

REPORT REGARDING THE ACTIVITIES OF THE
DEPARTMENT OF PHYSICAL EDUCATION

2018 June to March 2019

The Department of Physical education brings many laurels to the college by winning medals at National, All India Interuniversity, State and M.G University level for various sports and games .Our College came **8th** rank among 225 colleges in M.G University for the Overall Achievements in sports for the year 2018-19

DEPARTMENT ACTIVITIES

This Year the department organized several activities

1. Department organised **World Yoga Day** on 21st June in connection with world yoga Day Celebration.
2. We Organised Inter Departmental Prize Money **Football Shooting** Competitions from August 1st to 7th 2018.
3. Organised **Inter Zone women volleyball InterCollegiate Tournament** at our Indoor stadium On Oct3rd & 4th of November-2018.
4. The department jointly organised one day workshop on **Yoga-prana** on November 5th 2018 along with English department.
5. The department organised M.G University Women Badminton coaching camp for 21days from 5th to 26th November 2018.
6. We conducted **90th College Annual Sports Day** on 24th January 2018.Chief Guest of the Day was Mrs Rajam Gopi,International Masters Athlete.,Director Dr,Sr Vineetha presided

over the function. Annual Athletic Meet Conducted in a Colourfull manner.Dr Sajimol Augustine ,Principal,lowered the flag at the end of the programme.

7. Organised **M.G University InterCollegiate Yoga Tournament** at Gym Plaza on February 19th 2019.

PRIDE OF OUR COLLEGE

INTERNATIONAL LEVEL

- ❖ Ashna Roy 1st MA Sociology Represented **India** in the Syed modi International World tour super 300 Badminton championship held at Lucknow from November 20th to 25th 2018.
- ❖ Agna Anto of 1st MA Sociology Represented **India** in the Syed modi International World tour super 300 Badminton championship held at Lucknow from November 20th to 25th 2018.
- ❖ Agna Anto 1st MA Sociology Represented **India** in the Dubai International Challenge Badminton championship(Doubles) held at Dubai from November 14th to 18th 2018.

NATIONAL LEVEL

- ❖ Ashna Roy secured **Third position** in the All India senior Ranking Badminton championship held at Pune 11th to 16th September 2018 .

- ❖ Ashna Roy secured **Third position(Doubles)** in the All India senior National Ranking Badminton championship held at Bereilly from 30th October to 4th November 2018.
- ❖ Agna Anto of 1st MA Sociology Represented **Kerala state** (Doubles) in the Woman Sr.National Badminton championship held at Bangalore from October 25th to 30th 2018.
- ❖ Sarga K S of 2st DC Economics secured **Second position** in Volleyball in the Khelo India National Championship held at Pune Sivaji Chathrapathi sports complex from 14th to 20th January 2019.
- ❖ Agna Anto of 1st MA Sociology Represented **Kerala state** in the Woman Sr.&JrNational Ranking Sunrise Badminton championship held at Kochi from October 22nd to 27th 2018.

ALL INDIA INTER UNIVERSITY

- ❖ Sarga K S of 2st DC Economics secured **Second position** in the All India Interuniversity **Volleyball** Championship held at IIS Deemed University from December 17th to 20th 2018.
- ❖ Crisbell Benney of 3rd DC Physics represented MG University in the All India Inter University kabadie Championship held at Bangalore North university from Nov.12th to 15th 2018.
- ❖ Ashna Roy & Agna Anto of 1st MA Sociology and Reza Farhath of 1st DC B.Com represented MG University in the All India Inter University Badminton Championship held at VIT Vellore from December 4th to 8th 2018.

Ragini and Nirupama Jacob

STATE LEVEL

- ❖ Nirupa Mary Jacob of IIIrd DC B.Com participated in the (Team Championship) Kerala state sr.Table Tennis Tournament held at RSC Ernakulum on november 26th to 31 2018.
- ❖ Our vollyball team participated in the Youth state volleyball championship held at Kasarkode from 22nd to 28th December 2018.
- ❖ Mary silpa Francis of 3nd DC Zoology got 1st position in the Kerala Sr.State Yoga championship held at Malapuram on December 10th 2018.

M.G UNIVERSITY LEVEL

- ❖ College Volleyball team won the 2nd Position in the M.G University Intercollegiate **Volleyball** Championship held at St.Terasas College from October 3rd & 4th 2018.
- ❖ College Table Tennis Team won the Second position in the M.G University Intercollegiate **Table Tennis women** Championship held at BK College,Amalagiri on October 15th 2018.
- ❖ College Badminton Team won the First Position in the M.G University Intercollegiate **Badminton** Championship held at Bharath matha College,Ernakulam on October 16th & 17th 2018.
- ❖ College Cycling Team won the Second Position in the M.G University Intercollegiate **Cycling** Championship held at SD college,Kanjirapally on December 1st 2018.
- ❖ College Yoga Team won the First Position in the M.G University Intercollegiate **Yoga** Championship held at St Teresas College ,Ernakulam on February 19th ,2019.

FACULTY ACHIEVEMENTS

Dr Thomas K.M

- ❖ Dr Thomas K M acted as the team Manager for the South Zone Interuniversity WomenBadminton Championship held at Vellore TamilNadu.
- ❖ Team Manager for various Intercollegiate Championships
- ❖ Acted as aSelector for the MG University Team Swimming, & Basketball.