



Dr. LEENA LEON M.Sc, B. Ed, MBA, PhD
Asst. Professor and Research Guide
Department of Home Science and Research centre
St. Teresa's College (Autonomous), Ernakulam.

A.General Information

- a) Date of Birth : 02.12.1967
- b) Address (Residential) : Villa No:9, Noel Heritage, Thrikkakara P.O, Cochin- 682021
- c) Area of Specialization : Family Resource Management and Interior designing
- d) Date of Appointment :
- (i)in the Institution: 11.08.2003
- ii)In the Present Post: 11.12.2009

PROFESSIONAL EXPERIENCE

1. August 2013 onwards, Research Guide in Home Science, MG University.
2. Dec 2009 onwards – Assistant Professor, Department of Home Science, St. Teresa's College, Ernakulam.
3. Aug 2007 – Dec 2009 – External Guest Lecturer, School of Medical Education (Nursing), Ernakulam.
4. Jun 2004 – Nov 2009 – Guest Lecturer, Department of Home Science, St. Teresa's College, Ernakulam.
5. Aug 2003 – Mar 2008 – Guest Lecturer, Department of Fashion Technology, St. Teresa's College, Ernakulam.
6. Jan 2003 – Jun 2003 – Visiting Faculty, St. Joseph Training College for Women, Ernakulam.

EDUCATIONAL QUALIFICATIONS

- MBA, Indira Gandhi National Open University (IGNOU), New Delhi, (Completed Fourth Semester).
- PG Diploma in management, IGNOU, New Delhi, 2010.
- PhD (Life Science – Nutrition), Mother Teresa Women's University, Kodaikanal, 2009.
- NET(National eligibility test)- UGC, New Delhi, 2005.
- Diploma in Fashion Technology and Management, Royal School of Fashion, Kochi, 2003.
- PG Diploma in Public Relations & Journalism, School of Communications & Management Studies, Kochi, 2003.
- SET(State level eligibility test)- LBS centre.Kerala, 2003.
- B. Ed (Natural Science), St. Joseph Training College for Women, Ernakulam, Mahatma Gandhi University, 2002.
- M.Sc. (Home Science – FRM), St. Teresa's College, Ernakulam, Mahatma Gandhi University, 1990.
- B. Sc. (Home Science), B.C.M. College, Kottayam, Mahatma Gandhi University, 1988.

EXTENSION ACTIVITIES

Conducting extension activities like workshops, lectures, demonstrations, etc. from 2006 onwards for various organizations like Anganwadi workers, ICDS and Kudumbashree beneficiaries, Income Tax Department, CHILD, etc. on various topics like work-life management, time management, women and safety, personality development, parenting, sanitation and personal hygiene, crafts, and various aspects of health, diet, nutrition and life management.

ACADEMIC ACTIVITIES

- Attended one week workshop on “ergonomics in design and engineering skills” conducted by IIT, Guhawati, Assam.
- Attended one refresher, 2 orientation programmes, one short term course conducted by UGC-HRDC
- Attended 10 international, 89 national and state level seminars and workshops.

- Presented 20 research papers and 1 poster in various International and national level seminars.
- Published 21 articles and research papers in various magazines and journals and 81 articles in Hindu.

RESEARCH & MENTORING

1. Assistant coordinator, M.Sc programmes IGNOU-2011 onwards.
2. Served as Student Dean of St.Teresa's College-2017-2018.
3. Camp officer, both UG and PG valuation camps of St.Teresa's College (autonomous), Ernakulam, 2014-16
4. Question paper setter, MG University, Kerala University and Calicut University.
5. Guiding M.Sc. dissertations of students of IGNOU from 2010 onwards.
6. Examiner of M.Sc and B.Sc Clinical Nutrition and Dietetics degree exams of M.G. University from 2010 onwards.
7. Guiding M.Sc. dissertations of students of M.G. University (St: Teresa's college) from 2005 onwards.
8. Guiding UG projects of students of M.G. University (St: Teresa's college) from 2006 onwards.
9. External examiner for Bachelor of Fashion Technology (Theory & practical) of M.G. University from 2007 onwards.

OTHER QUALIFICATIONS

1. Author of an International book, co-author of a national book and article writer
2. Certificate in Codex General Principles of Food Security- Hazard analysis and critical control point.
3. Resource person and subject expert for various workshops and technical sessions.
4. Member, organizing committee of various National Seminars.
5. Certificate in MS Office, Lakhotia Computer Centre, One-month course, 2005.
6. Certificate in Batik and Tie & Dye, St. Teresa's College, One-week course, 2003.
7. Certificate in Entrepreneurship Awareness Program (EAP), KITCO Ltd., One-week course, 2003.

PROJECTS AND COLLABORATIONS

1. Principal investigator of the project titled "Development and sensory evaluation of innovative coconut based snacks and beverages" in collaboration and funded by Coconut development of India.
2. Principal investigator of the project titled Computer based Intervention to prevent fast food consumption and promote healthy dietary habits in adolescents, funded by U.G.C.
3. Principal Investigator of the World Bank funded project under National Agricultural Innovation Project (NAIP) scheme entitled "Responsible Harvesting and Utilization of selected Small Pelagics and Freshwater Fishes" done in Collaboration with Central Institute of Fisheries Technology (CIFT).
4. Co-Investigator in a project on Indian Ethnic Cuisines (with special emphasis Syrian Christian cuisine) funded by Spices Board India (Ministry of Commerce and Industry, Government of India).

PROFESSIONAL AFFILIATIONS

1. Member, Society for Adolescent Medicine
2. Life Member, Nutrition Society of India.
3. Life Member, Indian Dietetic Association.
4. Life Member, SHAKTHI (Women's Wing of Swadeshi Science Movement).
5. Life Member, Home Science Association of India.
6. Life Member, Action Council Teresian Home Scientists (ACTH), St. Teresa's College, Ernakulam.
7. Life Member ICSW Kerala Chapter.

SKILLS & HOBBIES

- Painting: Glass Painting, Nib Painting, Metal Engraving, Fabric Painting, etc.
- Decoration: Flower Arrangement, Vegetable Carving, Collage, Metal Embossing, Hand Embroidery, etc.
- Other Crafts: Jewelry Making, Candle Making, Papier-mâché, Tie & Dye, Batik, etc.