

# SANDHYA SAJEEV

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## CAREER OBJECTIVE

To utilize my love of teaching and my ability to communicate effectively with students of all ages in a capacity that will help the Institute make smooth transitions in the life of Students

- Passionate about giving students the best possible education in life, and enjoys working in a busy environment and relishes the challenge of managing a diverse workload.
- Ability to effectively interact with diverse population of students at various academic levels. Skilled in recognizing, respecting and nurturing the creative potential of students and responding to all classroom queries.

## SCHOLASTIC

- Passed **National Eligibility Test (NET)** for **Assistant Professor - Home Science - Social Science** by University Grants Commission (UGC) in December 2019
- **MSc Food Science & Nutrition** from Kerala Agriculture University, Trivandrum Kerala with an aggregate of 8.7/10.0 OGPA in December 2001
- **Bachelor of Science ( Bsc)** - Home science from Government Women's College, Trivandrum affiliated to Kerala University, in 1998

## KEY STRENGTHS

- Utilize curricula that reflect the diverse educational, cultural, and linguistic backgrounds of the students served.
- Establish positive relationships with students, parents, fellow teachers and school administrators/staff.
- Kindle excitement about learning, incorporating manipulative, projects and research projects into instruction.
- Read and stay abreast of current topics in education.
- Effectively diagnose student learning process and difficulties. Provide evaluative feedback to students including prescribing ways to maintain progress and overcome difficulties.
- Prepare variety of written materials like grades, lesson plans following scope and sequence, correspondence with parents and students, attendance, anecdotal records etc. for the purpose of documenting student progress and meeting mandated requirements.

## CERTIFICATIONS

- Diploma in Yoga from Kerala Yoga Association affiliated to Indian Yoga Federation - July 2019
- Diploma in Yoga Therapy from Life Institute of Yoga and Research Center affiliated to Kerala Yoga Association - July 2019
- Certification in Office Automation from Trio International Private Limited - 1999/ 2000

## PROFESSIONAL SNAPSHOT

### AMRITA INSTITUTE OF MEDICAL SCIENCE & RESEARCH (AIMS) COCHIN , KERALA | ASSISTANT DIETITIAN | JANUARY 2001 - OCTOBER 2002

- Enforced dietary education for patients receiving dialysis treatments by evaluating labs and determining specific needs
- Counseled patients with diabetes about consistent carbohydrate diet, monitoring BG levels, and proper timing of meals
- Collaborated with care management team daily to achieve an optimal level of independent functioning patients
- Educated patients and care givers about all different therapeutic diets ; Formulated menus for therapeutic diets based on medical and physical condition of patients, integrating them with basic institutional menus.
- Maintained clinical productivity standards and accurate record keeping of daily clinical activities, including information for scheduling and billing
- Assists in development of standards of practice within the Department of Nutrition. Assists in monitoring of selected clinical indicators and department audits
- Designs nutrition education services by researching, developing, writing, and updating policies, procedures, methods, and guidelines.
- Responsible for the supervision of BSc nursing students during their clinical experience, conducting and evaluating their seminars and presentations.
- Created instructional materials for classroom study and preparation for clinical experiences for nursing candidates.
- Assessed student work in the classroom by reviewing test results, evaluating laboratory work, and reading nurse journals

## PERSONAL DETAILS

**Date of Birth :** 02 /07/1976 | **Nationality :** Indian | **Marital Status :** Married  
**Languages Known :** English, Malayalam, Arabic & Hindi  
**Permanent address :** 'MADHAVAM' BAVARA - 7, Beena Anjuman Road, Edappally P.O, Cochin

## DECLARATION

I hereby declare that all the information furnished in this document is true to my knowledge and belief

**SANDHYA SAJEEV**