

COMMERCIO'18

P.G DEPARTMENT OF COMMERCE

ST. TERESA'S COLLEGE, ERNAKULAM

ISSUE: 2

JULY 2018

COMMERCE ASSOCIATION 2017-18

The **Inaugural ceremony of Commerce Association** was held on 4th July 2017 at the Arts Auditorium in St. Teresa's college (Autonomous) Ernakulam. The college Principal, Dr. Sajimol Augustine, all members of the staff from the Department of Commerce and students were present at the function. Dr. P.V John, F.C.A, F.C.S, A.C.M.A, L.L.B, M.B.A, M.C.A, PhD, who is enlisted in Limca Books of Records and has the maximum number of professional qualification in India inaugurated the association by lighting the lamp. The Chief Guest addressed the students on "The Role of Commerce in today's world".

WORKSHOP ON LIFE SKILLS



The PG Department of Commerce, organized a **Workshop on Life Skills** for the final year B.com students on July 8th 2017. The workshop aimed to assimilate and appreciate the importance of life skills through self-awareness, problem solving decision making, creative thinking, interpersonal relationship etc. The session was handled by Mr. Deepak Sabin an exporter, counsellor and a motivational speaker. It was a great learning experience for the students and teachers. The speaker gave some tips, for students to practice in their day to day life such as power of forgiveness, meditation etc. The workshop was worth participating and listening and definitely useful in our stressful lives.

ORIENTATION PROGRAMME BY FINMARK TRAINERS

The PG Department of Commerce, St.Teresa's College in association with Finmark Trainers conducted a **Career Development Program** for the undergraduate students on 8th August 2017.

The program began with a brief session by Mr. Pradeep, Director, Finmark Trainers on the courses offered, certificates awarded, validity of certificates, benefits of the certificates, job opportunities and internships offered. The programme helped the students to plan and secure their future with the certificate courses.

A questionnaire session was held following the class session and the students clarified their doubts. The class was informative and it gave an opportunity for the students to widen their career prospects.

FINANCIAL LITERACY PROGRAM CONDUCTED BY RESERVE BANK OF INDIA



In association with Reserve Bank of India the P.G Department of commerce, conducted **Financial Literacy Programme** for the students and teachers of St. Teresa's college on July 27, 2017. Mr. Vinod Kumar, Asst.General Manager, RBI Kochi and Mrs. Shanta Paul, AGM, RBI Kochi presided over the function. The programme began with a welcome speech followed by a session by Mrs. Shanta Paul in which the students were given an opportunity to widen their knowledge about functions, departments and services of Reserve Bank of India and Indian Financial System. The major highlight of the programme was the written quiz conducted by Mr. Vinod Kumar after the session. The programme was productive and helped the students to know about banking.

DIRECTOR'S MESSAGE



Rev. Dr. Sr. Vinitha CSST

The Commercio'18 is related to the talents and achievements of the P.G Department of Commerce. This is a platform to showcase the literacy skills and innovative idea of students and teachers. I feel privileged to appreciate the teachers and students of the P.G Department of Commerce who contributed to this newsletter. This newsletter provide an insight into the Commerce Department. I highly appreciate all those who are a part of this newsletter.

AWARENESS PROGRAMME FOR BREAST CANCER



A seminar was conducted on 23rd August 2017 Tuesday, to create **Awareness on Growing Risk of Breast Cancer in Today's Women**. On this occasion we had Dr.Sr. VijayaPuthusseril telling us about the need to familiarize ourselves with our body and realize the various risks to expose ourselves to, if we lack knowledge of it or are ignorant about it. Giving us the statistics on the probability of risk we came to know that the chances of developing cancer are as high as 68% in a female body. She further went on to say that uncontrolled, uncommon regular growth of cells is identified as cancer. Both ducts and glands have equal chances of being invaded by either of two types of cancer: Benign cancer or malignant cancer. It is during these talks we realized that Dr.VijayaPuthusseril was in fact Sr. VijayaPuthusseril working for the noble cause of cancer educating many people as possible. On a concluding note she encouraged us to consume fiber rich foods and avoid as much as fast food products as possible.