

## RESUME

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### **Personal Details**

1. Age & Date of birth : 39 Years, 13.04.1980
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### **Work experience**

- Asst, Professor in the Department of Home Science, St. Teresa's College from 17<sup>th</sup> August 2015 — Present
- Worked as Guest lecturer at St. Joseph's College for women ,Alappuzha from 6<sup>th</sup> November 2013 to 30<sup>th</sup> January 2015
- Worked as guest faculty ( FIP substitute), at St.Teresa's College ,Ernakulam from 7<sup>th</sup> October 2009 till 4<sup>th</sup> April 2012
- Worked as Chief Dietician at Lourde's Hospital, Ernakulam during the period 12<sup>th</sup> September 2005 to 4<sup>th</sup> February 2007 and from 06<sup>th</sup> September 2007 to 31<sup>st</sup> September 2009

## **Education**

- Qualified National eligibility Test for lectureship in 2005
- MSc. in Food & Nutrition from St. Teresa's College, Ernakulam, Mahatma Gandhi University, 2003
- BSc. Food Science & Quality Control, from St. George's College, Aruvithura, Mahatma Gandhi University, 2000

## **Other Achievements**

- Nodal Officer For B.Voc & Community College Programmes of the college from 2015.
- Organized three UGC sponsored National seminar and one International seminar
- Served as resource person for community based programmes organized by the Food & Nutrition Board.
- Published research papers in international and national journals and research proceedings

## **Membership in Professional bodies/ Organizations**

- Life member Indian Dietetic Association( IDA)
- Life Member of Nutrition Society of India ( NSI)