

RESUME

Dr. PRIYA PILLAI

Subha Bhavanam, Inchavilla,

Vilangara, Chepra P.O, kottarakara, kollam (Dist.)

Kerala-691520

Email ID :-

priyapillai@teresas.ac.in

OBJECTIVE:

I aspire to work in a competitive environment where I can fully utilize my skills and also keep gathering knowledge and experience especially in teaching field.

EDUCATIONAL QUALIFICATION:

Qualification	Name of the College/School	Board/University	Year of Passing	Percentage
Ph.D in Home science (Food and Nutrition) (Registration Date-1/1/2009)	-----	Shivaji University, Kolhapur (Maharashtra)	2014	Distinction
Post Graduate Diploma In Environment Management	Siber College, kolhapur	Shivaji University, Kolhapur (Maharashtra)	2010	73.16%
M.SC Food and Nutrition	Dr.N.G.P college of Arts and Science, Coimbatore .	Bharathiar university	2007	72.05%

Diploma In office Administration	Dr.N.G.P College of Arts and Science, Coimbatore .	Bharathiar university	2007	64.2%
B.SC Home Science (Food And Nutrition)	Goa College of Home Science	Goa university	2005	58%
Qualification	Name of the College/School	Board/University	Year of Passing	Percentage
12th	Kendriya Vidyalaya No -1(Vasco da Gama Goa)	Central Board of Secondary Education	2002	64.8%
10th	Kendriya Vidyalaya No -2 (Vasco da Gama Goa)	Central Board of Secondary Education	2000	65%

WORK EXPERIENCE:

❖ Presently working as Assistant Professor in the Clinical Nutrition Department at St.Teresa College, Ernakulam.

❖ Worked as Dietician in Sreevalsam Institute of medical Science, Edapal, Malapuram, Kerala from **(3/2/2014 to 7/6/2014) (4 months)**. During the service I was appreciated by **Peringottukara Namboothiri Yogakshema Sabha (Charitable Society, Thrissure)** for the sincere service rendered by me in the Medical Camp held in the campus on 8/02./2014 in connection with the 99th foundation day of Sabha. The medical Camp was proclaimed as fabulous, as hundreds of patients of this remote village avail the advanced treatment that are normally available at towns only.

❖ Worked as lecturer in Food Technology Department, for college of Non Conventional Vocational Courses for Women, Kolhapur form **2007-2011 (4 years)**.

C Worked as lecturer in Home Science Department for Rajaram Government College, Kolhapur **7/10/2011 to 30/4/2012 (6 month)**.

RESEARCH PUBLICATIONS

- ❖ Efficacy of kokam health drink in obesity-Asian Journal Of Home Science (Accredited by NAAS:Jrn ID :A198;Rating 3.1)
- ❖ Formulation and Nutritional evaluation of kokam (Garcinia Indica) candy -Young researcher interdisciplinary research journal. (ISSN-2277-7911)
- ❖ Efficacy of Garcinia Indica (Kokam) in obesity -National symposium on 'Recent Trends in life Sciences.-
- ❖ Efficacy of alpha hydroxycitric acid in garcinia indica health drink for obesity-Young researcher interdisciplinary research journal. (ISSN-2277-7911)

TRAINING UNDERGONE FOR WHICH CERTIFICATES HELD:

- ❖ Dietician internship in Malabar Institute of Medical Science (MIMS) hospital for a period of 15 days.
- ❖ Dietetic Internship in "Dr.Mohan's Diabetes Specialities Centre" -Chennai for a period of 1 month.
- ❖ Undergone training for Shop floor activities at Montana Confectioners Pvt.Ltd for a period of 16 days.

COMPUTER SKILLS:

Computer fundamentals, Word Processing, Spreadsheet, Business Presentation, and Integrated suit Application, Excel, Power point, E-mail and Internet.

NATIONAL LEVEL CONFERENCE ATTENDED:

- ❖ Participated in oral presentation on "Emerging Technology for Sustainable Development" national conference organized by department of Technology, Shivaji University, Kolhapur.
- ❖ Participated in UGC-SAP sponsored National Symposium on Recent Trends in life sciences-2011.
- ❖ Participated in one day workshop on Solid Waste Management, sponsored by UGC,New Delhi ,organized by the Department of Environment Management, SIBER Kolhapur-2009.
- ❖ Participated in graphical presentation on "Recent trends in Nutrition" – Nutria Graphics 2006, Coimbatore.
- ❖ Participated in two day National Seminar on "Dietary Management in Non –Communicable Diseases Bharath college of Science and Management,2006, Bharath College Of Science And Management ,Thanjavur.
- ❖ Participated in two day National Seminar on "Molecular basis of human disease diagnosis and treatment conducted by Dr.N.G.P Arts and Science College, Coimbatore.

❖ Participated in state level conference on Health Cooking For Healthy Life, organized by department of Nutrition and Dietetics, Nutrifete, N.G.P Arts And Science College, 2005, Coimbatore.

PROJECT DONE:

- ❖ Utility of Garcinia Indica(Kokam) products in obesity among adolescents of western konkan of Maharashtra (Ph.D degree research work)
- ❖ Fostering Women Entrepreneurship In Fruit Processing –An income generating Sector.
- ❖ Quantitative food and beverage handling in the food service industry.

RESEARCH AREA OF INTEREST:

- ❖ Food and Nutrition

ADDITIONAL QUALIFICATION:

- ❖ III(A) Degree In Reiki Treatment (Dr. Mikao Usui’s self enlightenment process/positive spiritual healing system) 1999-2001, Goa.
- ❖ Trained in Self Defence Program under Centre For Community Development, Shivaji University, Kolhapur, 2008.

EXTRACARICULAR ACITIVITY ACHIVEMENTS :

Sr.No	ITEMS	COLLEGE AND SCHOOL NAME	PRIZE	YEAR
1.	Quiz Competition	Vellalar College For Women, Erode	1 st Prize	2006
2.	Fashion Show	Dr.N.G.P Arts And Science College	1 st Prize	2006
3.	World Health Day Celebration (Poster Presentation)	Dr.N.G.P Arts And Science College	Participated	2006
4.	Inter College Nutrition Game Competiton, Cross Word Puzzle (Nestle India LTD)	PSG College Of Arts And Science	Participated	2006
5.	Graphical presentation “On Recent Trends In Nutrition” (Nutria Graphics)	Dr.N.G.P Arts And Science College	2 nd Prize	2006
6.	Camel Creative Workshop (Painting)	Dr.N.G.P Arts And Science College	Participated	2006

7.	Student Parliament Competition (Goa Legislature Secretarial)	Goa College Of Home Science	Participated	2003
8.	Chess Competition	K.V No 2, Goa	2 nd Prize	2000
9.	Extempore Speech (English)	K.V No 2, Goa	3 rd Prize	1999
10.	Chess Competition	K.V No 2, Goa	2 nd Prize	1998
11.	Rangat Sangat –Painted for UNICEF (Fund Raising Drive to ensure the survival, protection and Development of millions of needy children)	K.V No 2, Goa	Participated	1997 and 1998
12.	Group Dance Competition	K.V No 2, Goa	2 nd Prize	1998
13.	Needle and Thread Race Competition	K.V No 2, Goa	1 st Prize	1998
14.	Fancy Dress Competition	K.V No 2, Goa	2 nd Prize	1997
15.	Group Dance Competition	K.V No 2, Goa	2 nd Prize	1997
16.	Group Dance Competition	K.V No 2, Goa	1 st Prize	1996
17.	Recitation Competition	Naval Public School, Goa	2 nd Prize	1989

PERSONAL DETAILS

Name

- Dr. PRIYA PILLAI

Date Of Birth - 07/01/1985
Sex - Female
Contact No - C/O N.Prabhakaran Pillai
Subha Bhavanam, Inchavilla,
Vilangara,Chepra P.O, kottarakara,
kollam (Dist.), Kerala-691520
Contact No-8086211890, 9388372473
Email - pri7jan@gmail.com
Fathers Name - N. Prabhakaran Pillai
Nationality - Indian
Religion - Hindu
Language Known - English, Hindi, Malayalam, Tamil and
Marathi
Hobbies - Cooking, Listening to Music and
Reading Books

DECLARATION:

I hereby declare that above furnished information are true to the best of my knowledge.

Signature

-Sd-

Dr PRIYA PILLAI

PLACE: Kerala ,India

DATE :