

NSS UNIT 41
St. Teresa's College
(Autonomous)
Ernakulam

SUKRUTHAM
2018

CAMP REPORT

St. Teresa's College envisions a life oriented education that empowers students to respond proactively to social concerns by promoting programmes that foster inter-connectedness, kinship and eco-justice. The NSS unit of the college, led by Smt. Athira Babu and Smt. Elizabeth Kuruvilla, provides a perfect platform to achieve the same. It is a voluntary organization for the students and teachers with the key focus on personality development through the participation in rural development programmes and social welfare initiatives.

'Sukrutham 2018', the seven day camp of NSS unit 41 was conducted at St Joseph's UP school, Ponnarimangalm, Mulavukadu for 100 NSS volunteers from 21st December to 27th December. The aim of this year's camp was to support the 'Rebuild Kerala' campaign and to be part of the reconstruction of the flood affected areas. NSS volunteers were instructed to conduct a survey of 200 families, as part of the central government scheme 'Unnat Bharath Abhiyan'. The survey was intended to study the living conditions in Mulavukadu, assess the local problems and needs, workout possibilities of leveraging technological interventions and to prepare workable action plans for the betterment of the people. The volunteers conducted cleaning programmes, plastic waste collection and other awareness campaigns as part of 'Haritha Gramam Suchitwa Gramam' project of Kerala Suchitwa mission.



Inauguration | 21st December

The NSS volunteers of St. Teresa's College reached the venue by 1:00pm. The camp began with the cleaning of the school premises. The inauguration ceremony began at 5:30pm at St. Joseph's UP school auditorium. Dr. Sajimol Augustin, Principal, St. Teresa's college delivered the welcome address and the event was inaugurated by the chief guest Sri. S. Sharma, MLA, Vypeen constituency in the presence of Viji Shajan, Mulavukadu Panchayat President; Rev. Dr. Sr. Vinitha, Director, St. Teresa's college; and Rev. Fr. Justin Attullin, Vicar, Our Lady of Mercy Church, Mulavukadu. Felicitations were given by esteemed guests and the function ended by vote of thanks by NSS General Secretary Aneesha V.S. The function got over by 6:30 pm.



Survey | 22nd December

The second day began with the practice of yoga in the early morning hours of five which was followed by the parade march led by Anju Sabu. By 9:30am the students were separated into 2 teams. The first team set off for the survey while the second team took up the task of digging compost pits. The survey team was further divided into 2 groups which were headed by camp leaders Vinaya V.C and Sonat Simon. Each group consisted of 18 members who enthusiastically covered the houses in their respective wards. They spread out in the entire village of Mulavukadu and surveyed 200 households.



The second team was given a task to clean the school compound and thereafter dig a compost pit. The students were extremely zealous even though the work was quite tedious.



Along with the survey the students also briefed the families about the plastic waste collection and recycling process that would be later conducted by the students on 26th of December.

Primary Health Centre Cleaning | 23rd December

The volunteers were divided into three teams which were different from the previous day. The first team, headed by camp leaders Sonat Simon, Anuvindha Shenoy and Aneesha V.S was assigned to clear and clean the premises of the Primary Health Centre as part of the 'Haritha Gramam Suchitwa Gramam' project

of Kerala Suchitwa mission. The students coordinated well among each other and worked as a unit. The work was laborious and exhausting but they ploughed through it with eagerness and energy.

The second team took part in the personality development class that was held in the school auditorium. Sri. Jagadeesh Kumar enlightened the volunteers on the importance of self esteem. The class was an interactive session which involved team oriented activities as well as games that tested the various aptitudes, interests, strengths and weaknesses of the volunteers. Dr. M. S. Murali, Syndicate member, Assistant Professor, Maharaja's College, visited the camp.



Organic Farming & Buds School Visit | 24th December

The fourth day of the camp brought with it expectations of joy and success. A one day training programme to promote organic farming was conducted by the Agricultural department. The



resource persons were Smt. Mary Swapna

Lydia, Deputy Director, Agricultural department and Bijumon Sachariah, Agricultural Officer, Chottanikkara. 40 students participated in this workshop. An area of the school ground was selected for organic farming with the intention to provide chemical-free, nutrient-rich vegetables to the children.





The students of one group helped in completing the cleaning of Public Health Centre that was started the day before while at the same time an exhibition was put up by another group of NSS volunteers on the topic ‘contagious diseases’. The exhibition turned out to be informative and successful.



One of the most important and wonderful event of the day was a visit to ‘Buds School’ in Ponnarimanglam by 20 volunteers. The volunteers organized a Christmas celebration in which the students from the Buds school showcased their talents. 13 students from the Buds school were part of the celebration. Volunteers gave them Christmas gifts which were made by the NSS creative team. The

whole experience was quite enlightening and soulful, moreover all the volunteers were excited and happy.

The volunteers became part of the Christmas celebration at St. Joseph's church Mulavukade and presented programmes for the church community. Thereafter Christians attended the holy mass.



Christmas Tide | 25thDecember

On Christmas, the volunteers enjoyed various cultural activities within the camp. The day started off with 'Decoration Competition'. Each team was allotted a section of the camp ground to exhibit their creative and decoration skills. Group I decorated so wonderfully that they won the competition. The next competition was 'Live Crib' where groups comprising ten volunteers enacted the birth of Jesus Christ. Group I and Group III performed equally well and it ended with a tie between both the groups. To break the tie, a spot dance event was conducted and group III won.



Then came the interesting session where the students had to make gifts themselves and partake in the exchange of gifts. All the different committees of the camp did their best to make the day memorable and worth cherishing; to add to all of this, the mess committee cooked delicious and yummy Biryani! With stomachs full and joyful filled hearts the volunteers enjoyed the leisure day.

Green Initiatives | 26thDecember

The day's main activity was the collection and recycling of plastic waste. The volunteers divided themselves into two groups. One of the groups, headed by

Sonat and Vinaya focused on collecting plastic waste from different wards. Common plastic collection points were already assigned to each ward and with the help and coordination of ward members the volunteers were able to perform their tasks efficiently. Waste materials from almost 75 houses were collected. And this was taken to the recycling unit at Edayaoor.



The second group set off for attending the class was on tailoring and craftwork. The camp leader Anuvindha enlightened the gathering that included the panchayat president, Kudumbashree workers and twenty NSS volunteers, on the making of cloth bags. The session proved to be really informative and beneficial.





The third group participated in an Eco-friendly Workshop at the camp, where they were taught to make cloth mats from waste clothes.



The MG University NSS co-ordinator Sri. M.J Mathew visited the camp and addressed the volunteers at 6.30pm. His words inspired and motivated the volunteers.



Valedictory | 27thDecember.

The last day of our camp gifted us smiles of success and tears of parting. The students, after their yoga and parade session were instructed to assemble at the school hall for valedictory function.



The meeting started by 10am which was presided over by Rev. Fr. Jestin, vicar, Our Lady Of Mercy church, Mulavukadu. Mr.Kumar Rajeev,4th ward member and standing committee chairman Mulavukadu panchanyat, Smt. Mini, Principal, St.Mary's LP school, Ponnarimanglam.

Camp magazine, 'Sukrutham 2018' was released in the meeting by Fr. Jestin. Dina

Susan was selected as the best camper and Shwetha M.A was selected as the best worker. 'Bhoothakannadi' by group I was selected as the best newspaper. Group I headed by Angel Sara was selected as the best group. The camp got over by 2.30pm.



The NSS team with best camper Dina Susan and best worker Shwetha M.A

‘Sukrutham 2018’ has indeed helped the volunteers to learn about social work, the joy in working as a community, and the gratification that can be derived from such passionate acts.

