

ST. TERESA'S COLLEGE (AUTONOMOUS), ERNAKULAM

COUNSELLING CELL

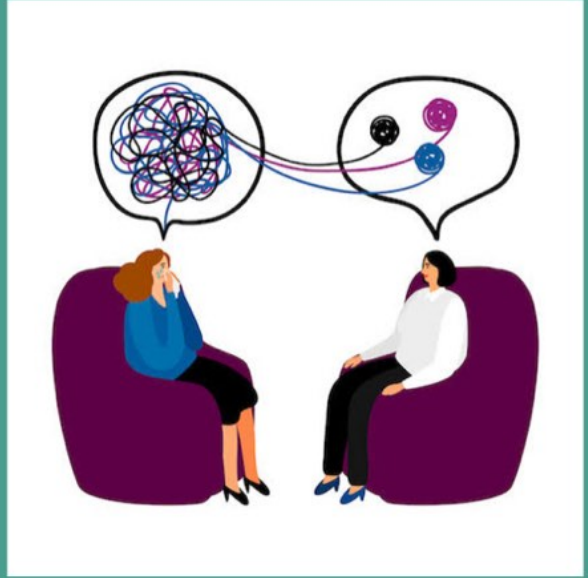


Counselling Cell of St. Teresa's College, Ernakulam understands your concerns. We care for you and your loved ones. We have a team of experts whom you can approach whenever you need help.

**WE ARE HERE
FOR YOU!**

Counselling Cell,
St.Teresa's
College,
Ernakulam,
always rendering
unique services to
students and their
families. The
Covid-19
pandemic and
lockdown has
plunged the life of
student
community and
their families into
uncertainty and
other distressing
episodes which
are relentless. To
manage this
pandemic crisis in
the best way
possible,
Counselling Cell
of St.Teresa's
College initiated
this new project.

Sasneham - Teresian Saanthwana Pariraksha



Mental health wellbeing is just
as important to us as
breathing is- so we deemed it
as our duty and privilege to
extend a helping hand to you.
Trust, we are there for you in
your distressing times to hear
you, support you and
rehabilitate you- we care for
your mental health.

Feel free to contact us!

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