ASSUMPTION COLLEGE AUTONOMOUS CHAGANASSERRY

National webinar on NUTRITION: RECENT TRENDS & CHALLENGES

ABOUT THE WEBINAR......

As part of National Nutrition Week—2020, The Department of Home Science is organizing a Webinar on Nutrition: Recent Trends & Challenges. We are probably constantly bombarded with changing situations that influence our decisions and eating habits. This webinar proffers a platform to analyze the recent trends and challenges of healthy eating. We cordially invite Students, Research Scholars, and other Academicians to this webinar.

Session 1
PLANETARY
HEALTH DIETS



Dr. Anu Joseph
Associate Professor
Department of Home Science
St. Teresa's College,
Ernakulam

Session 2
CHALLENGES OF
HEALTHY EATING



Dr. R Radha
Assistant Professor
Department of FSMD,
Avinshilingam Institute of
Home Science and Higher
Education for Women,
Coimbatore

No registration fee

E-certificate will be issued

Date: 05-09-2020

Time: 10.30am -12pm

On:



Organised By: Home Science Department

Register here:

https://forms.gle/9f3nzEH7asz1x4om6

Organizing Committee: Ms. Anne Mary Joseph (Convenor), Ms. Manjulin Jacob, Sr. Elizabeth Joseph, Ms Vineetha Antony, Ms Sherin Thomas, Ms Joice J J

Feel free to contact: 9400907465 email: hscassumption2021@gmail.com