

A.General Information

- a) Name : **BETTY RANI ISAAC**
- b) Date of Birth : 12.09.1968
- c) Address (Residential) : XI/345 H , Mythripuram, Thrikkakara-682021
- d) Designation : Associate Professor & Head
- e) Department : Department of Home Science, St.Teresa's College, Ernakulam
- f) Area of Specialization : Food Science and Nutrition
- g) Date of Appointment :
- (i)in the Institution: 05.01.1994
- ii)In the Present Post: 06.01.2009

PROFESSIONAL EXPERIENCE

1. August 1993 guest lecturer in FIP vacancy ,Department of Home Science, St.Teresa's College, Ernakulam
2. Jan 1994 Junior Lecturer, Department of Home Science, St.Teresa's College, Ernakulam
3. Jan 2006 Lecturer, selection Grade, Department of Home Science, St.Teresa's College, Ernakulam
4. Jan 2009 – till date Associate Professor , Department of Home Science, St.Teresa's College, Ernakulam
5. April 2016 Head, Department of Home Science, St.Teresa's College, Ernakulam
6. April 2017 Research Guide , Centre for research and post graduate department of Home Science, St.Teresa's College, Ernakulam

EDUCATIONAL QUALIFICATIONS

- 2013 Doctorate (PhD) in Home Science,(Food and Nutrition) Mahatma Gandhi University, Kerala.
- 2002 Certificate from Faculty of Computer Education, Reliance Computers, Bangalore.
- 2000 Awarded the Indian Council for Agricultural Research (ICAR) Lectureship/Assistant Professorship.
- 1993 M.Phil in Food Science and Nutrition. Avinashilingam University, Coimbatore.
- 1992 M.Sc in Food Science and Nutrition, Avinashilingam University, Coimbatore.
- 1990 Awarded Junior Fellowship, Indian Council for Agricultural Research (ICAR)
- 1990PG Diploma in Food Service Management and Dietetics, Avinashilingam University, Coimbatore.
- 1989 B.Sc Home Science, Calicut University

ACADEMIC ACTIVITIES

- Attended 1 orientation course and 3 refresher courses
- Published 12 research papers in various journals and 5 papers in proceedings of seminars
- Convenor, (2010 – till date) Nutrition Society of India (NSI), Kochi Chapter.
- Member, Board of studies(2015-16) for restructuring curriculum of PG (M.Sc.) Home Science , M.G.University, Kerala
- Member, Board of Studies (2011), UG (B.Sc.) Home Science, Kannur University, Kerala.

- Convenor, Expert Committee (2014-15) for restructuring UG curriculum , CBCSS , BSc Home Science, MG University, Kottayam.
- Member, Board of Studies of UG & PG Home Science (2014-16), St.Teresa's College (Autonomous), Ernakulam.
- Secretary , Academic Council(2014-16), St.Teresa's College (Autonomous), Ernakulam.
- Chairman 4 th Semester, 2009, PG (M.Sc.) Home Science , M.G. University, Kottayam, Kerala
- Chairman, 2 Semester - 2011- 2014, PG (M.Sc.) Home Science , M.G. University, Kottayam, Kerala
- Chief examiner , 4 Semester- 2011- 2014, PG (M.Sc.) Food Science and Nutrition and Food Service Management and Dietetics M.G. University, Kottayam, Kerala
- Co-Convenor of Interdisciplinary Research Fair of ReAP(Research Advancement Programme) 2014 organised on 19.11.2014 by St.Teresa,s College,Ernakulam
- Chairman, Board of Studies UG & PG Home Science (2016-till date), St.Teresa's College (Autonomous), Ernakulam.
- Member, PG Board of Studies(2017- till date) , Home Science, MG University, Kottayam
- Member, UG Board of Studies(2017- till date) , Home Science, MG University, Kottayam
- Member, Board of Studies, Nutrition and Dietetics, Bharathiar University, Coimbatore
- Member, , Board of Studies of Home Science, CMS College(Autonomous), Kottayam(2018)

RESEARCH & MENTORING

1. Guidance of 3 doctoral works at centre for research in Home Science, STC, Ernakulam
2. Guidance of PG dissertations
3. Guidance of UG projects

PROJECTS AND COLLABORATIONS

1. Campaign against anemia with National Rural Health Mission(NRHM) ,Govt.of India
2. Principal investigator, UGC funded minor project "Risk factors of anaemia among women of reproductive age and micronutrient enhancement of regional diets of Kerala."
3. Collaboration with Dept.of Health, Govt,of Kerala , in the launch of life style education and awareness programme (LEAP)
4. Collaboration with Dept.of Health, Govt,of Kerala in the launch of eat well plate programme
5. Convenor , Nutrition Society of India (NSI) Kochi chapter (2009-till date)

PROFESSIONAL AFFILIATIONS

1. Life member, Nutrition Society of India (NSI)
2. Life member, Indian Dietetic Association (IDA)
3. Life member of Home Science Association of India (HSAI)
4. Life member of the Action Council for Teresian Home Scientists (ACTH)