



**ST. TERESA'S COLLEGE (AUTONOMOUS)**

Affiliated to Mahatma Gandhi University, Kottayam



**SHORT TERM ONLINE CERTIFICATE COURSE ON**

**INDIAN CONSTITUTION AND THE**

**RIGHTS OF CITIZENS**

**DHISHA(MPM/CA/294/2015)**

**AND**

**TERESIAN RESEARCH AND CONSULTANCY CELL (TRACC)**

## About the Organizers

### **DHISHA**

Dhisha is an organization of socially committed youngsters of Kerala, registered under The Societies Act, 1960 with reg.no.MPM/CA/294/2015. This venture aims at providing voluntary service to the society and was founded by Dinu Veyil in 2014. The organization is constantly involved in addressing various social issues, particularly in the field of upholding the rights of marginalized communities of the state. The organization received KARMA AWARD of MKR Foundation in 2015 with a jury committee chaired by Padmasree MT Vasudevan Nair. Being a social organisation with a rights based approach it offers its expertise in social activism over the past six years. The organization is guided by Ms. Sheeba Ameer, a prominent social activist and founder of Solace, as its patron and supported by an Advisory Board consisting of eminent personalities including Retd. Justice Siri Jagan, Padmasree Dr. Meenakshi Gopinath, Sara Joseph.

### **TERESIAN RESEARCH AND CONSULTANCY CELL**

St. Teresa's College, a pioneering institution in the field of Higher Education in India, accredited by NAAC with A++, 47th rank in NIRF, was established on 15th June in the year 1925, as the first Women's College of the erstwhile Cochin State and the second in the whole of Kerala by the Congregation of the Carmelite Sisters of St. Teresa. Teresian Research and Consultancy Cell (TRACC) of St. Teresa's College started in 2011 coordinates the research activities of the institution and takes initiatives to promote conducive research culture on the campus. The Cell monitors, assists and evaluates the research activities of the campus and provides a platform to facilitate discussions, disseminate research findings and to keep abreast of the newer developments in the field of research.

## About the Course

The chief architect of the Indian Constitution, Dr. B.R. Ambedkar regarded Constitutional morality as not a natural sentiment, rather one to be cultivated among the citizens. As elucidated in the Fundamental Duties of the Indian Constitution it is the duty of the citizens to oblige with the Constitution of India. Therefore, until one gains a basic understanding of how to safeguard one's life and livelihood through legal methods and guaranteed rights, the dream of a developed and progressive society shall remain an ideal-to-be-achieved.

Legal Literacy is essential for the survival of our Constitutional Democracy. Legal literacy aims at bringing awareness to the masses regarding the laws of the land and the respective rights they entail. This 40 Hour online Certificate Course aims at promoting Legal Literacy among the youngsters of the state who in turn will serve the purpose of creating a democratic consciousness for the countries progression. The Course is divided into six modules, each engaged by eminent resource persons both from inside and outside the state, as well as from abroad. The training sessions will consist of theoretical sessions, Interactive sessions and practical sessions meticulously planned by our expert team and is designed in a manner that it would empower the young students to emerge as para-legal volunteers. The Course intends to enable the participants to use the knowledge imbibed as an instrument for social change. The Course is expected to lead to the establishment of a unique Legal Support Cell at St. Teresa's College in association with Project Dosth, the socio-legal support cell of Dhisha.

Course Designed by: Mr. Dinu K

Course Consultants: Dr. K.M. Sheeba, Adv. P.K. Santhamma, Ms. Pramela. T.P,  
Adv. Maya Krishna, Dr. Latha Nair R.

Course Coordinators: Mr. Dinu K. and Adv. Dhanuja M.J, Mr. Anagh

# Course Structure

## 1. Duration of the Course

The duration of the Course shall be 40 Hours which includes both theoretical, interactive and practical sessions. The participants enrolled will be provided with opportunities to interact with eminent activists and provided opportunities to gain practical experiences in becoming a Para Legal volunteer.

## 2. Eligibility

Candidates who have secured a pass in Higher secondary examinations and above need apply. The upper age limit will be 35.

## 3. Pre-requisites

The applicants shall have previous experience in engaging with social issues. The applicants selected shall show a willingness to do undertake voluntary service in the legal activities of Dhisha and St. Teresa's College.

## 4. Registration Fee

The registration fee for the course is Rs. 500/-. The participants should register and pay the fees in the address mentioned below.

Account Holder	DHISHA
Account No.	14270200025149
IFSC Code	FDRL0001427
Branch	Federal Bank, Kottakal

## 5. Mode of Instruction

The sessions shall be through online mode using platforms like Google meet, Zoom, etc.

## 6. Evaluation

The Evaluation Scheme will include Assignments, Presentations, Group Discussions, Book/Document/Documentary Reviews and others. The Grading scheme of the course shall be as follows:

- A + = Outstanding
- A - = Excellent
- B + = Very Good
- B - = Good
- C + = Average
- C - = Below Average

## 7. Certificate

Both electronic and hard copies of Certificates shall be awarded to the participants on successful completion of the course. Those with C+ or above grade shall be provided with the Graded pass certificate and those who secure C shall be provided only with the certificate of participation.

## 8. How to apply

Interested candidates may apply for the course through the official website of St. Teresa's College(Autonomous) Website: <https://teresas.ac.in/>

For further information's contact: Anagh – 9446491723, Nivitha Suresh 7510123189

# Course Module

## ❑ **Module 1 -Introduction to Indian Constitution**

The first module deals with Introduction to Indian Constitution providing a basic awareness to the learner about the Basic Structure of the Indian Constitution focusing upon the Fundamental Rights and Rights to Constitutional Remedies.

## ❑ **Module 2 -Introduction to the rights of Children and Women**

The second module deals with the Rights of Woman and Children. This module enables the learner to act as a supporting agent to women and children who faces crisis. Further the module also focuses on providing an insight towards the major legal provisions related to family.

## ❑ **Module 3 -Introduction to the rights of the Marginalized**

The third module enables the learners to understand the rights of various marginalized communities and other weaker sections of the society. This particular module includes an Introduction to the rights of Scheduled Caste and Scheduled Tribe, Rights of SOGIESC and the rights of disabled, aged, migrant laborers and other underprivileged communities.

## **❑ Module 4 -Introduction to the Criminal Procedure and Other Important Criminal Laws**

The fourth module is an introduction to the criminal procedure and other important criminal laws such as cyber laws and consumer laws.

## **❑ Module 5 -Introduction to Right Based activism**

The fifth module is broadly dealt with Right Based activism, which includes Free Legal aid and KELSA, the functioning of the National and State level commissions and the Right to Information Act.

## **❑ Module 6 -Introduction to Student Rights in higher education**

The final module of the course is unique as it focuses on student entitlements, legal literacy on Campus Based Rights in pertaining to higher education. This module enables the participants to act on curbing the menace of ragging, to promote the concept of gender inclusive campus, to understand major UGC regulations and provisions in their respective campuses.

## Course Outcomes

- CO 1. Appraise the concepts of Rights, Fundamental Rights, Duties and Rights to Constitutional Remedies.
- CO 2. Describe the Rights for Women and Children.
- CO 3. Differentiate between the different family laws.
- CO 4. Interpret the various laws for the marginalized that will help address marginality.
- CO 5. Interpret the Rights of Scheduled Castes and Scheduled Tribes.
- CO 6. Examine and Correlate the NALSA judgement, State Policy for transgender in Kerala 2015, Transgender Persons protection of rights Act 2020.
- CO 7. Enumerate the various stages of Criminal Procedure.
- CO 8. Summarize the cyber laws and consumer laws.
- CO 9. Stimulate the use of Rights Based Activism.
- CO 10. Research the functioning of Central and State Level Commissions.
- CO 11. Restate the Right to Information Act.
- CO 12. Examine the student entitlements of UGC and others.
- CO 13. Illustrate a plan for the promotion of students rights in higher education.
- CO 14. Articulate legal literacy attained in everyday situations.

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