



ST. TERESA'S COLLEGE, ERNAKULAM (AUTONOMOUS)

## **YOUTH RED CROSS CLUB**

REPORT OF ACTIVITIES: 2014-15

**The Indian Red Cross Society** is a voluntary humanitarian organization having a network of over 700 branches throughout India, providing relief in times of disasters/emergencies and promoting health & care of the vulnerable people and communities. It is a leading member of the largest independent humanitarian organization in the world, the International Red Cross and Red Crescent Movement.

Red Cross promotes the Humanitarian values, which encourage respect for other human beings and a willingness to work together to find solutions to problems. From the seven fundamental principles, the movement aims to influence the behaviour of all the people..

The youth Red Cross is an active wing of the society to build up the personality of youth and to inculcate the deals of love and service among the young generation

### **OBJECTIVE**

- ❖ The main objective is to reduce the suffering and distress especially in the casualties of war and natural calamities irrespective of race, class, creed or political considerations

### **MISSION**

- ❖ The mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human sufferings can be minimized and even prevented and this contribute to create climate for peace

## **REPORT FOR THE YEAR 2014-15**

### **INAUGURATION OF YOUTH RED CROSS AT THE COLLEGE,**

The inauguration of the youth Red Cross society was held in the Arts Block Auditorium on 22<sup>nd</sup> September 2014 .Ernakulam District Medical Officer Dr.Isha beevi was the chief guest .Dr Sr Vineetha gave the Presidential address and Sri K.P Binoy Secretary of Red Cross Society gave the keynote address



### **CLASS ON 'WOMEN HEALTH'**

On the inaugural day 22<sup>nd</sup> September, 2014 we have conducted a class on Women Health by Dr Valsala, District Hospital Ernakulam .It was very relevant and enthusiastic talk by the doctor



### **WALKATHON-Help Age India**

A rally is conducted on October 1<sup>st</sup> 2014, at Marine Drive in connection with help age India to help, support and care the old people. 30 members from our college participated in the programme.

### **WALKATHON-Blood Donors Day**

A rally is conducted on October 7<sup>th</sup> 2014, from High Court Junction to Maharajas College in connection with World Blood Donors Day to make aware the people the importance of blood donation. 10 members from our college participated in the programme.

### **VISIT TO OLD AGE HOME**

The students of YRC visited to one of Kochi's old age home at Kacheripadi on December 13<sup>th</sup> to spend some time with the inmates. The activities started with a prayer followed by a very interesting interactive session where the old mothers and fathers introduced themselves and talked about many things, some funny, some brought tears to the eyes and some thoughtful. The YRC members sang and danced for them. They conducted competitions and gave them prizes. The members also distributed sweets and gifts to the inmates.



### **ANNUAL CAMP**

District organizers conducted 2 day Annual Red Cross camp at YMCA, Aluva on Feb 5<sup>th</sup> & 6<sup>th</sup> .3 students actively participated in this.



### **RED ENERGY PROGRAMME**

The Red Cross Office Bearers of St.Teresa's College attended the Red energy Campaign at Rajagiri College,Kalamassery on 16<sup>th</sup> December 2014.6 Members participated in this .The classes on Personality Development, Leadership Qualities and several competitions were conducted



### **BLOOD DONATION CAMPAIGN**

It is said that 1 pint of blood can save at least three lives. Blood donation can save a life. Understanding this importance of donating blood, the members of YRC decided to donate blood for a good cause ON **24<sup>TH</sup> February** 2015. More than 15 students came forward voluntarily to visit IMA, Kochi along with YRC Co-coordinators to donate blood

