exam (Any Stream)
B.Sc. Computer Applications (Triple Main)	No Additional Language	Pass in +2 exam with Mathematics as compulsory optional subject (Science Stream)
Bachelor of Management Studies in International Business	Management Studie	Pass in +2 exam (Any Stream)
B.Sc Psychology	Human Psychology, Statistics	Pass in +2 exam (Any Stream)
B. Voc. Food Processing Technology	Food Science, Business Studies	Pass in +2 exam (Any Science Stream)
B. Voc. Software Development	No Additional Language	Pass in +2 exam (Any Stream)
BCA in Cloud Technology and Information Security Management	No Additional Language	Pass in +2 exam with Mathematics/ Informatics Practices/ Computer Science as compulsory optional subject



B.Sc. Nutrition and Dietetics	Biochemistry, Physiology No additional Language	Pass in +2 with Biology/Home Science and Chemistry as a compulsory subject
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REGULAR POSTGRADUATE PROGRAMMES

CORE	Eligibility
M.A. English Literature	Graduation in English under (Model 1/11/111) or graduation in other faculties of Language and Literature/Social Science/Science
M.A. Economics	Graduation in Economics/ Mathematics/Statistics
M.A. Sociology	Graduation in the faculties of Language and Literature/Social Science/Science/Commerce
M.Sc. Botany	A minimum pass mark of 50% in B.Sc. Botany
M.Sc. Physics	A minimum pass mark of 50% in B.Sc. Physics
M.Sc. Chemistry	A minimum pass mark of 50% in B.Sc. Chemistry with Mathematics as a Complementary course
M.Sc. Home Science (Branch A) Child Development	Graduation in Family & Community Science/Home Science/Child Development Food Science and Quality control/Food Service Management & Dietetics/Clinical Nutrition and Dietetics/Psychology/ Human Development/Nursing/any Science graduate with PG Diploma in Pre-School Education/ Counseling Psychology/Science Graduates with Open Course namely Life Skills Strategies and Techniques.



M.Sc. Home Science (Branch B) Resource Management & Interior Designing	Graduation in Family & Community Science/Home Science/ Food Service Management and Dietetics /Clinical Nutrition and Dietetics/ any Science graduate with any Science graduate with PG diploma in Interior Design/any B.Sc. Degree with open/Add-on- course in Interior Decoration and related Arts.
M.Sc. Home Science (Branch C) Food Science and Nutrition	B.Sc. programme with specialization in Food & Nutrition, Food Science & Quality Control, Clinical Nutrition & Dietetics, Food Technology or Home Science/Family & Community Science, Food Service Management & Dietetics, and B.Sc. Nursing or Graduates in Bio-Chemistry or Zoology with PG Diploma in Nutrition & Dietetics. Degree holders of Zoology, Microbiology, Food Microbiology, Chemistry, Biotechnology with PG Diploma in Nutrition and Dietetics/ Open Course in Nutrition for well-ness/Dietetics are also eligible.

SELF FINANCING POSTGRADUATE PROGRAMMES

M.A. Bharatanatyam	A pass in B.A. Bharatanatyam
M.A. History	Graduation in any subject in the faculty of Social Sciences
M.Com.	Graduation in Commerce/BBA/BBM with a minimum pass mark of 45%
M.Sc. Zoology	A minimum pass mark of 50% in B.Sc. Zoology/a UG Course with Zoology as core subject
MTTM-Master of Tourism and Travel Management	A pass in any Bachelor's Degree with 50% marks



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M. Sc. Mathematics	Graduation in Mathematics with a minimum pass mark of 50%
Masters Programme in Fashion Designing	Graduation in Fashion Designing/ Fashion Technology/Costume Designing/Apparel Designing/ Apparel and Fashion Design/any other degree with P.G. Diploma in Fashion Designing and any related subjects
Masters Programme in Clinical Nutrition and Dietetics	Graduation in Clinical Nutrition and Dietetics/Food Science and Quality Control/Home Science/ Family and Community Science/Food Service Management or any nutrition related subjects. The candidates should have completed the under graduate programme with not less than 55% marks.
M.A. Malayalam	Graduation in Malayalam under (model 1/2) or graduation in other faculties of Languages and Literature/Social Science/Science
M.A. Journalism and Mass Communication	Graduation in any subjects
M.Sc Applied Statistics and Data Analytics	Graduation in Statistics/ Mathematics/Computer Application
M.Sc. Psychology	Graduation in Psychology



U.G. DIPLOMA PROGRAMME (Community College)

Programme	Duration	No. of Seats	Eligibility
Diploma in Healthcare Assistance	1 year	50	Pass in +2 exam (Any Stream)

P.G. DIPLOMA PROGRAMMES

Programme	Eligibility	Duration
P.G.Diploma in Clinical Nutrition and Dietetics	Any Science degree with Physiology/Biochemistry/Microbiology as a core or complementary subject. The candidate should have completed the UG Programme with not less than 55% marks.	1 year and 6 months (including 3 months internship)
PG Diploma in Fashion Designing	Any Graduation	1 year and 6 months (including 2 months internship and project)
P.G. Diploma in Management in Business Analytics	Any Graduation	2 years

Ph.D. PROGRAMMES

Botany
Economics
English
Home Science
Physics
Sociology
Chemistry



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St. Teresas's College
Coordinators : Smt. Sujatha R.E.
Asst. Coordinator : Dr. Leena Leon**

P.G. Diploma Course

P.G. Diploma in Translation
P.G. Diploma in Women and Gender Studies

Diploma Course

Diploma in Nutrition and Health Education
Diploma in Creative Writing in English

Certificate Course

Certificate in Food and Nutrition
Certificate in Nutrition and Child Care

P.G. Course

M.Sc. Dietetics and Food Service Management
Master of Commerce
Master of Arts - Hindi
Master of Arts - English
M.A. Gender and Development Studies
M.A. Anthropology



ADD-ON COURSES 2020-2021

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Every UG student is expected to take one Add On course chosen from the list given below			
Certificate Course			
No	Courses	Duration	Institute Tie Up
01	French	50hrs.	St. Teresa's College
02	Civil Service	40hrs.	Fortune IAS Academy
03	Certificate course in Capital Market	50hrs.	Acumen Capital Market (India) Ltd.
04	DELF-Diploma D'études en Langue Francaise	45hrs.	St. Teresa's College
05	Jewellery Designing	50 hrs.	St. Teresa's College
06	First Aid Management	36hrs.	St. Teresa's College
07	Beauty Care Management	6 Months	State Resource Centre
08	Creative Writing	44 hrs.	St. Teresa's College
09	Roof-Top Gardening	30 hrs.	361° Minds
10	Communication Strategy	30 hrs.	Logic School of Management
11	Additional Skill Acquisition Program (ASAP)	1 Year	Government of Kerala
12	Financial Management Skills	15 Hrs	Logic School of Management



MEDIA, TALLY AND COMPUTER COURSES			
13	Diploma in Computer Application (DCA)	60 hrs.	CCEK Govt. of Kerala (Center for Continuing Education Kerala)
14	Certificate Course in DeskTop Publishing	50 hrs.	CCEK Govt. of Kerala (Center for Continuing Education Kerala)
15	Tally with GST	50 hrs.	Tax Study Centre, NCVRT Govt. of India (National Council For Vocational and Research Training)
16	Python	30 hrs.	361° Minds
17	Digital Marketing	60 hrs.	Softloom IT Solutions
18	Business Analytics & Data Visualization	12 hrs	Logic School of Management
PROFESSIONAL COURSES			
19	Certified Management Accountant (CMA-USA)	360 hrs.	Institute of Management Accountant (USA)
20	ACCA Program (UK)	240 hrs.	ACCA (The Association of Certified Accountants)
INTERNATIONAL CERTIFICATE COURSE			
18	Business English Certificate	40 hrs.	Camebridge University

EXAMINATIONS REGULATIONS FOR UNDER GRADUATE PROGRAMMES (CBCSS) (2018 ADMISSION ONWARDS)

St. Teresa's College has become autonomous since 2014 and regulations formulated by the College will be followed for the conduct of UG and PG programmes. UG programme shall be under CBCSS (Choice Based Credit Semester Scheme). The duration of U.G. programmes shall be 6 semesters. The duration of odd semesters will be from June to October and that of even semesters from November to March. There shall be three days semester break after odd semesters and two months vacation during April and May in every academic year. The Performance Grading of the Learner shall be on the Seven



Point Grading System. Cumulative Grading will be done during the preparation of the final mark list of the programme.

1. EVALUATION

The evaluation of each course shall contain two parts:

- (i) In Semester Assessment (ISA)
- (ii) End Semester Assessment (ESA)

GRADES

A 7-point scale based on the total percentage of marks (ISA+ESA) for all courses (theory, practical, project)

Percentage of Marks	Grade	Grade Point
≥95	S Outstanding	10
85-95	A+ Excellent	9
75-85	A- Very Good	8
65-75	B+ Good	7
55-65	B Above Average	6
45-55	C Satisfactory	5
35-45	D Pass	4
<35	F Failure	0
	Ab Absent	0

PASS CRITERIA

A separate minimum of 30% marks each for internal and external (for both theory and practical) and aggregate minimum of 35% for a pass in a course. For a pass in a programme, a separate minimum of Grade D is required for all the individual courses. If a candidate secure F Grade for any one of the courses in a semester/programme, only F Grade will be awarded for that semester/programme until she improves this to D Grade or above within the permitted period. Students who complete the programme with D Grade will have one betterment chance within 12 months, immediately after the publication of the result of the whole programme.



CREDIT POINT AVERAGE (GPA)

Credit Point (CP) of a course is calculated

$$CP = C \times GP$$

C = Credit; GP = Grade point

Semester Credit Point Average (SCPA) of a Semester:

$$SGPA = TCP / TC$$

TCP = Total Credit Point of that Semester

TC = Total Credit of that Semester

Cumulative Grade Point Average (CGPA) is calculated:

$$CGPA = TCP / TC$$

TCP = Total Credit Point of that Semester

TC = Total Credit of that Semester

GRADE POINT AVERAGE (GPA)

GPA of different category of courses viz. Common courses, Complimentary courses, Core courses etc. are calculated.

$$GPA = TCP / TC$$

TCP = Total Credit Point of a category of course:

TC = Total Credit of that Course:

Grades for different courses, semesters and overall programme are based on the corresponding GPA:

Percentage of Marks	Grade	Grade Point
≥95	S Outstanding	10
85-95	A+ Excellent	9
75-85	A- Very Good	8
65-75	B+ Good	7
55-65	B Above Average	6
45-55	C Satisfactory	5
35-45	D Pass	4
<35	F Failure	0
	Ab Absent	0

Notionally registered candidates can also apply for the said supplementary



examinations. For reappearance/improvement for the other semesters, appear along with the next batch. A student who register her name for the eternal exam for semester will be eligible for promotion to the next semester. A student who has completed the entire curriculam requirement, but could not register for the semester examination can register notionally, for getting eligibility for promotion to the next semester. A candidate who has not secured minimum marks/credits in internal examinations can re-do the same registering along with the University examination for the same semester, subsequently. There shall be no improvement for ISA.

2. ATTENDANCE

Students having a minimum of 75% average attendance for all the courses only can register for the final examination. Benefit of attendance may be granted to students attending University/College union/Co-curricular activities by treating them as present for the days of absence, on production of participation/attendance certificates, within one week, from competent authorities and endorsed by the Head of the department. This is limited to a maximum of 10 days per semester and this benefit shall be considered for sessional assessment also.

2.1 Attendance Evaluation (2018 admission onwards)

2.1.1 For all Courses without Practical

% of Attendance	Marks
>90	5
86-90	4
81-85	3
76-80	2
75	1
<75	0

2.1.2 For all Courses with Practical

% of Attendance	Marks for theory
90 and above	2
80-89	1.5
75-79	1
Below 75	0



3. ASSIGNMENT/ SEMINAR/ VIVA-VOCE

Students are expected to do an assignment or seminar or viva-voce for each course during the first to the fifth semesters. They should do a seminar for each course in the sixth semester.

4. TEST PAPERS

Students should have to appear for two test papers in each semester. Average marks of the two test papers shall be taken for awarding the marks for internal test paper. Retest of theory examination will be conducted only for the students who were absent for any one or both of the test papers due to genuine reasons and recommended by the H.O.D for retest. A maximum of 50% of the total marks of the paper only will be awarded for retest, even if the student scores higher (eg. If the student scores 25 marks out of 40, only 20 shall be given. If the student scores below 20 or 20 marks out of 40, the same marks shall be given).

5. END SEMESTER ASSESSMENT

The End Semester Assessment of all semesters shall be conducted at the end of each semester.

- 5.1 There will be no supplementary examination. For reappearance/ improvement, the students can appear along with the next batch.
- 5.2 A student who registers her name for the End Semester Assessment for a semester will be eligible for promotion to the next semester.
- 5.3 A student who has completed the entire curriculum requirements but could not register for the final assessment can register notionally for getting eligibility for promotion to the next semester.

6. MODERATION

No moderation will be awarded in any examination under CBCSS programme.

7. GRACE MARKS

Grace Marks will be given for eligible NSS and NCC students and for prize winners of cultural and sports events as per Govt./University rules.

REGULATIONS FOR MASTER'S PROGRAMMES (CSS) (PRIOR TO 2020 ADMISSIONS)

The regulations provided here in shall apply to all post-graduate programmes under Credit and Semester System (CSS), M.A./M.Sc/M. Com., conducted by the college with effect from the academic year 2015-2016 admission onwards. The duration of P.G. programmes shall be 4 semesters. The duration of odd semesters will be from June to



October and that of even semesters from November to March. There shall be three days semester break after odd semesters and two months vacation during April and May in every academic year.

1. EVALUATION

The evaluation of each course shall contain two parts:

- i) In Semester Assessment (ISA)
- ii) End Semester Assessment (ESA)

DESCRIPTION OF THE EVALUATION PROCESS

Grade and Grade Point given to each course based on the percentage of marks obtained are as follows:

% of marks	Grade	Grade Point
90 and above	A+ - Outstanding	10
80-89	A - Excellent	9
70-79	B - Very Good	8
60-69	C - Good	7
50-59	D - Satisfactory	6
40-49	E - Adequate	5
Below 40	F - Failure	4

SEMESTER CREDIT POINT AVERAGE (SCPA)

Credit Point (CP) of a course is calculated using the formula

$$CP = C \times GP$$

Where C = Credit for the course; GP = Grade Point. Semester Credit Point Average (SCPA) is calculated as

$$SCPA = TCP/TC$$

Where TCP = Total Credit Point; TC = Total Credit

Grades for different semesters/programme are given based on the corresponding SCPA on a seven point scale as shown below:



SCPA	Grade
Above 9	A+ - Outstanding
Above 8, but below or equal to 9	A - Excellent
Above 7, but below or equal to 8	B - Very Good
Above 6, but below or equal to 7	C - Good
Above 5, but below or equal to 6	D - Satisfactory
Above 4, but below or equal to 5	E - Adequate
4 or below	F - Failure

Note: A separate minimum of 40% marks each for Sessional and Final (for both theory and practical) are required to pass a course. For a pass in a programme, a separate minimum of Grade E is required for all individual courses. If a candidate secures F grade for any one of the courses offered in a Semester/Programme only F grade will be awarded for that Semester/Programme until he/she improves this to E grade or above within the permitted period. Candidates who secure E grade and above will be eligible to apply for higher studies.

CUMULATIVE CREDIT POINT AVERAGE (CCPA)

Cumulative credit point average for the programme is calculated as follows:

$$\text{CCPA} = \frac{(\text{TCP})_1 + (\text{TCP})_2 + (\text{TCP})_3 + (\text{TCP})_4}{\text{TC}_1 + \text{TC}_2 + \text{TC}_3 + \text{TC}_4}$$

Where $(\text{TCP})_1$, $(\text{TCP})_4$ are the Total Credit Points in each semester and TC_1 , TC_4 are the Total Credits in each semester.

To ensure transparency of the assessment process, the sessional assessment grade awarded to the student in each course in a semester shall be published on the notice board at least one week before the commencement of final assessment. There shall not be any chance for improvement for sessional grade.

2. MARKS DISTRIBUTION FOR IN SEMESTER ASSESSMENT AND END SEMESTER ASSESSMENT

IN SEMESTER ASSESSMENT (ISA)

ISA will be done by continuous assessment. The End Semester Assessment of all semesters shall be conducted at the end of each semester. Marks distribution for ISA and ESA and the components for



In Semester Assessment with their marks are as follows:

Components of the ISA and their marks are as shown below:

2.1 For courses without Practical

No.	Distribution of Marks for ISA	Marks
1	Attendance	5
2	Assignment	5
3	Seminar	5
4	Test Papers	10 (Average of 2)
	Total	25

2.2 For courses with Practical

Distribution of Marks for ISA of Theory Courses		Distribution of Marks for ISA of Practical Courses	
Attendance	5 marks	Attendance	5 marks
Assignment	5 marks	Record	10 marks
Seminar	5 marks	Test Paper (Average of 2)	10 marks
Test Paper (Average of 2)	10 marks		
Total	25 marks	Total	25 marks

3. ATTENDANCE

A student should have a minimum of 75% attendance to register for End Semester Assessment. Those who do not have the minimum requirement for attendance will not be allowed to appear for the End Semester Assessment.

MARKS FOR ATTENDANCE	
>90	5 marks
86-90	4 marks
81-85	3 marks
76-80	2 marks
75	1 mark
<75	0 mark

Condonation of shortage of attendance to a maximum of 10 days in a semester subject to a maximum of two times during the whole period of post graduate



programme may be granted by the University. If a student represents her institution, University, State or Nation in Sports, NCC, NSS, Cultural or any other officially sponsored activities such as College Union/University Union activities she will be eligible to claim the attendance for the actual number of days participated subject to a maximum of 10 days in a Semester based on the recommendations of the Head of the Department.

4. ASSIGNMENT

Every student shall submit one assignment as an internal component for every course with 5 marks.

5. SEMINAR

Every PG student shall deliver on seminar as an internal component for every course with 5 marks. The seminar is expected to train the student in self-study, collection of relevant matter from the books and internet sources, editing, document writing, typing and presentation.

6. TEST PAPERS

Every student shall undergo at least two test papers as an internal component for every course. The average shall be taken for awarding the marks for internal test paper. Retest of theory examination will be conducted only for the students who were absent for any one or both of the test papers due to genuine reasons and recommended by the H.O.D. for retest. A maximum of 50% of the total marks of the paper only will be awarded for retest, even if the student scores higher (eg. If the student scores 25 marks out of 40, only 20 shall be given. If the student scores below 20 or 20 marks out of 40, the same marks shall be given).

7. PRACTICAL RECORD

Every student has to submit a bound certified laboratory record of practical for evaluation. All the experiments of each practical course should be recorded properly with the experiment results.

8. PROJECT EVALUATION

All students have to submit a Project/Dissertation in the fourth semester for evaluation. The Project/Dissertation can be done individually or as a group consisting of maximum of 2 students. Project/Dissertation work shall be completed by working outside the regular teaching hours. Project/Dissertation work must be carried out under the supervision of a teacher in the concerned department. A candidate may, however, in certain cases be permitted to work on the project in an industrial/research organization on the recommendation of the Supervisor. There should be an internal evaluation and



external evaluation for the Project/Dissertation work. The final assessment of the Project/Dissertation work is done on the basis of presentation of the work and the report submitted.

The ratio of In Semester Assessment to End Semester Assessment of the project is also 1:3. The mark distribution of various components for assessment is shown below:

8.1 For Science Departments

In Semester Assessment of Dissertation/Project		End Semester Assessment of Dissertation/Project	
Components	Marks	Components	Marks
Punctuality	5	Quality of project under study	10
Topic and content	5	Thesis/ presentation of the project	10
Methodology	5	Theoretical Setup/Data Collection	20
Presentation	5	Result and dissertation layout	10
Data sources and data collection	5	Oral presentation and viva voce on project	25
Total Marks	25	Total Marks	75

8.2 For Arts Departments

In Semester Assessment of Dissertation/Project		Final Assessment of Dissertation/Project	
Components	Marks	Components	Marks
Punctuality	5	Innovation of topic	5
Experimentation/ data collection	10	Objectives	5
Compilation	5	Review of Literature	10
Originality of the work	5	Materials & Methods	5



		Result & Discussion	10
		Bibliography	5
		Oral Presentation	10
		Viva Voce	25
Total Marks	25	Total Marks	75

9. COMPREHENSIVE VIVA-VOCE

A comprehensive viva-voce will be conducted at the end semester of the program. It covers questions from all courses in the programme. The viva-voce will be conducted by one external examiner and one internal examiner along with the Final Assessment of the fourth semester.

REGULATIONS FOR MASTER'S PROGRAMMES (CSS) **(2020 ADMISSION ONWARDS)**

1. EVALUATION AND GRADING

The evaluation for each course shall contain two parts such as In-Semester Assessment (ISA) and End Semester Assessment (ESA). The ratio between ISA and ESA shall be 1:3 and 25% weightage shall be given to ISA and 75% to ESA. Both ISA and ESA shall be carried out using direct grading system.

Direct Grading: The Direct Grading for ISA and ESA shall be based on 6 letter grades - A+, A, B, C, D, and E with numerical values of 5, 4, 3, 2, 1 and 0 respectively.

Grade Point Average (GPA): Internal and external components are separately graded and the combined grade point with Weightage 1 for internal and 3 for external shall be applied to calculate the Grade Point Average (GPA) of each course. Letter grade shall be assigned to each course based on the categorization on a six point scale shown in the table below:

Grade	Grade Point	Range
A+	5	4.50 to 5.00
A	4	4.00 to 4.49
B	3	3.00 to 3.99
C	2	2.00 to 2.99
D	1	0.01 to 1.99
E	0	0.00



Direct Grading System based on a 7-point scale is used to evaluate the performance of students in both ISA and ESA.

For all courses (theory & practical) / semester/overall program, the letter grades for GPA/SGPA/CGPA and its indicators are given in the following table

Range	Grade	Indicator
4.50 to 5.00	A+	Outstanding
4.00 to 4.49	A	Excellent
3.50 to 3.99	B+	Very good
3.00 to 3.49	B	Good (Average)
2.50 to 2.99	C+	Fair
2.00 to 2.49	C	Marginal (Pass)
0.00 to 1.99	D	Deficient (Fail)

IN-SEMESTER ASSESSMENT (ISA)

Pass minimum for ISA for each course is C grade. The In-Semester Assessment is to be done by continuous assessments of the components given below.

The components of the In-Semester Assessment for theory and practical and their Weightages are as in the following table.

THEORY		PRACTICAL	
COMPONENTS	WEIGHTAGE	COMPONENTS	WEIGHTAGE
Assignment	1	Written / Lab test	3
Seminar	2	Lab involvement	1
Test Papers (Best of 2)	2	Record	1
TOTAL	5		5

(The assignment can be graded based on the punctuality in submission and the content. The content and presentation can be considered for grading the seminar).

The two test papers should be in the same model as the End Semester examination question paper. For test papers questions shall be set in such a way that the answers can be awarded A+, A, B, C, D, E grade.

The performance of students in the seminar and assignment should also be documented in terms of grades. The components of the In-Semester



assessment for project and their Weightages are as in the following table.

COMPONENTS	WEIGHTAGE
Relevance of the topic and analysis	2
Project content and presentation	2
Project Viva	1
TOTAL	5

The components of the In-Semester assessment for comprehensive viva-voce and their Weightages are as in the following tables.

COMPONENTS	WEIGHTAGE
Fundamental concepts	3
Awareness of current and advanced topics	2
TOTAL	5

END-SEMESTER ASSESSMENT (ESA)

The End Semester Assessment of all semesters shall be conducted by the institution on the close of each semester. The end semester assessment will be 3 hours duration for each lecture-based course and 4 hours duration for practical course. A minimum C grade is required for a pass in both ISA and ESA.

Also a minimum C grade is required for pass in a course.

Students with less than 75% aggregate attendance during a semester are not eligible to attend ESA of any course.

For reappearance/improvement students may appear with the next batch.

PRACTICAL, PROJECT AND VIVA VOCE EXAMINATIONS

Practical Examination

The practical examinations are conducted at the end of each Semester. All practical examinations will be of four hours duration.

One external examiner will be selected from the panel of examiners approved by the BOS and one internal examiner will be from the department.

Evaluation of Practical Examination

The scheme of Evaluation of the practical examination will be decided by the Board of Examiners. The Weightage for assessment of different components is shown in the following table.



COMPONENTS	WEIGHTAGE
Written/Lab test	13
Record	2
TOTAL	15

Project Evaluation

The project is evaluated by two external examiners deputed from the Board of examiners. The dissertation of the project is examined along with the oral presentation of the project by the candidate. The examiner should ascertain that the project and report are genuine. Innovative projects or the result/findings of the project presented in national seminars may be given maximum advantage. The supervising guide or the faculty appointed by the head of the department may be allowed to be present at the time of project evaluation. This is only to facilitate proper evaluation of the project. The Weightages for assessment of different components are shown in the following table.

COMPONENTS	WEIGHTAGE
Revelance of the topic and analysis	3
Project content and presentation	7
Project viva	5
TOTAL	15

Comprehensive Viva-Voce Examination

Viva voce examination is conducted by two external examiners from the Board of examiners. The viva voce examination is given three credits. The components of the Final Assessment for comprehensive viva-voce and their Weightges are as in the following table.

COMPONENTS	WEIGHTAGE
Fundamental concepts	9
Awareness of current topic/advanced topic	6
TOTAL	15

Both project evaluation and viva voce examination are to be conducted in batches of students formed for the pratical examinations.

10. END SEMESTER ASSESSMENT

- The End Semester Assessment of all semesters shall be conducted at the end of each semester. There will be no supplementary examination. For reappearance/improvement, the students can appear along with the next batch.
- A student who registers her name for the ESA for a semester will be eligible for promotion to the next semester.



- A student who has completed the entire curriculum requirements but could not register for the final semester assessment can register notionally, for getting eligibility for promotion to the next semester.

11. MODERATION

No moderation will be awarded in any examination under CSS programme.

12. GRACE MARKS

Grace marks will be given for eligible NCC students and for prize winners of cultural and sports events as per Govt./University rules. (refer Grace Marks under General Information pg. 81)

13. MARK LIST

The consolidated mark list will be issued in the final semester only to the students who have passed the programme.

14. PROVISIONAL & DEGREE CERTIFICATES

Students have to apply to the Mahatma Gandhi University in the prescribed format for Provisional and Degree certificates by remitting the fee.

Note: The format for applications and details of mark list and certificate distribution will be published in the college website from time to time. Kindly visit the college website at <http://teresas.ac.in/>

RESEARCH CENTRES

The Departments of Sociology, Botany, Home Science, English, Physics Economics, and Chemistry are approved Research centres of the Mahatma Gandhi University. The following faculty are recognized Research Guides.

Department	Name of Faculty	Phone number
Sociology	Dr. Shally Joseph	0484 - 2391158
	Dr. Celinamma Scariah	0484 - 2346578
	Dr. Gladis Mary John	0484 - 2100080
	Dr. Sajitha Kurup	9947884577
	Dr. Leela P.U.	8136933048
Botany	Dr. D. Sheela	0484 - 2304962
	Dr. Lizzy Mathew	0484 - 2544203
	Dr. Elsam Joseph	9847156731
	Dr. Romily Margaret Mendez	9495932729
Home Science	Dr. Kumari K.S.	0413 - 2204854
	Dr. Anooja Thomas	9847855528
	Dr. Kavitha M.S.	966537730715
	Dr. Leena Leon	9847924427
	Dr. Thara Sebastian	8281338791
Dr. Betty Rani Isaac	9447456790	



	Dr. Shilpa Jose	9495428080
	Dr. N. Dhanya	9446655577
	Dr. Anu Joseph	8089363455
	Dr. Nisha Vikraman	9446303624
English	Dr. Sr. Vinita (Dr. Celine E)	0484 - 2352197
	Dr. Tessy Anthony C.	9846095953
	Dr. Latha Nair R	9495045293
	Dr. Priya K. Nair	9495027525
	Dr. R. Anitha	9447038016
Physics	Dr. Kala M.S.	0484 - 2370198
	Dr. Rose P. Ignatius	0484 - 2426056
	Dr. Santhi A	9495664078
Economics	Dr. Sr. Teresa (Dr. Helan A.P)	9495253920
	Dr. Kochurani	9447155736
	Dr. Nirmala Padmanabhan	0484 - 4020303
	Dr. Thushara George	9746512798
Chemistry	Dr. Ushamani M	9895935659
	Dr. Jaya T Varkey	9446715201

WOMEN'S STUDY CENTRE

This centre which commemorates the platinum jubilee of the College offers the following-one Degree programme, two PG Diploma courses and two PG Programmes.

- 1) B.Sc. Apparel & Fashion Design (Affiliated to MG University)
- 2) PG Diploma in Fashion Designing (Approved by Govt. of Kerala)
- 3) PG Diploma in Clinical Nutrition and Dietetics (Approved by Govt. of Kerala)
- 4) Masters programme in Fashion Designing
- 5) Masters Programme in Clinical Nutrition & Dietetics
- 6) B.Sc. Programme in Fashion Designing

THE INTERNAL QUALITY ASSURANCE CELL (IQAC)

The Internal Quality Assurance Cell (IQAC) of St. Teresa's College channelizes and systematizes the efforts and measures of the College towards academic excellence with the following goals.

- To develop a quality system for conscious, consistent and catalytic programmed action to improve the academic and administrative performance.
- To promote measures for institutional functioning towards quality enhancement through internalization of quality culture and institutionalization of best practices.
- Promotion of Research and Consultancy Services of faculty members.



ST. TERESA'S COLLEGE
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- To ensure quality in all the operations of the institution and to ensure stakeholders satisfaction IQAC took up the continuous task of planning, monitoring and evaluating the activities of the college during the year.

The College, owing to its excellent performance in NAAC is identified as a Mentor institution under the PARAMARSH scheme of UGC, which intends to promote consistently high performing institutions to Mentor the NAAC aspiring institutions to get accredited. Under this scheme, the IQAC imparts mentoring to seven mentee institutions by enabling them to elevate their academic performance, enhance their overall quality and thereby secure the NAAC accreditation.

Another initiative of the IQAC is the establishment of Teresian Teaching Learning Centre (TLC) which will have a vital role in developing, promoting and implementing innovative methodologies for quality enhancement in the teaching-learning system of the Institution, with the ultimate aim of producing human resources of the highest professional and personal quality in the service of the Nation.

TIBIC

The Teresian Innovation and Business Incubation Centre (TIBIC) established in 2018 promotes entrepreneurship among girls and women on a wider scale and includes stakeholders from the public domain. The centre aims to be a self sustained business incubator that nurtures and empowers aspiring women entrepreneurs with innovative ideas of social relevance, thereby encouraging a culture of entrepreneurship and self employability especially in the domains of fashion and textile management, food technology, tourism and home decor. TIBIC is supported by Kerala State Industries Development Corporation (KSIDC) and works in collaboration with Kerala Startup Mission (KSUM), Govt. of Kerala. The Innovation and Entrepreneurship Development Cell (IEDC) of St.Teresa's College, also established in 2018, is an active student-run cell managed by the IEDC Executive Committee that seeks to create and promote innovation and entrepreneurship skills among the students of the institution. The cell is supported by Kerala Startup Mission (KSUM) and works alongside TIBIC to inculcate a culture of innovation driven entrepreneurship among students and translate latent ideas into viable enterprises.

In keeping with the requirements of the MHRD, Govt. Of India, an Institute's Innovation Council (IIC) was formulated in 2018 . The council comprises of students, teachers and industry experts and organises the Innovation and entrepreneurship activities prescribed by the MIC (MHRD's Innovation Cell) in a time bound fashion. The IIC also prepares the institution for the Atal Ranking of Institutions on the Innovation Achievements Framework.



GRIEVANCE REDRESSAL COMMITTEE

The College has formed a Grievance Redressal Committee in each Department comprising of course teacher and one senior teacher as members and the Head of the Department as Chairman. The Committee addresses all grievances relating to the internal assessment grades of the students. There is a college level Grievance Redressal Committee comprising of Faculty advisor, two senior teachers and two staff council members (one shall be an elected member) and the Principal as Chairman.

ANTI-RAGGING CELL

St. Teresa's College has a vigilant cell functioning against instances of ragging. The cell takes measures to repeatedly remind students of the consequences of ragging, and ensures that parents and new students are made aware of their rights. The Anti-Ragging Committee is comprised of The Principal, four senior faculty members and student representatives and is constituted to prevent ragging and to take anti-ragging measures as per the guide lines issued by the Supreme Court of India and UGC. The college is proud that no instance of ragging has been reported in the recent years.

GENERAL RULES AND CODE OF CONDUCT

Life in the College must be inspired by unity, mutual trust and co-operation among the management, staff and students. Every student must make it a part of her personal duty to attend classes daily and punctually. Students are expected to be in class at the first bell and begin the day by reciting the common prayer. When teachers are on leave, students shall remain in the class and do the work assigned to them for the period. No student shall leave a class without the permission of the teacher. No student shall be seen outside the classroom during class hours.

- Students who are not attending classes or lectures or working in the Library, during college working hours shall take special care not to disturb classes that are going on.
- Students shall not see visitors during class hours. Day students or those residing in other hostels are not allowed to see their visitors in the College.
- Use of Mobile phone is banned in the Campus.
- Letters addressed to the College shall not be delivered to the students. They shall have their letters and communication addressed to their homes.
- Going for lunch in hotels during the lunch recess is strictly forbidden. Lunch and snacks are provided in the College Canteen.



- Dress Code: Students are expected to dress modestly. Tights, leggings, miniskirts, flimsy clothes, short-tops, sleeveless and deep necklines will not be allowed.
- Scribbling on walls/furniture etc are strictly forbidden. Loss or damage caused to building, furniture, tools and apparatus of the college due to violent action of students will be repaired by imposing collective fines on all the students of the college.

Student shall seek prior permission of the Principal:

- To conduct meetings in the College buildings or anywhere in the College premises
- To use Megaphone, loudspeakers etc. and posters, banners or boards to be put up on the campus.
- To publish matters in Newspapers, Magazines, Journals or Social media in the name of the College.

Students who do not adhere to the rules will not be permitted to attend the class. Serious misconduct will result in removal from the rolls.

ATTENDANCE AND LEAVE OF ABSENCE

Attendance shall be marked at the beginning of each class, whether lecture, practical, or tutorial, by the teacher-in-charge of the class.

Students should occupy their respective seats before attendance is taken. They should not leave the classroom, nor should late comers enter the classroom without the permission of the teacher-in-charge of the class.

No student shall absent herself from class without leave. The student shall bear in mind that proper and timely submission of application for leave of absence is a prerequisite for applying for exemption from shortage of attendance. A proper medical certificate should accompany the leave application when the period of leave extends to more than five days or synchronizes with the date on which End Semester or In Semester Assessments are held. If leave is required for a single hour only, application may be made to the teacher-in-charge of the class during the hour. If leave is required for the afternoon session only, the student should appear in person before the head of the department concerned and get the application for leave recommended by her.

EXAMINATIONS AND TEST PAPERS

The primary purpose of Examinations and Test papers are to evaluate the academic progress of the students and also to give them training. Exemption from attendance at assessments and test papers is granted only by the Principal. Malpractice in test papers and assessments will be regarded as a serious breach of discipline and will be debarred from all examinations of the corresponding semester.



College scholarship/Prizes/concessions etc. will be awarded only to those students who appear for the End Semester Assessments and Test papers

IDENTITY CARDS

Every student is expected to wear their identity cards with photographs attested by the Principal while on campus and when travelling to and fro from the College. Failure to do so will invite strict disciplinary actions. Students should produce their identity cards for inspection whenever they are required to do so by the members of the Staff or the College authorities. The identity cards must also be presented at the time of payment of each installment of fees, while taking the hall tickets, mark lists and other certificates and also in the library.

If the card is lost, a duplicate may be issued at the student's expense by paying Rs.150/- with the special permission of the Principal on submission of a written request for a duplicate card, attested by the parent or guardian.

THE COLLEGE LIBRARY

The College library is the key resource of information for the academic community. It was established along with the College in 1925 and was named the "Mother Veronica Library" in fond memory of Mother Veronica, the Superior General of the Congregation. The present library was built to commemorate the Golden Jubilee of the College in 1975 and was formally inaugurated in 1981.

The Library Block Consists of

1. General reference section
2. Periodical section.
3. Audio Visual room.
4. Stackroom with lending section.
5. Post Graduate section.
6. Research wing.
7. Digital Library
8. Reprography Corner
9. Archive

Special sections are maintained for Career guidance, Value education, Gandhian studies and Kerala history. Computer database and Internet facilities are also available. At present there are 100509 books and 200 journals and magazines in the library. For convenience, Department Libraries for Science subjects are maintained in the Science Block. A general library wing also functions in the Science Block.

The Library is open from 8.a.m.to 6 p.m. on all working days.

A library Committee that includes the representatives of Teachers and students help to direct the library services.



LIBRARY RULES

1. Strict silence should be observed in the Library.
2. Books and other personal belongings should not be taken into the Library. However each student may take a note book with her.
3. UG students can borrow 2 books and PG students can borrow 5 books at a time.
4. Teachers can borrow 15 books at a time. The books will be issued for 30 days subject to renewal after which it can be kept for another 30 days. Books which are not returned after 30 days will incur a fine of Rs.1/- per day.
5. Books are issued for 10 days. However, one renewal is allowed.
6. All the books should be returned on the date marked on the date label found on the front page of the book. Absence from College will not be an excuse for not returning the books on time.
7. A fine of Rs. 1/-per day or parts thereof will be collected from the defaulters.
8. Loss of books needs to be reported to the Library Staff as soon as possible. Lost books will have to be replaced or the cost of the books will be collected. The cost of the lost books will be assessed as multiples for each decade according to the year of publication of the book.
9. The Library follows an open access system. Application for books can be made in the prescribed form, which may be available from the counter.
10. Borrowers are responsible for the books marked against their name In case of damage they shall pay the cost of replacement or rebinding. If a book is noticed to be damaged at the time of issue, it should be brought to the attention of the Library Staff.
11. Every user is supposed to enter the details of the books and journals issued as well as referred, in the issue register provided at the counter.
12. Students should return their borrower's tickets to the Library before they claim their hall tickets.
13. No student shall lend either the borrower's tickets or the books to a fellow student or outsiders.
14. Scribbling and mutilating the books will be severely dealt with.
15. Books taken out of the Library shall be returned when asked for.
16. A particular day is given for each class to take fictions. Other books can be borrowed on all days. However the time for issuing and



returning is fixed as follows: 9 a.m. to 1 p.m, 2 p.m. to 3.45 p.m.

17. In all matters regarding the Library the decision of the Principal shall be final.
18. Free internet facility is provided to every student for one hour per week. The user should bring her college Hand book and get the library assistant make the necessary entry in it. Similar facility is also available in the Physics Dept. for the Science Students.
19. The library has an active library club. Students who are interested can be its members.

INFRASTRUCTURE FACILITIES

MEDIA LAB

The media production lab provides students state-of-the-art facilities for creating audio-visual products such as commercials, short films, documentaries, audio messages and videos in television and Internet formats. It helps students to acquire hands-on experience in video editing, handling the camera, video equipment and other related software. The media lab is also supported with the following equipment:

1. Eos6d Mark Ii 24-105 Ii Usm Canon Camera
2. 14Ft Stand And Light Kit
3. 9Ft Stand And Light Kit
4. Tyfy Video Light
5. Digital Metal Umbrella
6. E-Image Ei7050 Tripod
7. Hoya Filter Hmc Uv @ (Phi) 77.0Mm
8. Battery Canon, Batt.Ip-E6
9. Sandisk Extreme Pro 95Mb And 32 Gb
10. Camera Tripod 3850
11. 27 Inch Imac With Retina 5K Display 5120X2880 (Mnea2hn/A)
12. Ew 112P-G4/Sennheiser

LANGUAGE LAB

Department of Communicative English

The state-of-the-art English Language Lab, established in 1995, provides students the opportunity to hone their language skills, perfect pronunciation, and move closer to near-native fluency. The lab, integrated with the college Computer Lab, is fitted with a projector, 30 computers, each with a headphone. Eighteen of the systems feature automated ETNL Language Lab software, which is equipped with multimedia courseware to train students. The software



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is designed to deliver content to students according to the individual's linguistic ability, ensuring they develop their confidence along with English speaking skill.

AUDIOVISUAL ROOM

The College has three audio visual rooms with several audio visual aids such as over head projector, slide projector, LCD projector, Lingua phone, video camera, recording facilities, etc. which are used as teaching aids.

RESIDENCE OF STUDENTS

On campus residence facilities are provided in the College. There are three hostels: one in the main block and the other two in the Science Block. Students are accommodated in these hostels. The atmosphere in these residence halls provides a feeling of "home away from home." The application to these hostels should be given on the day of admission itself.

The chief wardens of the hostel are

Main Block	0484 - 2353638	Sr. Shoma Sr. Suneeti
Science Block	0484 - 2361662	Sr. Elsa
PG Hostel and Staff Quarters	0484 - 2370294	Sr. Caritas

COLLEGE CANTEEN

Wholesome food is served in the College canteen at a subsidised rate.

COLLEGE BOOK STORE

Students can get all the textbooks and other related books from the book-stalls in the campus along with stationery items.

MEDICAL AID & BLOOD DONATION

First aid facilities and basic medical attention are given to the students and the staff. Immediate medical attention is provided when an emergency occurs. Doctor is available on call. The medically trained staff of Community College also provide medical assistance in times of need.

The College community is a major donor of blood to the IMA.

RULES FOR COLLECTION & REFUND OF FEES

1. Mode of Collection of Tuition Fees

Tuition Fees will be collected at the beginning of each Semester in the months of June, October and January. The first instalment of fees including the special fee prescribed will be collected from the students of senior classes within a period of seven consecutive working days



beginning from the date of reopening of the College. In the case of junior classes, the instalment of Tuition fees due till the date of admission with special fee and caution deposit will be collected on the date of admission. The Principal of the College may fix the due date of collection of fees for each term for various classes within seven consecutive working days.

2. Payment of fine for default

If any student fails to pay the fee or special fee on the due date, she shall be liable to pay a fine of Rs.5/- along with the fee or special fee on or before the 10th day after the due date. If the 10th day falls on a holiday, the next working day will be counted as the 10th day.

3. Consequences of non-payment of fee

If the fee or special fee with a fine of Rs.5/- is not paid on or before the last date fixed, an additional fine of Rs.5/- will be incurred. If the fee and fines are not paid before the last opportunity given for payment, the name of the student will be removed from the rolls of the College with effect from the date following the expiry of this period and this student will not get the benefit of attendance from the date of removal from the rolls of the College. If the student is to be re-admitted she shall have reapply with a special permission from the Principal and will also have to remit all the arrears of fees with fine. No re-admission fee will be realized in such cases. The re-admitted student will get the benefit of attendance of re-admission only from the date of re-admission.

4. Publication of the names of defaulters

The names of defaulters will be published on the notice board immediately after expiry of the last date fixed for payment of fees.

5. Payment of fees in certain other cases

Students, who are admitted for a term for making up shortage of attendance for the course which the student had been undergoing, should pay one third of the tuition fees for the year together with full special fee and caution deposit at the time of admission. Only such former students of the College shall be admitted as term students.

6. Payment of fees by students on rolls

Every student is liable to pay the prescribed fee for the whole term during any part of which her name is on the roll of the College.

If a student studying in the Arts and Science College for the Degree/ Post Graduate Course after obtaining Transfer Certificate from the institution is admitted to the same Course of study in any other similar College, she shall not be called upon to pay again the fees already paid for



the term in the College which issued the Transfer Certificate. But special fees and caution deposit will have to be paid again at the new College.

7. Collection of late admission fee

In case of students admitted late after the commencement of the academic year, the fees for the preceding months if any, will be collected at the time of admission. No student shall be enrolled after the beginning of a term unless she has paid all the instalments of fees, which she would have had to pay had her name been on the rolls from the beginning of the term.

8. If the student does not pay the dues till the last date prescribed she will not be allowed to appear for the Examination.

9. Fee will be received in the College Office only on collection days from 9 a.m. to 1 p.m.

10. There is also provision for online fee payment through college web portal.

Note: Rules concerning the collection of fees will be subject to University Stipulation.

Any student seeking admission will have to pay the fees prescribed before her name is enrolled.

Those students who discontinue their studies should inform the fee counter immediately. Otherwise they will have to pay the complete fees when applying for Transfer Certificate and other Certificates.

CONDUCT CERTIFICATE AND TRANSFER CERTIFICATE

1. Application for Conduct Certificate and Transfer Certificate should be given as soon as possible after the student leaves the College.
2. No student who has previously studied in any recognized school or college shall be admitted to the College unless she presents a Transfer Certificate.
3. Ordinarily a notice of 24 hours is necessary to issue a Certificate.
4. Application in the prescribed format should be given to the office in order to obtain the Transfer Certificate.
5. A fee of Rs.50/- should be paid as search fees after the prescribed date.

TRANSCRIPT AND LETTER OF RECOMMENDATION

Transcripts and letter of recommendation may be issued from the College, provided an application is given. A notice of 3 days is necessary for issuing Transcripts and letter of recommendation.



TUTORIAL SYSTEM

There is an efficient tutorial system in the college with 30 students being closely monitored and guided by the concerned teachers. Efficient counseling is given to the students.

VALUE EDUCATION

The College offers value education classes once in a week to all the students. A three-day Life Guidance Seminar on “Marriage and Family” is a compulsory programme for the third year degree students.

To foster the faith formation of Christian students, the College offers the following facilities: Jesus Youth Programme, Prayer Meeting, Rosary in the month of October and other prayer sessions on special occasions.

EUCCHARISTIC CELEBRATION

In the beginning of each year an inaugural mass/prayer service is held in order to invoke God’s blessing on the new academic year. Mass is also held on the first Friday of every month. Attendance to this is not obligatory but all are welcome. A thanks giving mass is also held at the end of the academic year to thank God for His bountiful blessings and guidance.

LIFE RENEWAL PROGRAMME

All Catholic students are expected to undergo a retreat during the Course of the academic year and spiritual discourses are arranged for non catholic students during the same time.

THE STUDENT GOVERNMENT

The College Union is the student government of the College. The Union consists of the elected representatives of the student community. It comprises of the Chairperson, the Vice Chairperson, the Secretaries of General Affairs, Arts Club and Sports, the Student Editor and two University Union Councillors the representatives of various classes and the Association Secretaries. The Union is guided by two members of the Faculty known as Student Deans.

All the Associations and clubs work under the formal auspices of the College Union. The student union organizes the ‘Teresian Week’- a week long festival which showcases the literary, artistic and histrionic talents of the students. The Sports Day is also organized by the members of the Union.

ASSOCIATIONS

There are different associations working in affiliation to each department. They conduct various activities in connection with their academic programmes to broaden the horizon and to develop initiative and sense of responsibility of the students.



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COMMITTEES, CLUBS AND CELLS

The various committees, clubs and cells and the respective faculty in-charge for this academic year are as below.

DUTIES FOR THE ACADEMIC YEAR 2020 - 2021

Lord give success to the work of our hands

Clubs & Cells	Faculty-in Charge
STUDENT DEANS	Dr. Usha Nair Dr. Alphonsa Vijaya Joseph
INTERNAL ASSESSMENT & ATTENDANCE COMMITTEE	Dr. Liza Jacob Ms. Sheeba Emmanuel Ms. Dhanya Vijayan
IQAC	Dr. Kala M.S. Dr. Ushamani M. Dr. Mary Liya C.A.
CRITERIA HEADS	
Criteria I	Dr. Ushamani M.
Criteria II	Dr. Usha Nair
Criteria III	Dr. Latha Nair
Criteria IV	Ms. Betty Joseph
Criteria V	Dr. Alphonsa Vijaya Joseph
Criteria VI	Ms. Treasa Kuncheria
Criteria VII	Dr. Susan Mathew Panakkal
AUDIT COMMITTEE	Dr. Alphonsa Vijaya Joseph Ms. Teresa Kuncheria Dr. Preeti Kumar Dr. Saumya Baby Ms. Dhanya R.



Clubs & Cells	Faculty-in Charge
ADMISSION COMMITTEE	Ms. Betty Joseph Ms. Sabeena Bhaskar Dr. Reema Kuriakose Dr. Leena Leon Dr. Anupa Jacob Ms. Raji S. Pillai Dr. Ursala Paul Ms. Anu George
M.PHIL. COORDINATOR	Dr. Beena Job
UGC CELL	Dr. Rashmi H. Poojara Ms. Elizabeth Abraham Ms. Nimmy Jacob Ms. Minu Pius Ms. Bhavya E.P.
RUSA	Dr. Thushara George Dr. Anu Joseph Ms. Vinitha Tharakan Ms. Neenu Susan Paul Ms. Jini Justin D'Costa Ms. Archana Menon
DBT-STAR	Dr. Soja Louis Dr. Liza Jacob Dr. Elizabeth Kuruvila Dr. Anu Joseph Dr. Helvin Vincent Dr. Santhi A.
DST-FIST	Dr. Jaya T. Varkey Dr. Mariam Thomas Dr. Pressy P. Prakasia
INTERNATIONAL COLLABORATIONS & LINKAGES	Dr. Jisha John Ms. Sona Thomas Ms. Poornendu J.



Clubs & Cells	Faculty-in Charge
DISCIPLINE, ANTI-RAGGING & DE- ADDICTION	Dr. Thomas K.M. Dr. Leela P.U. Mr. Suresh Kumar C.K. Dr. Nisha Philip Dr. Stancy S. Dr. Annu Raju Ms. Kochurani N.V.
HANDBOOK & CALENDAR	Dr. Anupa Jacob Dr. Tania Mary Vivera
WEBSITE	Ms. Archana Menon Ms. Poornendu J.
ADD-ON-COURSES COORDINATORS	Ms. Divya Chinnu
ALUMNAE ASSOCIATION	Dr. Thara Sebastian Ms. Elizabeth Abraham Dr. Beena D. Ms. Lakshmi Priya
PTA	Dr. Beena Job Ms. Mary Sruthy Melbin Dr. Leela P.U. Dr. Helvin Vincent Ms. Ria V.R. Ms. Dona Pinheiro
FINANCE COMMITTEE	Ms. Betty Joseph Dr. Lebia Gladis (Sr. Suchita, CSST)
BUILDING AND PURCHASE COMMITTEE	Dr. Reema Kuriakose Dr. Betty Rani Issac Ms. Sheeba Emmanuel Dr. Lebia Gladis (Sr. Suchita, CSST) Ms. Nimmi Jacob
TEACHER'S GRIEVANCE REDRESSAL CELL	Ms. Teresa Kucheria Dr. Jaya T. Varkey Dr. Jisha John
STUDENT'S GRIEVANCE REDRESSAL CELL	Dr. Meera Jan Abraham Dr. Georgia Ann Benny Ms. Nair Supriya Damodaran



Clubs & Cells	Faculty-in Charge
IQAC STUDENT WING	Dr. Saumya Baby Ms. Minu Pius
MHRD	Ms. Mary Sruthy Melbin Ms. Jini Justin D'Costa
TERESIAN RESEARCH & CONSULTANCY (TRACC)	Dr. Latha Nair R. Dr. Elsam Joseph Dr. Jaya T. Varkey Dr. Santhi A. Dr. Dhanya N. Dr. Sajitha Kurup Dr. Thushara George
XAVIER BOARD & AIACHE	Dr. Beena Job Dr. Geetha Andrews Dr. Leena Leon Dr. Georgia Ann Benny
N.C.C.	Capt. Dr. Seleena K.V. Dr. Thomas K.M.
ARTS CLUB	Dr. Latha Nair Dr. Saumya Baby Dr. Preeti Kumar Ms. Lekha Sreenivasan Ms. Ria V.R. Dr. Beena D. Ms. Drishya P.P.
FINE ARTS CLUB	Dept. of Communicative English
DRAMA CLUB	Ms. Maria Theresa Chakkunny Ms. Bindu John
MUSIC CLUB	Ms. Rose Mary Francis Ms. Ani Thomas Thottan Mr. Suresh Kumar C.K. Dr. Asha D. Ms. Lekshmi C.



Clubs & Cells	Faculty-in Charge
LITERARY CLUB	Overall Charge Dr. Jeena Ann Joseph Speaker's Forum & Debate Club Ms. Teresa Kuncheria Ms. Susan Thomas Chaly Writer's Forum Ms. Tessa Fani Jose Dr. Helen Mary A.J. Poet's Club Ms. Athira Babu Ms. Surya Suresh Kumar
MEDIA CLUB	Dr. Latha Nair Dr. Preeti Kumar Dr. Saumya Baby Ms. Neeraja Sarah Sunny
QUIZ CLUB	Ms. Maria Theresa Chakkunny Dr. Daly Paulose Ms. Arya P. Mohan
TOURISM CLUB	Ms. Reshmi Joseph Dept. of French
EXTENSION, OUTREACH & INNOVATION	Overall Charge: Dr. Nirmala Padmanabhan
BHOOMITRA SENA CLUB	Dr. Susan Mathew Panakkal Ms. Linda Therese Luiz Ms. Neenu Susan Paul Dr. Jisha John Dr. Arya P. Mohan Ms. Divya Hariharan Ms. Anjana S. Ms. Sicily Rilu Joseph Ms. Tiya K.J Ms. Surya Kottaram Ms. L.R. Rajani Ms. Sruthy S. Nair Ms. Lissy Jose



Clubs & Cells	Faculty-in Charge
STEP	Dr. Rashmi H. Poojara Ms. Mary Sruthy Melbin Ms. Geethu Krishna P.G. Ms. Megha Michael Ms. Jennifer Sandy James Ms. Amita Sarah Varghese Ms. Anu Kuruvilla Ms. Ottina Treasa Mendez Ms. Merin Elizabeth Harry Ms. Lakshmi C.
INCUBATION	Ms. Lekha Sreenivasan Dr. Tania Mary Vivera Ms. Veena Antony Dr. Daly Paulose Ms. Sherin Mary Ms. Anu Valooran Ms. Mamta Mariyam Ms. Vincy Vincent
IIC	Dr. Jency Treasa Ms. Elizabeth Reshma M.T. Dr. Ursala Paul Dr. Tania Mary Vivera Ms. Nimmy Jacob Ms. Minu Pius Dr. Mary Liya C.A. Dr. Kala M.S.
E.D & CONSUMER CLUB	Commerce Department
TROP & UBA	Dr. Susan Cherian Dr. Pearly Antony Dr. Jeena Ann Joseph Ms. Nishitha I.K. Ms. Elizabeth Rini
N.S.S.	Dr. Elizabeth Kuruvilla Dr. Jency Treasa
I CONNECT	Ms. Mary Vinaya Dr. Mariyam Thomas



Clubs & Cells	Faculty-in Charge
COUNSELLING CELL	Ms. Sujatha R.E. Dr. Soja Louis Ms. Bindu John One teacher from each dept.
WALK WITH A SCHOLAR (WWS)	Dr. Shilpa Jose Ms. Elizabeth Abraham Dr. Saritha Chandran Ms. Linda Therese Luiz
SCHOLAR SUPPORT (SSP)	Dr. Santhi A. Dr. Swathy Varma Dr. Stancy S. Ms. Dhanalakshmi O.M.
YOUTH RED CROSS	Ms. Nisha Philip Ms. Nisha Oommen
SC/ST/MINORITY MONITORING CELL	Dr. Elsam Joseph Dr. Nisha Vikraman Dr. Leela P.U. Ms. Bindu John
WOMEN'S CELL	Dr. Thara Sebastian Ms. Dora Dominic Ms. Maya P. M.
OFFICE OF DISABILITY SERVICES	Ms. Mary Vinaya Ms. Surya M. Kottaram Dr. Tessy Anthony C.
CAREER GUIDANCE	Dr. Elsam Joseph Ms. Maya P. Ms. Athira Babu Ms. Nair Supriya Damodaran
PLACEMENT CELL	Dr. Anupa Jacob Ms. Megha Mary Michael Ms. Mekha Jose Ms. Alka Benny
1 st FRIDAY MASS	Dr. Liza Jacob Dr. Lebia Gladis (Sr. Suchita, CSST)



Clubs & Cells	Faculty-in Charge
ORIENTATION & RETREAT	Dr. Beena Job Dr. Geetha Andrews Ms. Teresa Kuncheria Ms. Ani Thomas Thottan Ms. Indu Vasudevan Dr. Priyanka P.S. Dr. Priya Pillai Ms. Geethu Krishna P.G.
VALUE EDUCATION	Dr. Liza Jacob Ms. Tessa Fani Jose Ms. Anu Raj Ms. Sicily Rilu
LIFE GUIDANCE	Dr. Leena Leon Ms. Saumya John Ms. Raji S. Pillai Ms. Anu M. Jayasankar
JESUS YOUTH	Ms. Dora Dominic Ms. Nimmi Jacob Ms. Georgia Ann Benny
AICUF	Ms. Linda Therese Luiz Ms. Elizabeth Reshma
PLANNING FORUM & ELECTORAL LITERACY CLUB	Department of Economics
MAGAZINE FORUM	Dr. Ursala Paul Ms. Sabeena Bhaskar Ms. Tessa Fani Jose Ms. Helen Mary A.J. Ms. Deepthi K.H. Ms. Sonia Mary Lobo
TERESIAN IMPACT (Bi Annual)	Department of Communicative English
MENTORING	Dr. Shilpa Jose Dr. Vinitha T. Tharakan Ms. Saumya John Ms. Surya M. Kottaram Dr. Mariyam Thomas



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Clubs & Cells	Faculty-in Charge
HEALTH, HYGEINE & SANTITATION	Ms. Dinu Simon Ms. Vincy Mary Ms. Cynthiya Mathew Thaliath
HORIZON CLUB LIBRARY & HORIZON CLUB	Dr. Pressy P. Prakasia Ms. Lakshmi M. Ms. Ayana Antony
SAFETY AND SECURITY	Dr. Thomas K.M. Dr. Susan Cherian

STEP

STEP or Society of Teresians for Environment Protection is a charitable and literary organization formed by students and faculty of St. Teresa's College Ernakulam. It is registered under the Travancore Cochin Literary Scientific & Charitable Societies Registration Act. 1955 (Act XII of 1955) and objectives are to carry on activities for protection and conservation of environment, promote usage of biodegradable products, promote social entrepreneurship among students, provide livelihood to Kudumbashree members, etc. All our products are stitched by the Kudumbashree members of the Cochin Corporation. As a part of implementing Green Protocol in the college campus, the students are provided an eco-friendly cloth college bag and a cloth carry bag. The cloth bags- Prakriti Bags and Bhoomithram Sanchis, are bags which serve as an alternative to bags made of rexin and plastic carry bags. The students are also provided with steel cups to make the campus free of plastic and paper cups. STEP received a special felicitation from the Department of Environment and Climate Change, Govt. of Kerala 2018 for commendable efforts in implementing the green protocol.

UNNAT BHARAT ABHIYAN (UBA)

Unnat Bharat Abhiyan (UBA) is a flagship programme of Ministry of Human Resource Development (MHRD), Govt. of India, that aims to enrich Rural India.

The mission of UBA is to enable higher education institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth.

St. Teresa's College has been a Participating Institution (PI) for the Unnat Bharat Abhiyan since 2018 and has been extending services to the five villages adopted under the recommendation of the honourable District Collector. The five villages selected are Mulavukad, Njarakkal, Cheranelloor, Kunnukara and Kuzhupilly in Ernakulam district. The UBA activities are coordinated under the Teresian Rural Outreach Programme (TROP), an initiative of the College



for extension and outreach activities. TROP has institutionalised community service through provision of an additional credit to students.

SPORTS AND GAMES

Encouragement and facilities are offered to those students who wish to develop their potential in sports and games. Infrastructure and facilities are available in Basket Ball, Volley Ball, Table Tennis, Lawn Tennis, Indoor Games, Aerobics, Personal Gymnasium, Kho-kho, Ball Badminton, Shuttle Badminton, Cycling, Soft Ball, Hand Ball and Yoga.

Free accommodation in the sports hostel, special food and prizes for outstanding achievements and sports quota for admission are the incentives given.

The University awards grace marks for distinguished sports persons besides the sports scholarship given to them.

THE COLLEGE MAGAZINE

The College Magazine is an open forum where students can express their views and opinions. It is an outlet for the creative talents of the Students. The student Editor, helped by an Editorial Board and the Staff Editor, brings out the magazine at the beginning of the academic year. The magazine showcases the literary, cultural, sports activities and achievements of the students. The success of a College Magazine depends upon the students. By writing for the magazine, a student leaves behind an indelible mark of her passing through the College.

NATIONAL SERVICE SCHEME (N.S.S.)

The College has a committed N.S.S. Wing. It is a voluntary organization for the students and teachers to involve themselves in rural development programmes and to participate in the socio-economic life of the community. The focus is on activities that augment the social awareness of students and mould them into responsible citizens in the society. The students are made aware of the plight of the less privileged and disadvantaged sections in the society. Volunteers who undergo the prescribed course of training are given certificates from the University and are eligible for grace marks in University examinations. They are also awarded 15 marks as bonus marks.

NATIONAL CADET CORPS (N.C.C)

The NCC has an active army subunit functioning in the College. The NCC provides the cadets with ample opportunities to enhance their character, leadership qualities and initiative. The wide array of activities undertaken by the NCC include basic training sessions in first-aid, drill, parades, signals, home nursing, communication, map reading and weapon training. Advanced training in mountaineering, rock climbing, para jumping and cycling offer the



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cadets exciting vistas to quench their thirst for adventure. Apart from building a sense of patriotism, it also moulds the cadets into able and smart citizens of tomorrow.

Students are enrolled after a selection procedure. Every enrolled cadet undertakes to continue in the corps for a minimum period of two years. At the end of the period a weightage certificate will be given. Cadets can also appear for the 'B' and 'C' certificate examination. The cadets obtaining the certificate are eligible for grace marks in University examinations and bonus marks for admission to higher studies. They are also awarded bonus marks - 15 marks for degree course and 5 marks for PG course at the time of admission.

COUNSELLING CELL

A Counselling Cell functions in the college and it has two units- one in the Arts block and the other in the Science block. Once a week full time Counsellors are available to render service to those who need help.

REMEDIAL SERVICES

As per University rules, SC/ST minority students receive special help. Extra classes and coaching, taken after regular class hours, are provided.

ALUMNAE ASSOCIATION (AstA)

Membership is open to old students of the college. It is encouraging that some students regularly attend the meetings. It is hoped that all the students completing any course of study in this College will become members of the Old Students Association before they leave the College. It was decided to hold an alumni meet every year on the 2nd Saturday of August. The Annual Christmas sale has been organized every December since 1982, by AstA, which gives an opportunity to alumnae entrepreneurs to showcase their products and services. The website of the college keeps the alumnae well informed about the activities taking place in every department of the College. AstA has launched a website for the alumnae to stay connected.

Website: www.teresas.fourthambit.com

The Annual Christmas sale has been organised by AstA every December since 1982, which gives an opportunity to Alumnae Entrepreneurs to showcase their products and services.

PARENT TEACHER ASSOCIATION

The college is blessed with a vibrant Parent-Teacher Association and the representatives of the PTA actively participate in all the programmes of the college and extend their strong support to all the developmental activities of the college. The PTA Executive Committee members voluntarily function as a counselling desk during days of admission each year. They initiate plans and conduct innovative programmes for the benefit of the students. The



PTA members also give valuable feedback and suggestions pertaining to the curriculum as well as the effective functioning of the college.

GENERAL INFORMATION AND EXAMINATION RULES

COLLEGE INFORMATION

1. END SEMESTER ASSESSMENT - INSTRUCTIONS FOR DIFFERENTLY ABLED STUDENTS

Physically handicapped candidates can avail themselves time extension for final assessments. They should apply to the Controller of Examinations on a plain paper along with medical certificates showing disability duly attested by the medical officer and a photo well in time before the commencement of assessments.

Those candidates who are visually impaired or affected by cerebral palsy with loco-motor impairment and for whose writing speed is affected permanently for any reason can use own scribe at own cost during the examination.

Such candidates who use a scribe shall be eligible for the compensatory time of 15 minutes for every hour of the examination.

Visually impaired candidates who do not use scribe will also be eligible for the compensatory time of 15 minutes for every hour of the examination.

2. SC/ST STUDENTS EXEMPTION FOR PAYMENT OF EXAMINATION FEES

SC/ST students need not pay the Examination fees for two consecutive chances including regular one. The application should be forwarded through the Principal.

3. EXEMPTION FROM ATTENDING CLASSES

Students who have valid reason can be exempted from attending classes of additional language for which they have to apply in the prescribed form. However they have to appear for the examination of the course. Special English is not offered as additional language at the Degree level. Deaf and dumb students are exempted from studying second language, if they so desire.

4. PRACTICAL EXAMINATION & SUBMISSION OF RECORD

There is separate minimum for Practical Examinations. No student



is allowed to appear for Practical Examination without duly certified record of laboratory practical work. Practical record has to be produced while appearing for supplementary examination too. If the record is lost a new one has to be prepared.

5. CANCELLATION OF EXAMINATION & RE-REGISTRATION

- a.** All End Semester Assessments written by a candidate can be cancelled.
- b.** Cancellation is allowed only at the first appearance.
- c.** When the assessments are cancelled, papers of the same Common/ Core/Complementary, appeared in the previous semesters will also get cancelled. Eg. If the Part III Main of B.A. at the final year is cancelled, papers of first and second years will also be cancelled.
- d.** Two chances are allowed for the cancelled papers within three years of registration of that particular examination.
- e.** For cancellation and re-registration, apply to the Controller of Examination with Principal's recommendation, attested photocopy of the hall ticket and Indian Bank challan for prescribed fees within 14 days from the last Examination including Practical/Viva voce.

6. REVALUATION, SCRUTINY AND IDENTIFICATION OF PAPERS

The Degree students can apply for revaluation, scrutiny and identification of answer scripts in the prescribed form within 10 days from the date of publication of results. Change of marks in revaluation will be effected if the difference is 5% or more. If the difference is 10% or more, the paper will be subjected to a second evaluation. There will be no refund of revaluation fee. Students will be allowed to identify their revalued papers. PG courses have double valuation and hence there is no revaluation for the PG programme.

7. SUPPLEMENTARY/IMPROVEMENT EXAMINATIONS

Degree and Post Graduate students who have failed in their In Semester/ End Semester examinations can avail the facility of supplementary examination. They have to write the supplementary examination along with the next year regular final examination of that particular course. Two chances of supplementary examinations shall be completed within three years from the date of registration of the deferred/failed examination. However the courses of the final semester of the programme will not have supplementary examination. Students have to redo (supplementary) their In Semester examination by cancellation and re-registration as per the above said procedure.

Those who have passed the examination can improve their marks by availing themselves a single chance of improvement examination



along with the immediate next regular examination of that particular course (applicable for the I and II year degree and IPG students only and no improvement for the III year degree and II PG students. However, there will not be a chance for improvement for the In Semester examination.

8. GRACE MARKS

1. The grace marks given below are for the activities performed by the candidate in a year. The performing year shall be from 1st June to 31st May.
2. No candidate can claim Grace Marks for both NCC and NSS
3. Maximum Grace Marks awarded to a candidate in a particular year for all the activities together should not exceed 25%.
4. Options for grace marks distribution (Choose any one of the following)

a. Option I: The candidate can submit application before the Semester Examination begin. In this case the eligible grace marks will be equally distributed for all written courses in the performing year.

b. Option II: The candidate can submit application within two months after publishing the Semester results. In this case, the eligible grace marks can be distributed for courses for which the candidate failed. The remaining marks if any, shall be equally distributed for all courses in the performing year

Grace marks need not be awarded to a student if she secures less than 5% of the maximum marks for the final examination of that Theory Course.

Deaf and Dumb candidates with disability of 40% or above are eligible to receive grace marks only on production of a medical certificate obtained from a Medical Board.

Eligible Grace Marks shall be given for regular Examination of the performing year only.

The grace marks effected to a Course shall be carried over to its reappearance/ improvement in the immediate next chance.

Grace points awarded shall not be considered for ranking.

The candidate shall submit the application to the Controller of Examinations through the Head of the Department in the prescribed format along with the relevant documents in original and a photocopy after verification by the following officers:



ST. TERESA'S COLLEGE
(Autonomous), Ernakulam

- | | |
|-------------------------------|-----------------------------------|
| 1. Sports & Games | - HOD of Physical Education Dept. |
| 2. NCC | - NCC Officer of College |
| 3. NSS | - NSS Programme Coordinator |
| 4. Cultural/Deaf & Dumb/Blind | - Student Deans of College |

11. Late fee may be levied for late requests up to 2 years:

Sl. No.	Period of Time	Fee to be levied
1	Within three months after the time limit	Rs.250/-
2	After three months but before one year	Rs.500/-
3	After one year but before two years	Rs.1000/-
4	After two years	Requests for grace marks will not be entertained

12. Applications not conforming to the above rules will be rejected.

DETAILS OF AWARDING GRACE MARKS /GRACE GRADE POINTS				
CATEGORY	ACTIVITIES	ACTIVITY CODE	GRACEMARK	MAX. LIMIT
SPORTS & GAMES	INTER -COLLEGIATE			10.0
	First	SP 01	7%	
	Second	SP 02	5%	
	Third	SP 03	3%	
	STATE			
	First	SP 04	5%	
	Second	SP 05	4%	
	Third	SP 06	3%	
	INTER STATE			
	First	SP 07	12%	
	Second	SP 08	10%	
	Third	SP 09	7%	
	Participation	SP 10	5%	
	INTER UNIVERSITY			
	First	SP 11	10%	
	Second	SP 12	9%	
	Third	SP 13	8%	
	Participation	SP 14	7%	
	Non Participation	SP 15	6%	
	ALL INDIA INTER UNIVERSITY			
First	SP 16	17%		
Second	SP 17	14%		
Third	SP 18	12%		
Representation/Participation	SP 19	10%		
Representing India in World Competitions	WC 01	25%		



NCC	10 DAY Annual Training Camp/75% parade attendance	NC 01	3%	6.0
	Certificate B	NC 02	4%	
	Certificate C	NC 03	5%	
	NIC/TSC/NSC/VSC/ALC/NCC Sports (National Level) Adventure Camps (National Level) and other centrally organized camps/Inter Group Competitions	NC 04	6%	
	National level RD or ID Parade/Camp/YEP	NC 05	7%	
NSS	Special Camps (7 days) +75% attendance for regular programmes	NS 01	2%	4.0
	NIC/Youth Festival/National camps	NS 02	5%	
	RD Camp at New Delhi/YEP	NS 03	7%	
CULTURAL	UNIVERSITY YOUTH FESTIVAL			2.0
	First	YF 01	5%	
	Second	YF 02	4%	
	Third	YF 03	3%	
	A grade	YF 04	5%	2.4
	First	YF 05	6%	
	Second	YF 06	5%	
	Third	YF 07	4%	
	NATIONAL YOUTH FESTIVAL			4.0
	First	YF 08	10%	
Second	YF 09	7%		
Third	YF 10	5%		
Deaf & Dumb candidates with 40% or above disability (certificate of the Medical board to be produced)	DD 01	25%	10.0	
Blind candidates securing I/II/III places in Sports/Cultural/ youth Festival conducted by Kerala Federation of the Blind/ University/Inter University Level	BL 01	5%	2.0	

* There will be changes in accordance with amendments in grace mark regulations of University/ Government rules.

9. MARKLISTS

The mark lists for UG and PG programmes will be issued from the College with the names and seal of the Principal and Controller of Examinations in the format consistent with that prescribed by the affiliating University.

10. CONFIDENTIAL MARKLIST

Candidates who have done their final year Examination can apply in the prescribed form for confidential mark list before the publication of the results for employment and educational purposes. However this mark list will be sent only to the head of the Institution concerned.

11. ELIGIBILITY CERTIFICATE

Applicants from outside the State have to get Eligibility Certificate from the M.G. University to join any programme in the College. The application prescribed by the University with duly attested photocopies of the original mark list and State Bank of Travancore challan for prescribed fee has to be remitted to the Registrar of the University for obtaining the Eligibility certificate. The University has stopped issuing eligibility certificate to CBSE and ICSE students from getting individual recognition with effect from 03/01/2005. (Uty. order No.CE/2005/Recog-1 Dt. 4-2-2005).



12. RECOGNITION OF EXAMINATIONS CONDUCTED BY THE UNIVERSITY/BOARDS OUTSIDE KERALA

- a. When students of other Universities (outside the State) join this University, they have to apply for the recognition of their qualifying Examination in the prescribed form.
- b. The application for recognition should be accompanied by challan receipt for prescribed fee, pass certificate, migration certificate and eligibility certificate issued by this University. Migration certificate from the Institutions outside Kerala are to be forwarded along with the application for recognition.
- c. A certificate from the Principal of the College (where the student studied for the examination (ought to be recognized) should be enclosed if the pass certificate does not contain the information about the subjects taken for the examination.
- d. Applications for the recognition should reach the University office within one month from the date of admission without fail.

13. MIGRATION CERTIFICATE

Students of other Universities and boards of Secondary/Higher Secondary Education (Except State boards like VHSE, Plus Two) who join this University should produce a Migration Certificate issued by the concerned Universities and Boards.

Migration Certificate from Mahatma Gandhi University can be obtained through online application and online payment.

The University has exempted the students of Higher Secondary Course (Plus Two) Vocational Higher Secondary Education Course and Technical Higher Secondary Education Course of Government of Kerala from producing Migration Certificate and getting individual recognition order (University Order No. EK.V/96 dated 26th July 1996)

14. REGISTRATION AS MATRICULATE OF THE UNIVERSITY

Students of other Universities and Boards who join this University should submit the application in the prescribed form with Migration Certificate, General form, Matriculation fee receipt and challan receipt for prescribed fee to the University through the Principal. Application for Matriculation should reach the University Office within one month from the date of admission without fail.

15. DEGREE AND PROVISIONAL CERTIFICATES

Students have to apply in the prescribed application form and remit the prescribed fee to the Registrar of the University for obtaining their Degree and Provisional Certificates.



16. DUPLICATE COPY OF CERTIFICATE

Duplicate Degree Certificate and Migration Certificate can be obtained from the University and Duplicate mark list can be obtained from the College by producing a declaration on a stamp paper of Rs.100/- (to the effect that the certificate has been irrecoverably lost), attested by a Notary Public along with a bank challan for the prescribed fees.

KERALA RAGGING PROHIBITION ACT 1998

കേരള സംസ്ഥാനത്തെ വിദ്യാഭ്യാസസ്ഥാപനങ്ങളിൽ റാഗിംഗ് നിരോധിച്ചുകൊണ്ടുള്ള 1988 ലെ കേരള റാഗിംഗ് നിരോധന ആക്ടിന്റെ പ്രസക്ത ഭാഗങ്ങൾ വിദ്യാർത്ഥികളുടെയും രക്ഷകർത്താക്കളുടെയും അറിവിലേക്കായി താഴെ കൊടുക്കുന്നു. ഒരു വിദ്യാർത്ഥിയോട് ക്രമവിരുദ്ധമായ പെരുമാറ്റം മൂലം ആ വിദ്യാർത്ഥിക്ക് ശാരീരകമോ മാനസികമോ ആയ പീഡനം ഉണ്ടാകുന്നതോ ഉണ്ടാക്കാൻ സാദ്ധ്യതയുള്ളതോ ആയ ഏതെങ്കിലും പ്രവർത്തി ചെയ്യൽ എന്നർത്ഥമാക്കുന്നതും അതിൽ

1. അങ്ങനെയുള്ള വിദ്യാർത്ഥിയെ ശല്യപ്പെടുത്തുന്നതോ അധിക്ഷേപിക്കുന്നതോ പരിഹസിക്കുന്നതോ ഉപദ്രവിക്കുന്നതോ അല്ലെങ്കിൽ
2. ഒരു വിദ്യാർത്ഥി സാധാരണഗതിയിൽ സ്വമനസാലെ ചെയ്യാൻ ഒരുമ്പെടാത്ത ഏതെങ്കിലും പ്രവർത്തി ചെയ്യുന്നതിനോ നിർവ്വഹിക്കുന്നതിനോ ആവശ്യപ്പെടുന്നതോ ഉൾപ്പെടുന്നതാകുന്നു.
3. റാഗിംഗ് നിരോധനം ഏതൊരു വിദ്യാഭ്യാസ സ്ഥാപനത്തിന്റെയും അകത്തും പുറത്തും റാഗിംഗ് നിരോധിച്ചിരിക്കുന്നു.
4. റാഗിംഗിനുള്ള ശിക്ഷ : ഏതെങ്കിലും വിദ്യാഭ്യാസ സ്ഥാപനത്തിനകത്തോ അഥവാ പുറത്തോ റാഗിംഗ് നടത്തുകയോ റാഗിംഗിൽ പങ്കെടുക്കുകയോ അതിനു പ്രേരിപ്പിക്കുകയോ അല്ലെങ്കിൽ റാഗിംഗ് പ്രചരിപ്പിക്കുകയോ ചെയ്യുന്ന ഏതൊരാളും കുറ്റസ്ഥാപനത്തിനു മേൽ, രണ്ടുവർഷം വരെയൊരാളാകാവുന്ന കാലയളവിലേക്ക് തടവു ശിക്ഷ നൽകി ശിക്ഷിക്കപ്പെടേണ്ടതും അയാൾ പതിനായിരം രൂപ വരെയൊരാളാകാവുന്ന പിഴ ശിക്ഷയ്ക്കും കൂടി വിധേയനാകേണ്ടതുമാണ്.
5. വിദ്യാർത്ഥിയെ പിരിച്ചുവിടൽ : 4-ാം വകുപ്പിൽ കീഴിലുള്ള ഒരു കുറ്റത്തിന് ശിക്ഷിക്കപ്പെടുന്ന ഏതൊരു വിദ്യാർത്ഥിയെയും വിദ്യാഭ്യാസ സ്ഥാപനത്തിൽനിന്നും പിരിച്ചുവിടേണ്ടതും അങ്ങനെയുള്ള വിദ്യാർത്ഥിക്ക് പിരിച്ചുവിടൽ ഉത്തരവ് പുറപ്പെടുവിച്ച തീയതി മുതൽ മൂന്നു വർഷകാലത്തേക്ക്, മറ്റു യാതൊരു വിദ്യാഭ്യാസ സ്ഥാപനത്തിലും പ്രവേശനം നൽകാൻ പാടില്ലാത്തതുമാകുന്നു. വിദ്യാർത്ഥിയെ



സസ്പെൻഡു ചെയ്തത്: മുൻ പറഞ്ഞ വ്യവസ്ഥകൾക്ക് ഭംഗം വരാതെ ഒരു വിദ്യാഭ്യാസ സ്ഥാപനത്തിന്റെ മേധാവിയോട് റാഗിംഗിനെക്കുറിച്ച് ഏതെങ്കിലും വിദ്യാർത്ഥിയോ, അതതു സംഗതിപോലെ, മാതാപിതാക്കളോ, രക്ഷകർത്താവോ, അഥവാ ആ വിദ്യാഭ്യാസ സ്ഥാപനത്തിലെ ഏതെങ്കിലും അധ്യാപകനോ രേഖാമൂലം പരാതിപ്പെട്ടാൽ ആ വിദ്യാഭ്യാസ സ്ഥാപനത്തിന്റെ മേധാവി, പരാതി ലഭിച്ചു ഏഴാം ദിവസത്തിനകം, പരാതിയിൽ പറഞ്ഞിരിക്കുന്ന സംഗതിയെ സംബന്ധിച്ച് അന്വേഷണം നടത്തേണ്ടതും, പ്രഥമദൃഷ്ട്യാ സത്യമുണ്ടെന്നു കണ്ടാൽ കുറ്റാരോപണ വിധേയനായ വിദ്യാർത്ഥിയെ സസ്പെൻഡ് ചെയ്യേണ്ടതും ഉടൻ തന്നെ പ്രസ്തുത പരാതി ആ വിദ്യാഭ്യാസ സ്ഥാപനം സ്ഥിതി ചെയ്യുന്ന പ്രദേശത്ത് ആധികാരികതയുള്ള പോലീസ് സ്റ്റേഷനിൽ ലക്ക് മേൽ നടപടിക്കായി അയച്ചു കൊടുക്കേണ്ടതുമാണ്.

- 6. 1-ാം വകുപ്പിൽ പറഞ്ഞ രീതിയിൽ പരാതി രേഖാമൂലം ലഭിക്കുകയും വിദ്യാഭ്യാസ സ്ഥാപനത്തിന്റെ മേധാവിയുടെ അന്വേഷണത്തിൽ പ്രഥമ ദൃഷ്ട്യാ പരാതിയിൽ കഴമ്പില്ലായെന്ന് തെളിയുകയും ചെയ്താൽ ഇക്കാര്യം പരാതിക്കാരനെ രേഖാമൂലം അറിയിക്കേണ്ടതാകുന്നു.
- 7. കുറ്റം ചെയ്യാൻ പ്രേരിപ്പിക്കുന്നതായി കരുതാവുന്നത്: വിദ്യാഭ്യാസ സ്ഥാപനത്തിന്റെ മേധാവി 6-ാം വകുപ്പിൽ പറയപ്പെടുന്ന രീതിയിൽ റാഗിംഗിനെക്കുറിച്ചുള്ള ഒരു പരാതിമേൽ നടപടിയെടുക്കാതിരിക്കുകയോ അഥവാ നടപടി എടുക്കാൻ അനാസ്ഥ കാണിക്കുകയോ ചെയ്യുകയാണെങ്കിൽ അങ്ങനെയുള്ള വ്യക്തി റാഗിംഗ് എന്ന കുറ്റം ചെയ്യാൻ പ്രേരിപ്പിച്ചതായി കരുതപ്പെടേണ്ടതും കുറ്റസ്ഥാപനത്തിന്മേൽ 4-ാം വകുപ്പിൽ വ്യവനം ചെയ്തിട്ടുള്ള പ്രകാരം ശിക്ഷിക്കപ്പെടേണ്ടതുമാണ്.

വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളിൽ മൊബൈൽ ഫോണുകളുടെ ഉപയോഗം തടയുന്നതിനും അശ്ലീല ചുവയുള്ള സിനിമാറ്റിക് ഡാൻസുകളും, ഫാഷൻ ഷോകളും നിറുത്തലാക്കിക്കൊണ്ടുള്ള സർക്കാർ ഉത്തരവ്.

01-03-2005 തീയതിയിലെ സർക്കാർ ഉത്തരവ് (ആർ. റ്റി) നം 346/05/ഉ.വി.വ. പ്രകാരം വിവര സാങ്കേതിക വിദ്യയുടെ ദുരുപയോഗം തടയുന്നതിന്റെ ഭാഗമായി ഈ സ്ഥാപനത്തിൽ മൊബൈൽ ഫോണിന്റെ ഉപയോഗവും, സിനിമാറ്റിക് ഡാൻസ്, ഫാഷൻ ഷോ എന്നിവയും നിറുത്തലാക്കിയിരിക്കുന്നു.



STUDENT AID FUND

The Student Aid Fund is built up with the contribution from the students and well wishers. Deserving students are identified and help is given.

DETAILS OF SCHOLARSHIPS

1. CENTRAL SECTOR SCHOLARSHIP: Scheme to provide Top Class Education for SC Students initiated by the Department of Social Justice and Empowerment, Govt. of Kerala.

2. THE KERALA STATE HIGHER EDUCATION SCHOLARSHIP: Students from Mahatma Gandhi/Kerala/Calicut University who have passed +2 with the marks as: ST-pass; SC-60%; OBC- 65%; Others 75%; Physically challenged- 45%. Eligible candidates of 1 year Degree can approach the scholarship counter for application form.

3. PRATHIBHA SCHOLARSHIP: The programme provides scholarship for students who have qualified meritoriously in the Higher Secondary Examination from Kerala for pursuing Degree/ Post Graduate Courses in Basic I Natural Science in Institutions/ scholarship for Degree Course. Eligible candidates should contact the scholarship counter.

4. MUSLIM/NADAR SCHOLARSHIP: Students with 60% marks and whose parent's annual income is Rs.6000/- and below can apply. Eligible candidates should contact the scholarship counter.

5 SCHOLARSHIP FOR PHYSICALLY HANDICAPPED: Students with 40% marks and whose parent's annual income is below Rs.25000/- can apply. Eligible candidates should contact the scholarship counter.

6. FISHERIES SCHOLARSHIP: Only children of Fishermen are eligible. Such students can approach the scholarship counter after enrolling in the College.

7. JNB FOUNDATION SCHOLARSHIPS: The JNB Foundation in Ernakulam awards scholarships to 25 deserving students on a merit- cum-means basis.

8. SNEHAPOORVAM: Children who have lost their Father or Mother and who belong to BPL or APL Category with annual income below Rs. 20,000/- in rural areas and Rs.22,375/- in urban areas.

9. SCHOLARSHIPS BY THE STARS: St. Teresa's Association of retired staff (STARS) awards scholarships to 25 deserving students.

10. Sr. TESSA MERIT-CUM-MEANS SCHOLARSHIP: The Staff of the College has set up the Sr.Tessa merit-cum-means scholarship in honor of former Principal of the College. It is awarded to students who show remarkable improvement in their studies as well as development of talents.



11. PROF. N. C. MARYKUTTY ENDOWMENT SCHOLARSHIP: Prof. N. C. Marykutty endowment scholarship to be given to a deserving student in the Department of Botany.

12. SR.TERESA DE LIMA SCHOLARSHIP for a deserving student.

13. SCHOLARSHIP BY THE 1983 DEGREE BATCH: Instituted on the occasion of their Silver Jubilee to be given to a deserving student.

14. PTA SCHOLARSHIP: Instituted by the PTA members to a deserving student.

15. SPECIAL SCHOLARSHIP: for a deserving student.

16. ALUMNI SCHOLARSHIP: Instituted by the alumni members of the College to the students of UG & PG classes on a merit-cum-means basis.

17. NAVATHI SCHOLARSHIP: Awarded to 90 students on the basis of their academic merit, a scholarship which covers half the course fee will be given to students who maintain excellence in their academics.

18. MERIT SCHOLARSHIP TO THE CHILDREN OF SCHOOL TEACHERS: Children of Primary/Secondary School Teachers who are in the first year of under graduate course can avail this Scholarship.

19. PALOLI MOHAMMED KUTTY SCHOLARSHIP: A scholarship for a girl student from Muslim community and a native of Kerala, studying for the first year of Graduation or Higher courses in Govt./Aided Institution. A student who has got admission to Self financing Colleges from merit seat is also eligible to apply for this scholarship. She should have scored 50% or above in the qualifying examination and the family annual income should not exceed 2.5 lakhs.

20. C. H. MOHAMMED KOYA SCHOLARSHIP: Scholarships to girl students belonging to the Muslim Community or Latin Catholic Community or Converted Christians (Scheduled Caste Velar Community), studying in Government/ Government Aided Institutions for Under Graduate Programme in the first year of the course. The scheme has scholarships and hostel stipends.

21. PROF. JOSEPH MUNDASSERY SCHOLARSHIP AWARD: Students who are natives of Kerala and whose family annual income is below 6 lakhs can avail this scholarship, if they have secured full A+ for SSLC/PLUS 2/ VHSC. Top 5 Post Graduate students can also apply.

22. UNIVERSITY MERIT SCHOLARSHIP: Only students from M.G. University can apply. The first 15 toppers from each class should bring the attested copies of Higher Secondary and S.S.L.C. mark list to the scholarship counter.

23. KERALA STATE GOVT.MERIT SCHOLARSHIP: Students who have secured 60% of marks and above from Mahatma Gandhi/Kerala/Calicut University



can apply. Eligible candidates can approach the scholarship counter for application form.

24. KERALA STATE MERIT CUM MEANS SCHOLARSHIP: Students from Mahatma Gandhi/Kerala/Calicut University can apply. Those who have secured I Class and whose parent's annual income is below Rs.10000/- (for Degree) and Rs.12000/- (for P.G.) can apply. Eligible candidates can approach the scholarship counter for application form.

25. HINDI SCHOLARSHIP: Students from Non Hindi speaking states can apply. Those who have taken Hindi as their second language with 80% marks can apply. Application form is available at the scholarship counter.

26. DISTRICT MERIT SCHOLARSHIP: Students who are in receipt of District Merit Scholarship for Higher Secondary can renew their Scholarship.



PRIZES AND ENDOWMENTS

	Name of Award	Awarded To
1	GRAND CHEVALIER L. M. PYLEE PRIZE	The student who secures the highest marks for the Postgraduate examination
2	M.S. NARAYANAN MEMORIAL PRIZE	The student who secures the highest marks for B.Sc.degree examination.
3	Sr. EMELINE PRIZE	The student who secures the highest marks for B.Sc.degree examination
4	SPECIAL PRIZE	Awarded by the College in memory of Late Ms. Saroja G. to the student who secures the highest marks in the S.S.L.C. examination from among the children of the Non-Teaching Staff of the College
5	MOTHER RITA MEMORIAL PRIZE	The student who secures the highest number of points at the M.G. University Youth Festival
6	Sr. TESSA PRIZE	The student who secures the highest marks for B.A Bharathanatyam degree examination
7	Sr. BEATA PRIZE	The best outgoing student of B.A. Bharathanatyam for all round performance
8	KRISHNA NURSING HOME SILVER JUBILEE PRIZE	The student who secures the highest marks for B.Sc. Botany degree examination
9	SULABHA MEMORIAL PRIZE	The student who secures the highest marks for B.Sc. Botany degree examination
10	Sr. TESSA SILVER JUBILEE PRIZE	To a deserving student of III B.Sc. Botany class for her fieldwork
11	BOTANY SILVER JUBILEE PRIZE	To B.Sc. students of Botany department for academic excellence
12	Prof. PARVATHY K.K. PRIZE	The B.Sc. Botany student who secures the highest marks in Genetics
13	THE GOLDEN WEDDING JUBILEE PRIZE	The student who secures the highest marks in M.Sc. Botany
14	MOTHER VALERIA MEMORIAL PRIZE	The student who secures the highest marks in M.Sc. Botany I Semester
15	Dr. Sr. MARGARET MARY PRIZE	The Best Publication in Botany from the Research Centre of the Department of Botany
16	Dr. Sr. AVITA PRIZE	The Best Field worker in M.Sc. Botany
17	Sr. AVITA GOLDEN JUBILEE ENDOWMENT AWARD	The meritorious outgoing student of M.Sc. Botany



	Name of Award	Awarded To
18	RANGACHALU PRIZE	The student who secures the highest marks in B.Sc.Chemistry
19	Mrs. SUMANGALA T. PAI PRIZE	For securing the highest marks in I B.Sc. Chemistry
20	Prof. ANNAKUTIY PRIZE	The best all rounder from B.Sc. Degree class in Chemistry
21	ANJU LUZY GEORGE MEMORIAL ENDOWMENT	The student who secures the highest marks of II year B.Sc.Chemistry examination
22	FRANCIS ARTHASERY MEMORIAL PRIZE	To two outstanding student of Chemistry department
23	Dr. (Sr) BERTILLE MEMORIAL PRIZE	To an outstanding student of II year Chemistry
24	THARIYAN MEMORIAL PRIZE	The student who secures highest mark in the B.Com Degree Exam
25	MOTHER DIGNA PRIZE	The student who secures the highest mark in I B.Com papers (main)
26	PLACID LOPEZ MEMORIAL PRIZE	The most deserving student of Final B.Com
27	COMMERCE ASSOCIATION PRIZE	The most deserving student of Final B.Com
28	PROFICIENCY PRIZE	The student who secures the highest marks in Income Tax in B.Com degree examination
29	COMMERCE ALUMNI PRIZE	The most outstanding student of Final B.Com
30	KATTUKAREN MATHEW ANTHONY MEMORIAL PRIZE	The student who secures highest marks in IV Semester B.Com degree examination
31	ALLEYKUTIY GEORGE ANATHANAM MEMORIAL PRIZE	The student who secures the highest marks in Business Statistics of I Semester B.Com degree examination
32	KANAYAMPLACKEL JOSEPH MEMORIAL PRIZE	The student who secures highest mark in Financial Accounting in III Semester B.Com degree examination
33	MARIAMMA JOSEPH KANAYAMPLACKEL JOSEPH MEMORIAL PRIZE	The student who secures highest mark in Capital Market in IV Semester B.Com degree examination
34	PROFICIENCY PRIZE	The student who secures highest mark in Financial Accounting, III Semester B.Com degree examination



	Name of Award	Awarded To
35	AWARD FOR ACADEMIC EXCELLENCE	Award for Academic Excellence Instituted by PG Department of Commerce
36	PROFICIENCY PRIZE	Instituted by PG department of Commerce the student who scores highest marks in I Semester B.Com Degree Exam
37	PROFICIENCY PRIZE	Instituted by PG department of Commerce for the student who secures highest marks in I Semester M.Com Degree Exam
38	PROFICIENCY PRIZE	Instituted by PG department of Commerce for the student who secures highest marks in II Semester B.Com Degree Exam
39	Sr. EMELINE PRIZE	To an outstanding student of the II year Communicative English
40	Late ANITHANAIR PRIZE	The student who scores the highest in the III DC Communicative English
41	Sr. CONCEPTA SILVER JUBILEE PRIZE	To an outstanding student of the II Communicative English
42	Sr. EMELINE PRIZE	The student who secures Highest Grade Point in CBCSS University Examination
43	NALINI MEMORIAL PRIZE	The student who secures the highest marks in II B.A. Economics
44	Sr. TERESITA PRIZE	The student who secures the highest marks for B.A. Economics Main papers
45	Sr. DIGNA PRIZE	The student who secures the highest marks for B.A. Economics
46	MOTHER DIGNA SCHOLARSHIP	To an outstanding student of B.A. degree Economics
47	Sr. TERESITA MEMORIAL SCHOLARSHIP	The deserving graduate in Economics for PG studies in Economics
48	MOTHER DIGNA PRIZE	The student who secures the highest marks in M.A. Economics I Semester
49	MOTHER MARY MEMORIAL PRIZE	The student who secures the highest marks in M.A. Economics II Semester
50	Sr. TERESITA MEMORIAL PRIZE	The student who secures the highest marks in M.A. Economics IV Semester
51	Sr. TERESITA MEMORIAL PRIZE	For a deserving candidate for PG studies in Economics
52	Sr. TERESITA MEMORIAL PRIZE	For research in Social Sciences Project- PG Economics



	Name of Award	Awarded To
53	Sr. ANTOINETTE PRIZE	The student who secures the highest marks in the Final Year English literature degree examination
54	Dr. P.R. NAMBIAR MEMORIAL PRIZE	The student who secures the highest marks in Part III English Literature in the B.A. degree examination
55	Sr. THERESE MARIE PRIZE	The student who secures the highest marks in Main Poetry
56	SEBASTIAN FERNADEZ & VICTORIA FERNANDEZ MEMORIAL PRIZE	The student who secures the highest marks in Part III English, Paper IV (Drama) in the II Terminal Examination of Final Year B.A. English Literature
57	JACOB THOMAS ANATHA NAM MEMORIAL PRIZE	To an outstanding student of the II year English literature
58	Sr. SERAPHIA PRIZE	To an outstanding student of the II year English literature
59	Mrs. HESSEY ALBERT KOIKARAN SCHOLARSHIP	To an outstanding student of the III year English Literature
60	Sr. MARY ROSE PRIZE	The student who secures the highest grade points in the IV semester for B.A. English Literature.
61	Cdr. CHETTUPUZZHA VARGHESE ANTHAPPAN MEMORIAL PRIZE	The student who secures the highest marks for the I Semester M.A. English Literature Exam
62	A VARGHESE ANTHAPPAN MEMORIAL PRIZE	To an outstanding student of the III year English Literature
63	MARY ROSE PRIZE	The student who gets the highest points in Literary events in connection with Teresian Week
64	Sr. BEATRICE PRIZE	The student who secures the highest marks in the I B.A. French examination
65	Mrs. ALICE PINTO PRIZE	The student who secures highest Grade Points in the III B.A. French Examination
66	Sr. IMMACULATA PRIZE	The student who secures the highest marks in the II B.A. French examination
67	SPECIAL PRIZE	The student who secures highest marks in the I Semester B.A. French Programme
68	SPECIAL PRIZE	Instituted by the Department of French to the student who secures highest marks in the 2 nd MTTM exam



	Name of Award	Awarded To
69	SPECIAL PRIZE	Instituted by the Department of French to the student who secures highest marks in the 1 st MTTM exam
70	PROFICIENCY AWARD	The student who secures highest marks in PG Diploma in Fashion Designing and Apparel Merchandising examination
71	PROFICIENCY AWARD	The student who secures highest marks in PG Diploma in Clinical Nutrition and Dietetics
72	PROFICIENCY AWARD	The student who secures Highest marks in B.Sc. Apparel and Fashion Design
73	GEETHA MEMORIAL PRIZE	The student who secures the highest marks in Home Science in the B.Sc. degree examination
74	SPECIAL PRIZE	The student who secures the highest marks in Food and Nutrition in the M.Sc. I Semester examination
75	Sr. IRMINIA PRIZE	The student who secures the highest marks in Resource Management and Interior Designing M.Sc. I Semester examination.
76	DR. Sr. LORETTA PRIZE	The student who secures the highest marks in the M.Sc. I Semester examination
77	SEENA MATHEW MEMORIAL PRIZE	The student who secures the highest marks in Resource Management and Interior Designing in the M.Sc. final year examination
78	Dr. RAVIKALA KAMATH PRIZE	The student who secures the highest marks in Child Development in the M.Sc. IV Semester examination
79	Dr. C. M. JOSEPH PRIZE	The student who secures the highest marks in Food and Nutrition in the M.Sc. IV Semester examination.
80	MOTHER BERNADINE MEMORIAL PRIZE	The student who secures the highest marks for the main paper in the II Home Science B.Sc. degree examination
81	SUMA ANIL MATHEW MEMORIAL PRIZE	The best outgoing Home Science student
82	DAIOPHICA PYNGROPE MEMORIAL PRIZE	The best outgoing student in PG Food Science and Nutrition
83	Sr. LIGUORI EVER ROLLING TROPHY	For the class who scores the highest points in Home Science Association activities
84	WOMEN SOCIAL WORKERS PRIZE	For an outstanding student in B.A./B.Sc. part II Hindi
85	Sr. REGIS PRIZE	For an outstanding student in Part II Hindi in B.Com



	Name of Award	Awarded To
86	Mrs. PADMAVATHY PRIZE	For an outstanding student in Hindi in I B.A./B.Sc. Part II Hindi
87	NILEEMA SAMSON MEMORIAL PRIZE	The student who secures highest marks in the final examination in History
88	Mrs. MARIA PEREIRA MEMORIAL PRIZE	The best student of II year history for excellence in curricular and co- curricular fields
89	MOTHER ALPHONSUS PRIZE	For an outstanding student of the final year B.A. History
90	Sr. SERAPHIA PRIZE	The student who secures the highest marks in Part II Malayalam for the II year B.A./B.Sc.degree examination
91	Sr. MODESTA PRIZE	The student who secures the highest marks in I B.Com. Part II Malayalam
92	Sr. ANITA PRIZE	The student who secures the highest marks in Part II Malayalam for the I year B.A./ B.Sc. examination
93	STAR PERFORMER AWARD	Constituted and sponsored by the department of Management Studies for a final year UG student for her overall remarkable contribution.
94	Mrs. INDIRA VARMA PRIZE	The student who secures the highest mark in B.Sc. Mathematics degree examination
95	Mrs. ANNIE JOHN PRIZE	To the student for excellence in curricular and co-curricular activities from III DC Mathematics (A Batch)
96	Mrs. A. R. VIJAYALAKSHMI PRIZE	To the student for excellence in curricular and co-curricular activities from III DC Mathematics (B Batch)
97	Mrs. MARY VARGHESE PRIZE	The student from II DC Mathematics (A Batch) for academic merit with extra- curricular excellence
98	Mrs. DHARMAMBAL PRIZE	The student from II DC Mathematics (B Batch) for academic merit with extra- curricular excellence
99	Sr. CHRISTABELLE PRIZE	The best all rounder of IDC Mathematics (A Batch)
100	Smt. ROSA K. J. PRIZE	The best all rounder of I DC Mathematics (B Batch)
101	Sr. CHRISTABELLE PRIZE	To two students with exemplary character from the Department of Mathematics
102	Sr. MARITA PRIZE	The student who secures the highest marks for Physics in I, II & III B. Sc. Physics



	Name of Award	Awarded To
103	Mrs. AMMINI JOSEPH PRIZE	The student who secures the highest marks in Final M.Sc. Physics examination
104	Mrs. DAISY. A PUNNOOSE PRIZE	The student who secures the highest marks in M.Sc. Physics IV Semester examination
105	PREMI MANAVALAN PRIZE	The student who secures the highest marks in M.Sc. Physics II Semester examination
106	CHRISTINA PINTO MEMORIAL PRIZE	The student who secures the highest marks in M.Sc. Physics I Semester examination
107	Mrs. ANNIE JOSEPH VALLAMATTAM ENDOWMENT SCHOLARSHIP	The best outgoing student of M.Sc. Physics
108	Prof. Sr. MARIE CECILE PRIZE	The student who secures the highest marks in I B.A. Sociology Main Paper
109	Dr. Sr. ANNE FELICE PRIZE	The student who secures the highest marks in M.A. Sociology I Semester Examination
110	Dr. Fr. GEORGE KOILPARAMBIL PRIZE	The best speaker from among the Sociology students
111	Mrs. ANNE JOACHIM PRIZE	The student who secures the highest marks in II B.A. Sociology Main Paper
112	PAULOSE MEMORIAL PRIZE	The student who secures the highest marks in III B.A. Sociology examination
113	Sr. TERESITA MEMORIAL PRIZE	The best research project in Social Science
114	JUSTICE GEORGE VADAKKEL PRIZE	The Sociology student who makes the best use of the library
115	GEORGE JOSEPH MEMORIAL PRIZE	The student who secures the highest marks in M.A. Sociology Degree examination
116	AGNEL JOSE PAUL MEMORIAL PRIZE	To a deserving student of the final M.A. Sociology
117	DOMINIC MANNIPARAMBIL PRIZE	The student who secures the highest marks in B.A. Sociology examination
118	Mr. & Mrs. JOSEPH VALLAMATTAM MEMORIAL PRIZE	The student who does the best M.A. Sociology project
119	J. S. PINTO PRIZE	The student who secures the highest marks in Zoology main for B.Sc. degree examination
120	Sr. CARMELITA PRIZE	To the student who secures the highest marks for I, II, & III Semester examination in III B.Sc. Zoology



	Name of Award	Awarded To
121	JOSEPH VITHAYATHIL MEMORIAL PRIZE	The student who secures the highest marks in I B.Sc. Zoology degree examination
122	Sr. ROSALIND PRIZE	The best student in I B.Sc. Zoology class
123	SPECIAL PRIZE	The student who gets highest mark for I Semester M.Sc Zoology examination
124	ZOOLOGY GOLDEN JUBILEE SCHOLARSHIP	To a deserving student of the final year degree class to sponsor her higher studies
125	CENTENARIAN N.C. KRISHNAN NAMBIAR MEMORIALPRIZE	To an outstanding student of the College
126	Prof. SAMUEL MATHAI PRIZE	The student of the B.A./B.Sc. class for exemplary service and excellence in co-curricular activities
127	MOTHER MARY PRIZE	To an outstanding student of I Degree class
128	Mr. J.E. KURIAN MEMORIAL PRIZE	The best class representative of the year
129	Prof. BETTY KURIAN PRIZE	To a student for her outstanding performance in theatrical events
130	SINI JACOB KOZHIPAT MEMORIAL SCHOLARSHIP	To be givento a deserving student
131	ODATHUPARAMBIL FRANCIS XAVIER MEMORIAL SCHOLARSHIP	To a deserving student
132	UNIVERSITY WOMEN'S ASSOCIATION OF COCHIN PRIZE	Awarded to the best debater
133	MARIA PHILIP MEMORIAL MERIT CUM MEANS SCHOLARSHIP	To a student for all round performance
134	MOTHER VERONICA PRIZE	To a student who makes best use of the library
135	Sr. BENHILDA PRIZE	To an outstanding member of the Jesus Youth
136	ALAPPAT SISTERS PRIZE	To a deserving Physically handicapped student
137	Rev. Sr. Dr. TERESA, FORMER PRINCIPAL, ST. TERESA'S COLLEGE ENDOWMENT PRIZE	To the Best Union Member of the year



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	Name of Award	Awarded To
138	Rev. Sr. Dr. VINITHA, FORMER PRINCIPAL, ST. TERESA'S COLLEGE ENDOWMENT PRIZE	To be awarded to the Union Member for her selfless service
139	Rev. Sr. CHRISTABELLE, FORMER PRINCIPAL ST. TERESA'S COLLEGE ENDOWMENT PRIZE	To the Best Red Cross Volunteer of the year
140	Sr. EMELINE PRIZE	To a student who combines academic merit with extracurricular excellence
141	Dr. JOSE ALAPPAT PRIZE	The best NSS camper of the year
142	SPECIAL PRIZE	The best NSS volunteer of the year
143	SPECIAL PRIZE	The best NSS worker of the year
144	Sr. MARIE THERESE MEMORIAL PRIZE	The best NCC Cadets of the year
145	MOTHER DIGNA PRIZE	Awarded by the College for service rendered by Union Members: Chair person, Vice Chairperson General Secretary, University Union Councillor 1, University Union Councillor 2, Editor of the College Magazine, Arts Club Secretary, Sports Secretary, Nominated member, IDC, II DC, III DC and PG Representative



CALENDAR - JUNE 2020

Value to be practised

Punctuality

Date	Days	Particulars
1	Monday	Regular classes begin for UG Sem III and V, PG Sem III / Term fee payment
2	Tuesday	
3	Wednesday	
4	Thursdazy	
5	Friday	World Environment Day
6	Saturday	
7	Sunday	
8	Monday	
9	Tuesday	
10	Wednesday	
11	Thursday	
12	Friday	
13	Saturday	Second Saturday
14	Sunday	
15	Monday	
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	
20	Saturday	
21	Sunday	
22	Monday	
23	Tuesday	
24	Wednesday	
25	Thursday	
26	Friday	
27	Saturday	
28	Sunday	
29	Monday	
30	Tuesday	
Total number of working days : 22 (22)		



CALENDAR - JULY 2020

Value to be practised
Gratitude

Date	Days	Particulars
1	Wednesday	
2	Thursday	
3	Friday	St. Thomas Day
4	Saturday	
5	Sunday	
6	Monday	
7	Tuesday	
8	Wednesday	
9	Thursday	
10	Friday	
11	Saturday	
12	Sunday	
13	Monday	Second Saturday
14	Tuesday	
15	Wednesday	
16	Thursday	
17	Friday	
18	Saturday	
19	Sunday	
20	Monday	Karkidaka Vavu
21	Tuesday	
22	Wednesday	
23	Thursday	
24	Friday	
25	Saturday	
26	Sunday	
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	
31	Friday	Bakrid
Total number of working days : 21(43)		



CALENDAR - AUGUST 2020

Value to be practised

Honesty

Date	Days	Particulars
1	Saturday	
2	Sunday	
3	Monday	
4	Tuesday	
5	Wednesday	
6	Thursday	
7	Friday	
8	Saturday	Second Saturday
9	Sunday	
10	Monday	
11	Tuesday	
12	Wednesday	
13	Thursday	
14	Friday	
15	Saturday	Independence Day
16	Sunday	
17	Monday	
18	Tuesday	
19	Wednesday	
20	Thursday	
21	Friday	
22	Saturday	
23	Sunday	
24	Monday	First Sessional Exam for UG Sem III, & V
25	Tuesday	First Sessional Exam for UG Sem III & V
26	Wednesday	First Sessional Exam for UG Sem III & V
27	Thursday	College closes for Onam Holidays
28	Friday	Ayyankali Jayanthi
29	Saturday	Muharram
30	Sunday	First Onam
31	Monday	Thiruvonam
Total number of working days :19 (62)		



ST. TERESA'S COLLEGE
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CALENDAR - SEPTEMBER 2020

Value to be practised

Hardwork

Date	Days	Particulars
1	Tuesday	Third Onam
2	Wednesday	
3	Thursday	
4	Friday	
5	Saturday	
6	Sunday	
7	Monday	College reopens after Onam holidays
8	Tuesday	First Sessional Exam begins for PG Sem III
9	Wednesday	
10	Thursday	Sree Krishna Jayanti
11	Friday	
12	Saturday	Second Saturday
13	Sunday	
14	Monday	Regular classes begin for UG Sem 2
15	Tuesday	
16	Wednesday	Open House of UG Sem V / World OzoneDay
17	Thursday	Open House for UG Sem III
18	Friday	Open House for PG Sem III
19	Saturday	
20	Sunday	
21	Monday	Sree Narayana Guru Samadhi
22	Tuesday	
23	Wednesday	
24	Thursday	
25	Friday	
26	Saturday	
27	Sunday	
28	Monday	
29	Tuesday	
30	Wednesday	
Total number of working days : 16 (78)		



CALENDAR - OCTOBER 2020

Value to be practised

Patriotism

Date	Days	Particulars
1	Thursday	
2	Friday	Gandhi Jayanthi
3	Saturday	
4	Sunday	
5	Monday	
6	Tuesday	
7	Wednesday	
8	Thursday	
9	Friday	
10	Saturday	Second Saturday
11	Sunday	
12	Monday	Second Sessional Exam begins for UG Sem V
13	Tuesday	
14	Wednesday	
15	Thursday	College Patron's Day
16	Friday	Second Sessional Exam begins for UG Sem III
17	Saturday	
18	Sunday	
19	Monday	
20	Tuesday	Regular classes begin for PG Sem I
21	Wednesday	Second Sessional Exam begins for PG Sem III
22	Thursday	
23	Friday	
24	Saturday	Mahanavami/ Study holidays begin for UG Sem V, III and PG Sem III
25	Sunday	
26	Monday	Vijayadasami
27	Tuesday	
28	Wednesday	
29	Thursday	Nabidinam
30	Friday	
31	Saturday	
Total number of working days : 19 (97)		



CALENDAR - NOVEMBER 2020

Value to be practised

Humility

Date	Days	Particulars
1	Sunday	Kerala Piravi
2	Monday	Final ESA Exams begin for UG Sem V and PG Sem III/Term fee payment
3	Tuesday	Final ESA Exams begin for UG Sem III
4	Wednesday	CV Camp begins
5	Thursday	
6	Friday	
7	Saturday	
8	Sunday	
9	Monday	First Sessional Exams for UG Sem I begin
10	Tuesday	
11	Wednesday	
12	Thursday	
13	Friday	
14	Saturday	
15	Sunday	
16	Monday	
17	Tuesday	
18	Wednesday	
19	Thursday	
20	Friday	
21	Saturday	
22	Sunday	
23	Monday	Even Semester classes begin for UG Sem VI & IV and PG Sem IV / Second Sessional Exams for UG Sem I
24	Tuesday	
25	Wednesday	
26	Thursday	Publication of results of UG Sem V and PG Sem III
27	Friday	
28	Saturday	
29	Sunday	
30	Monday	Open House for PG Sem I
Total number of working days: 21 (118)		



CALENDAR - DECEMBER 2020

Value to be practised

Dedication

Date	Days	Particulars
1	Tuesday	World Aids Day
2	Wednesday	
3	Thursday	Publication of results of UG Sem III
4	Friday	Achiever's Day
5	Saturday	
6	Sunday	
7	Monday	
8	Tuesday	
9	Wednesday	
10	Thursday	Human Rights Day
11	Friday	
12	Saturday	
13	Sunday	
14	Monday	Second Sessional Exams for UG Sem I and First Sessional Exams for PG Sem I begin
15	Tuesday	
16	Wednesday	
17	Thursday	
18	Friday	
19	Saturday	
20	Sunday	
21	Monday	
22	Tuesday	
23	Wednesday	
24	Thursday	Study holidays begin for UG Sem I and PG Sem I
25	Friday	Christmas
26	Saturday	
27	Sunday	
28	Monday	
29	Tuesday	
30	Wednesday	
31	Thursday	
Total number of working days: 15 (133)		



CALENDAR - JANUARY 2021

Value to be practised

Determination

Date	Days	Particulars
1	Friday	
2	Saturday	Nature Day, Mannam Jayanthi
3	Sunday	
4	Monday	
5	Tuesday	
6	Wednesday	
7	Thursday	
8	Friday	
9	Saturday	
10	Sunday	
11	Monday	First Sessional exams for UG Sem IV & VI & PG Sem IV/ SAY exams begin for UG Sem V & PG Sem III / Final ESA exams begin for UG Sem I & PG Sem I
12	Tuesday	Even semester classes begin for UG Sem II/ First Sessional exams for UG Sem IV & VI & PG Sem IV
13	Wednesday	Even semester classes begin for PG Sem II/ First Sessional exams for UG Sem IV & VI & PG Sem IV
14	Thursday	First Sessional exams for PG Sem IV
15	Friday	First Sessional exams for PG Sem IV
16	Saturday	
17	Sunday	
18	Monday	Second Sessional Exam begins for PG Sem I
19	Tuesday	
20	Wednesday	
21	Thursday	Study holidays begin for PG Sem I
22	Friday	
23	Saturday	
24	Sunday	
25	Monday	Even Semester classes begin for UG Sem II
26	Tuesday	Republic Day
27	Wednesday	
28	Thursday	
29	Friday	Foundress's Day
30	Saturday	Gandhi Samadhi
31	Sunday	
Total number of working days : 20 (153)		



CALENDAR - FEBRUARY 2021

Value to be practised

Perseverance

Date	Days	Particulars
1	Monday	Open House for UG Sem VI. Final ESA exams begin for PG Sem I
2	Tuesday	Open House for UG Sem IV
3	Wednesday	Open House for PG Sem IV
4	Thursday	
5	Friday	
6	Saturday	
7	Sunday	
8	Monday	
9	Tuesday	
10	Wednesday	
11	Thursday	
12	Friday	
13	Saturday	
14	Sunday	
15	Monday	Even Semester classes begin for PG Sem II
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	
20	Saturday	
21	Sunday	
22	Monday	Second Sessional Exams for UG Sem IV & VI & PG Sem IV Publication of results for UG Sem I & First Sessional Exams begin for UG Sem II
23	Tuesday	Second Sessional Exams for UG Sem IV & VI & PG Sem IV
24	Wednesday	Second Sessional Exams for UG Sem IV & VI & PG Sem IV / Publication of results of PG Sem I
25	Thursday	Second Sessional Exams for PG Sem IV
26	Friday	Second Sessional Exams for PG Sem IV
27	Saturday	
28	Sunday	
Total number of working days: 20 (173)		



CALENDAR - MARCH 2021

Value to be practised
Contentment

Date	Days	Particulars
1	Monday	
2	Tuesday	
3	Wednesday	
4	Thursday	
5	Friday	
6	Saturday	
7	Sunday	
8	Monday	
9	Tuesday	
10	Wednesday	
11	Thursday	Maha shivaratri
12	Friday	Open House for UG Sem II
13	Saturday	Study holidays begin for UG Sem VI, UG Sem IV & PG Sem IV
14	Sunday	
15	Monday	First Sessional Exams begin for PG Sem II
16	Tuesday	
17	Wednesday	
18	Thursday	
19	Friday	
20	Saturday	
21	Sunday	
22	Monday	Final ESA Exams begin for UG Sem VI and PG Sem IV / Second Sessional exams begin for UG Sem II
23	Tuesday	Final ESA Exams begin for UG Sem IV
24	Wednesday	
25	Thursday	CV Camp begins
26	Friday	
27	Saturday	
28	Sunday	
29	Monday	
30	Tuesday	
31	Wednesday	
Total number of working days : 21 (194)		



CALENDAR - APRIL 2021

Value to be practised

Responsibilities

Date	Days	Particulars
1	Thursday	
2	Friday	Good Friday
3	Saturday	
4	Sunday	Easter
5	Monday	Practical Exams begin for UG Sem VI and PG Sem IV
6	Tuesday	
7	Wednesday	
8	Thursday	
9	Friday	
10	Saturday	
11	Sunday	
12	Monday	Practical Exams begin for UG Sem IV/ Second Sessional Exams begin for PG Sem II
13	Tuesday	
14	Wednesday	
15	Thursday	Vishu
16	Friday	
17	Saturday	Study holidays begin for PG Sem II
18	Sunday	
19	Monday	Practical exams begin for UG Sem II
20	Tuesday	Publication of results for UG Sem VI and PG Sem IV
21	Wednesday	
22	Thursday	Study holidays begin for UG Sem II
23	Friday	
24	Saturday	
25	Sunday	
26	Monday	Publication of results for UG Sem IV
27	Tuesday	
28	Wednesday	
29	Thursday	
30	Friday	



ST. TERESA'S COLLEGE
(Autonomous), Ernakulam

CALENDAR - MAY 2020

Value to be practised
Prudence

Date	Days	Particulars
1	Saturday	Labour Day
2	Sunday	
3	Monday	Practical Exams begin for UG Sem II Final ESA Exams begin for UG Sem II & PG Sem II
4	Tuesday	
5	Wednesday	
6	Thursday	
7	Friday	
8	Saturday	
9	Sunday	
10	Monday	
11	Tuesday	
12	Wednesday	
13	Thursday	Idul Fitr
14	Friday	
15	Saturday	Publication of results for UG Sem II and PG Sem II
16	Sunday	
17	Monday	
18	Tuesday	
19	Wednesday	
20	Thursday	
21	Friday	
22	Saturday	
23	Sunday	
24	Monday	
25	Tuesday	
26	Wednesday	
27	Thursday	
28	Friday	
29	Saturday	
30	Sunday	
31	Monday	



ST. TERESA'S COLLEGE ERNAKULAM (AUTONOMOUS)

EXAMINATION CALENDAR (2020-2021)

Events	U.G. (Semesters I, III and V)	P.G. (Semesters I and III)
Opening Day	Semesters III & V : 01/06/2020 Semester I : 14/09/2020	Semester III : 01/06/2020 Semester I : 20/11/2020
1 st Sessional Examination	Semesters III & V : 20/08/2020 to 27/08/2020 Semester I : 19/11/2020 to 14/11/2020	Semester III : 08/09/2020 to 16/09/2020 Semester I : 14/12/2020 to 18/12/2020
Open House	Semester V : 16/09/2020 Semester III : 17/09/2020 Semester I : 11/12/2020	Semester III : 18/09/2020 Semester I : 05/01/2021
2 nd Sessional Examination	Semesters III & V : 12/10/2020 to 14/10/2020 Semester I : 14/12/2020 to 16/12/2020	Semester III : 05/10/2020 to 09/10/2020 Semester I : 18/01/2021 to 20/01/2021
Study Holidays	Semester V : 24/10/2020 to 01/11/2020 Semester III : 24/10/2020 to 02/11/2020 Semester I : 24/12/2020 to 09/01/2021	Semester III : 24/10/2020 to 01/11/2020 Semester I : 21/01/2021 to 31/01/2021
Final Exams	Semester V : 02/11/2020 to 11/11/2020 Semester III : 03/11/2020 to 18/11/2020 Semester I : 10/01/2021 to 21/01/2021	Semester III : 02/11/2020 to 11/11/2020 Semester I : 01/02/2021 to 10/02/2021
C.V. Camp	04/11/2020 onwards	04/11/2020 onwards
Publication of Results	Semester V : 26/11/2020 Semester III : 03/12/2020 Semester I : 21/02/2021	Semester III : 26/11/2020 Semester I : 24/02/2021



ST. TERESA'S COLLEGE ERNAKULAM (AUTONOMOUS)

EXAMINATION CALENDAR FOR THE ACADEMIC YEAR 2020-2021

EVEN SEMESTER

Events	UG Semesters II, IV & VI	PG Semesters II & IV
Opening Day	Semesters IV & VI : 23/11/2020 Semester II : 25/01/2021	Semester IV : 23/11/2020 Semester II : 15/02/2021
1 st Sessional Examination	Semesters IV & VI : 11/01/2021 to 13/01/2021 Semester II : 22/02/2021 to 24/02/2021	Semester IV : 11/01/2021 to 14/01/2021 Semester II : 15/03/2021 to 18/03/2021
SAY Examination	Semester V : 11/01/2021 to 15/01/2021	Semester III : 11/01/2021 to 15/01/2021
Open House	Semester VI : 01/02/2021 Semester IV : 02/02/2021 Semester II : 12/03/2021	Semester IV : 03/02/2021 Semester II : 30/03/2021
2 nd Sessional Examination	Semesters IV & VI : 22/02/2021 to 24/02/2021 Semester II : 22/03/2021 to 24/03/2021	Semester IV : 22/02/2021 to 24/02/2021 Semester II : 12/04/2021 to 14/04/2021
Study Holidays	Semester VI : 13/03/2021 to 21/03/2021 Semester IV : 13/03/2021 to 22/03/2021 Semester II : 22/04/2021 to 02/05/2021	Semester IV : 13/03/2021 to 21/03/2021 Semester II : 17/04/2021 to 02/05/2021
Final Exams	Semester VI : 22/03/2021 to 31/03/2021 Semester IV : 23/03/2021 to 07/04/2021 Semester II : 03/05/2021 to 12/05/2021	Semester IV : 22/03/2021 to 31/03/2021 Semester II : 17/05/2021 to 28/05/2021
C.V. Camp	25/03/2021 onwards	25/03/2021 onwards
Practical Exams & Viva	Semester VI : 05/04/2021 to 10/04/2021 Semester IV : 12/04/2021 to 16/04/2021 Semester II : 19/04/2021 to 21/04/2021	Semester IV : 05/04/2021 to 10/04/2021 Semester II : 12/04/2021 to 16/04/2021
Publication of Results (Final Years)	Semester VI : 20/04/2021 Semester IV : 25/04/2021 Semester II : 31/05/2021	Semester IV : 20/04/2021 Semester II : 15/05/2021



ST. TERESA'S COLLEGE ERNAKULAM APPLICATION FOR CERTIFICATES

1. Name of the Student (in full) :
2. Residential Address :
:
:
3. Class : Main Subject: Class No:.....
4. Year of joining: Year of leaving:
5. Year of University exam taken in this College: Reg. No.....
6. Part/Parts passed: Part/Parts failed:.....
7. Certificates required:
8. Your identity card is to be surrendered herewith.

Date :

Signature of the Student

FORMAT FOR TRANSCRIPT/LETTER OF RECOMMENDATION

1. Name
2. Course Completed
3. Year of Study
4. Signature



LATECOMER'S PAGE

Date	June				July			August			September		
	Time	Signature		Time	Signature		Time	Signature		Time	Signature		
		Teacher	Parent		Teacher	Parent		Teacher	Parent		Teacher	Parent	
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LATECOMER'S PAGE									
October				November			December		
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ST. TERESA'S COLLEGE
Autonomous

LATECOMER'S PAGE									
January				February			March		
Date	Time	Signature		Time	Signature		Time	Signature	
		Teacher	Parent		Teacher	Parent		Teacher	Parent
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REMARKS

Date	Remarks	Signature of Parent with date	Signature of Class Teacher with date

NOTES



ST. TERESA'S COLLEGE
Autonomous

MAHATMA GANDHI UNIVERSITY
PRIYADARSHINI HILLS, ATHIRAMPUZHA
KOTTAYAM-686562

Phone Numbers

Vice Chancellor	: 0481 2731001, 2731003 (R)
Pro-Vice-Chancellor	: 0481 2731005, 2731006 (R)
Registrar	: 0481 2731007, 2583131 (R)
Controller of Examinations	: 0481 2731000, 2792133 (R)
Fax	: 0481 2731000
Director of College Development Council	: 0481 2731013
University Information and Guidance Bureau	: 0481 2731025, 2731050
Public Relations Officer	: 0481 2731020
Director of Physical Education	: 0481 2560511
Director of Students Services	: 0481 2731024
Dean of Students	: 0481 2731031
N.S.S. Programme Co-ordinator	: 0481 2731029
Director of Collegiate Education Trivandrum	: 0481 2303107
Deputy Director of Collegiate Education, Ernakulam	: 0481 2362268



TIME TABLE-ODD AND EVEN SEMESTER

	I									
	II									
	III									
	IV									
	V									
	VI									
MONDAY										
TUESDAY										
WEDNESDAY										
THURSDAY										
FRIDAY										



